

Principal's Thoughts!

As we approach the end of the 3rd quarter we are now about 75% of the way done with the '21-22 school year. I am so proud of the students and how far they have come along this year! My ask is that you don't allow your students to catch the "Spring Fever"! Encourage them to keep their feet on the gas pedal and to push forward to finish with an outstanding effort. Due to all of the snow this past month we had to postpone the pies in the face event. But we will reschedule it. So stay tuned! Also, keep your eyes and ears peeled for upcoming special events: Family Reading Night, End of the Year Fun Day, and other PTO sponsored events!

Important Dates

- February 28- March 4- Scholastic Book Fair
- March 3- Family Reading Night 5:30-6:30
- March 7- No School- Casimir Pulaski Day
- March 9- 2:15 Early Dismissal
- March 11- End of 3rd Quarter
- March 16- Report Cards Sent Home with Students
- March 16- Spring Pictures
- March 18- 11:15 Early Dismissal
- March 18- Parent Teacher Conferences 12:15 to 2:45

Important Reminders

- Remember that students should not be congregating outside of the building in the mornings before the 8:15 bell. Students should remain in vehicles until allowed entry at 8:15. Students will not be allowed access before 8:15 unless they are eating breakfast. Students eating breakfast will be allowed inside the building starting at 7:55.
- Lately, we have had to remind students about expectations for the gym in the morning before
 the 8:15 bell. Students are to refrain from bringing toys to school. It is now starting to
 become an issue. Also, students are not to have cell phones out and on once they are in the
 building. If they need to contact home we will allow them to come to the office to contact
 home.
- If you are interested in scheduling a parent/teacher conference with your child(ren)'s teacher(s) for 03/18 you should contact Ms. Ann-Marie in the main office to set it up.

Grade Level Spotlight!

Kindergarten News

Kindergarten

Kindergarten has had a super busy month.

We celebrated our 100th day of school!

A big thank you to all of our families that shared their 100 day projects with us.

We Are Learning...

- Letter sounds.
- How to write alphabet letters and numbers correctly.
- How to solve word problems to 10. Drawing the illustrations of a word problem and writing the equations.
- How to count to 70.
- CVC words
- To read and write sight words.
- How to write a sentence.
- How to read leveled readers.
- How to rhyme.

Second Step recently focused on:

Ways to Play Fair Having Fun With Our Friends









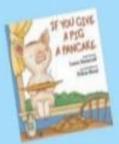


IF YOU GIVE A CHILD A BOOK ...

L.E.S. Reading Night is a Drive Thru

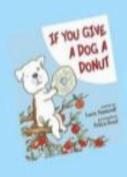
Event for all elementary

students again this year!



CHANCES ARE...

Please join us for some super fun reading activities and goodies from our faculty and staff.



Lebanon Elementary School Thursday, March 3, 2022 5:30-6:30 PM



THEY'LL WANT ANOTHER!

We have worked hard to make this a great event. You don't want to miss it!

*Funded by Federal Title I Grant

SOCIAL WORKER'S SAYINGS!

FOR THE PARENT

Next month (April) is Child Abuse Prevention Month, but we have already started our lessons about personal and body safety in the classrooms here at LES! This is an important topic to discuss with your child(ren) at home and it is never too early to start these conversations. If you're not sure where to start, what to say, or how to answer questions, I've attached some conversation guides for multiple age levels that will make it easier for you to have a productive conversation with your child(ren).

They can be found below:

Conversation guide for children ages 0-5

Conversation guide for children ages 6-8

Conversation guide for children ages 9-10

Conversation guide for children ages 11+

FOR THE STUDENT

There are so many different apps that can help kids learn how to calm their bodies, promote positive coping skills, and support mental health. Kids can spend so much time on electronics and these apps can ensure that they are learning about their emotions and how to manage them! If you're interested in looking into some online apps for your child to use, click on the name of each of the apps below to learn more:

Happy Color - for kids (teens and adults too) who love to color

Calm - for sleep stories and meditation

Positive Penguins - to help kids learn why they feel the way they do

<u>Headspace</u> - guided meditation and mindfulness (for teens and adults too)

Here's even more apps to choose from:

https://www.understood.org/articles/en/8-meditation-apps-for-kids

As always, please do your own research, as an app that works for one student, may not help another. Remember, as the school social worker, I am available to provide any type of support and resources that your family may need. Please do not hesitate to contact me about finding different types of assistance for your family.

March Lunch Menu Mon Tues Wed Thurs Fri 3 Cheese Tortellini **Grilled Cheese** w/Bread Popcorn Chicken Fish Sticks Tomato Soup Garden Salad **Sweet Potato Fries** Carrot Sticks **Peaches** Green Beans Corn Blueberry Crisp Milk **Pears Applesauce** Milk Milk Milk 7 9 10 11 **Pulled Pork NO SCHOOL** Nacho Deluxe Mostaccioli Sandwich Cheese Pizza Casimir Pulaski Refried Beans w/Bread **Baked Beans** French Fries Garden Salad **Glazed Carrots** Mixed Fruit Day Corn **Pears Peaches Applesauce** Milk Milk Milk Milk 14 15 16 17 18 Hamburger on Bun Chicken Alfredo 11:15 Dismissal Chicken Fajita BBQ Rib on Bun w/Bread Peas & Carrots **Black Beans** Au Gratin Potatoes Parent/Teacher Sweet Corn Conferences Pineapple Garden Salad Carrot Sticks **Peaches** 12:15 - 2:45 Milk **Pears Applesauce** Milk Milk Milk by appointment 22 21 25 Corn Dog Soft Taco Chicken & Noodles Turkey in Gravy Fish Sticks Refried Beans w/Bread **Carrot Sticks** Mashed Potatoes Celery Sticks Green Beans Sweet Corn Garden Salad Steamed Broccoli **Apricot Crisp Peaches** Pineapple **Pears Applesauce** Milk Milk Milk Milk Milk 28 29 30 31

Rigatoni w/Bread

Garden Salad

Peaches

Milk

Sloppy Joe on Bun

French Fries

Green Beans

Applesauce Milk

Crispito

Celery Sticks

Pineapple

Milk

Chili Dog

Fritos

Pears

Milk

March Breakfast Menu Breakfast Entree or Cereal served with Toast, Fresh Fruit, Juice & Milk Tues Wed Mon Thurs Fri Scrambled Eggs Sausage Biscuit Breakfast Pizza Muffin or Cereal or Cereal or Cereal or Cereal w/Yogurt 7 8 9 10 11 **Cheesy Scrambled** Cinnamon Roll or **NO SCHOOL** Breakfast Pizza Cereal Biscuits & Gravy Eggs Casimir Pulaski Day or Cereal or Cereal or Cereal w/Yogurt 14 15 16 17 18 Donut or Cereal Pancake on a Stick Scrambled Eggs Sausage & Egg Biscuit Breakfast Pizza or Cereal or Cereal or Cereal or Cereal w/Yogurt 11:15 Dismissal Parent Teacher Conferences by appointment only 21 22 23 24 25 Apple Turnover or Waffles w/Sausage Eggstravaganza Biscuits & Gravy Breakfast Pizza Cereal or Cereal or Cereal or Cereal or Cereal w/Yogurt 28 29 30 31 Pancakes w/Sausage Scrambled Eggs Breakfast Pizza Sausage Biscuit or Cereal or Cereal or Cereal or Cereal