

LES Greyhounds **NEWSLETTER**

March 2022

Principal's Thoughts!

As we approach the end of the 3rd quarter we are now about 75% of the way done with the '21-22 school year. I am so proud of the students and how far they have come along this year! My ask is that you don't allow your students to catch the "Spring Fever"! Encourage them to keep their feet on the gas pedal and to push forward to finish with an outstanding effort. Due to all of the snow this past month we had to postpone the pies in the face event. But we will reschedule it. So stay tuned! Also, keep your eyes and ears peeled for upcoming special events: Family Reading Night, End of the Year Fun Day, and other PTO sponsored events!

Important Dates

- February 28- March 4- Scholastic Book Fair
- March 3- Family Reading Night 5:30-6:30
- March 7- No School- Casimir Pulaski Day
- March 9- 2:15 Early Dismissal
- March 11- End of 3rd Quarter
- March 16- Report Cards Sent Home with Students
- March 16- Spring Pictures
- March 18- 11:15 Early Dismissal
- March 18- Parent Teacher Conferences 12:15 to 2:45

Important Reminders

- Remember that students should not be congregating outside of the building in the mornings before the 8:15 bell. Students should remain in vehicles until allowed entry at 8:15. Students will not be allowed access before 8:15 unless they are eating breakfast. Students eating breakfast will be allowed inside the building starting at 7:55.
- Lately, we have had to remind students about expectations for the gym in the morning before the 8:15 bell. Students are to refrain from bringing toys to school. It is now starting to become an issue. Also, students are not to have cell phones out and on once they are in the building. If they need to contact home we will allow them to come to the office to contact home.
- If you are interested in scheduling a parent/teacher conference with your child(ren)'s teacher(s) for 03/18 you should contact Ms. Ann-Marie in the main office to set it up.

Grade Level Spotlight!

Kindergarten News

Kindergarten

Kindergarten has had a super busy month.

We celebrated our 100th day of school!

A big thank you to all of our families that shared their 100 day projects with us.

We Are Learning...

- Letter sounds.
- How to write alphabet letters and numbers correctly.
- How to solve word problems to 10. Drawing the illustrations of a word problem and writing the equations.
- How to count to 70.
- CVC words
- To read and write sight words.
- How to write a sentence.
- How to read leveled readers.
- How to rhyme.

Second Step recently focused on:

Ways to Play Fair
Having Fun With Our Friends





IF YOU GIVE A CHILD A BOOK...

L.E.S. Reading Night is a Drive Thru
Event for all elementary
students again this year!



CHANCES ARE...



Please join us for some super fun reading
activities and goodies from our faculty and staff.



Lebanon Elementary School
Thursday, March 3, 2022
5:30-6:30 PM



THEY'LL WANT ANOTHER!

We have worked hard to make this a great
event. You don't want to miss it!

*Funded by Federal Title I Grant

SOCIAL WORKER'S SAYINGS!

FOR THE PARENT

Next month (April) is Child Abuse Prevention Month, but we have already started our lessons about personal and body safety in the classrooms here at LES! This is an important topic to discuss with your child(ren) at home and it is never too early to start these conversations. If you're not sure where to start, what to say, or how to answer questions, I've attached some conversation guides for multiple age levels that will make it easier for you to have a productive conversation with your child(ren).

They can be found below:

[Conversation guide for children ages 0-5](#)

[Conversation guide for children ages 6-8](#)

[Conversation guide for children ages 9-10](#)

[Conversation guide for children ages 11+](#)

FOR THE STUDENT

There are so many different apps that can help kids learn how to calm their bodies, promote positive coping skills, and support mental health. Kids can spend so much time on electronics and these apps can ensure that they are learning about their emotions and how to manage them! If you're interested in looking into some online apps for your child to use, click on the name of each of the apps below to learn more:

[Happy Color](#) - for kids (teens and adults too) who love to color

[Calm](#) - for sleep stories and meditation

[Positive Penguins](#) - to help kids learn why they feel the way they do

[Headspace](#) - guided meditation and mindfulness (for teens and adults too)

Here's even more apps to choose from:

<https://www.understood.org/articles/en/8-meditation-apps-for-kids>

As always, please do your own research, as an app that works for one student, may not help another. Remember, as the school social worker, I am available to provide any type of support and resources that your family may need. Please do not hesitate to contact me about finding different types of assistance for your family.

March Lunch Menu

March Lunch Menu				
Mon	Tues	Wed	Thurs	Fri
	1	2	3	4
	Grilled Cheese	Cheese Tortellini w/Bread	Popcorn Chicken	Fish Sticks
	Tomato Soup	Garden Salad	Sweet Potato Fries	Carrot Sticks
	Green Beans	Peaches	Corn	Blueberry Crisp
	Pears	Milk	Applesauce	Milk
	Milk		Milk	
7	8	9	10	11
NO SCHOOL	Nacho Deluxe	Mostaccioli	Pulled Pork Sandwich	Cheese Pizza
Casimir Pulaski	Refried Beans	w/Bread	French Fries	Baked Beans
Day	Corn	Garden Salad	Glazed Carrots	Mixed Fruit
	Pears	Peaches	Applesauce	Milk
	Milk	Milk	Milk	
14	15	16	17	18
Hamburger on Bun	Chicken Fajita	Chicken Alfredo	BBQ Rib on Bun	11:15 Dismissal
Peas & Carrots	Black Beans	w/Bread	Au Gratin Potatoes	Parent/Teacher
Pineapple	Sweet Corn	Garden Salad	Carrot Sticks	Conferences
Milk	Pears	Peaches	Applesauce	12:15 - 2:45
	Milk	Milk	Milk	by appointment
21	22	23	24	25
Corn Dog	Soft Taco	Chicken & Noodles	Turkey in Gravy	Fish Sticks
Carrot Sticks	Refried Beans	w/Bread	Mashed Potatoes	Celery Sticks
Green Beans	Sweet Corn	Garden Salad	Steamed Broccoli	Apricot Crisp
Pineapple	Pears	Peaches	Applesauce	Milk
Milk	Milk	Milk	Milk	
28	29	30	31	
Crispito	Chili Dog	Rigatoni w/Bread	Sloppy Joe on Bun	
Celery Sticks	Fritos	Garden Salad	French Fries	
Pineapple	Pears	Peaches	Green Beans	
Milk	Milk	Milk	Applesauce	
			Milk	

March Breakfast Menu

Breakfast Entree or Cereal served with Toast, Fresh Fruit, Juice & Milk

Mon	Tues	Wed	Thurs	Fri
	1	2	3	4
	Scrambled Eggs	Sausage Biscuit	Breakfast Pizza	Muffin or Cereal
	or Cereal	or Cereal	or Cereal	w/Yogurt
7	8	9	10	11
NO SCHOOL	Cheesy Scrambled Eggs	Biscuits & Gravy	Breakfast Pizza	Cinnamon Roll or Cereal
Casimir Pulaski Day	or Cereal	or Cereal	or Cereal	w/Yogurt
14	15	16	17	18
Pancake on a Stick	Scrambled Eggs	Sausage & Egg Biscuit	Breakfast Pizza	Donut or Cereal
or Cereal	or Cereal	or Cereal	or Cereal	w/Yogurt
				11:15 Dismissal
				Parent Teacher Conferences
				by appointment only
21	22	23	24	25
Waffles w/Sausage	Eggstravaganza	Biscuits & Gravy	Breakfast Pizza	Apple Turnover or Cereal
or Cereal	or Cereal	or Cereal	or Cereal	w/Yogurt
28	29	30	31	
Pancakes w/Sausage	Scrambled Eggs	Sausage Biscuit	Breakfast Pizza	
or Cereal	or Cereal	or Cereal	or Cereal	