

Please see below for Ohev's Tisha B'Av schedule for 5780/2020.

Tisha B'av begins on Wednesday night, July 29th. There are a few points of information about how Tisha B'av preparation is different due to COVID restrictions.

Mincha/Maariv will be at 6:40pm on July 29th in person (registration required) and via Zoom. Following services, everyone should return home and have a traditional Seudah HaMafseket, a small meal consisting of one cooked food item and egg dipped in ash. More information can be found here: <https://ph.yhb.org.il/en/05-09-01/>. Then, we will all join via Zoom to listen to the reading of Eicha at 8:30pm.

## **Tisha B'Av Schedule**

### **Wednesday 7/29**

**12:30 PM** - Study the Book of Eicha with Rabbi Herzfeld via Zoom at

<https://zoom.us/j/427064286> or 646-558-8656, 427064286#

**1:45 PM** - Daf yomi for Tisha B'av via Zoom at

<https://zoom.us/j/427064286> or 646-558-8656, 427064286#

**6:40 PM** - Mincha/Maariv in person (registration required) or via Zoom at

<https://zoom.us/j/3127816941> or via phone at 646-558-8656, 3127816941#

*Even though we are praying Mincha/Maariv early, the fast does not begin until sunset at 8:21pm.*

**8:21 PM** - Fast Begins

**8:30 PM** - Reading of Eicha led by Yoni Friedman via Zoom at

<https://zoom.us/j/3127816941> or via phone at 646-558-8656, 3127816941#

The book of Eicha can be found online [here](#).

**9:15 PM** - Reading of Eicha by men and women for men and women via Zoom at

<https://zoom.us/j/7681031270> or via phone at 646-558-8656, 3127816941#

### **Thursday 7/30**

**8:00 AM** - Shacharit in person (registration required) or via Zoom at

<https://zoom.us/j/3127816941> or via phone at 646-558-8656, 3127816941#

**9:30 AM - 11:00 AM** - Communal Kinnot with commentary led by Beltway Vaad. Kinnot will be chanted by Gedaliah Penner. All to take place on zoom at [bethsholom.org/zoom](https://bethsholom.org/zoom)

**1:14 PM** - Chatzot

**2:00 PM - 3:30 PM** - The Beltway Vaad will be hosting a memorial service and Torah study for those who have died from COVID-19 via Zoom at [bethsholom.org/zoom](https://bethsholom.org/zoom). To submit names of those who have lost their lives due to COVID to be included in the memorial service, please complete this form: [www.tinyurl.com/covidmemorial](http://www.tinyurl.com/covidmemorial)

**6:30 PM** - Mincha/Maariv in person (registration required) or via Zoom at

<https://zoom.us/j/3127816941> or via phone at 646-558-8656, 3127816941#

**9:03 PM** - Fast Ends

### **Laws of Tisha B'av**

- 1) We refrain from eating, drinking, washing, anointing, wearing leather shoes, marital relations, or extending greetings. Please contact clergy for clarification.
- 2) We refrain from Torah learning, except for sections dealing with the destruction of the Temple and related topics.
- 3) We do not wear the tallit and tefillin in the morning. We do, however, put them on at Mincha on Tisha B'Av afternoon.
- 4) If possible, we refrain from sitting on chair of normal height until Chatzot (1:14 pm on Thursday)