

# The Shift Network - Popular Speakers From the Ancestral Healing Summit

Ancestors have a particular concern for their descendants. The traditional peoples know that it is important to cultivate relationships with them to further the well-being of the self and the family ... and to learn about the future. It is also important to extend our healing abilities to them as these will affect us as well.

Thanks to evidence-based trans-dimensional communications, we know that our ancestors continue to exist and evolve, just as we do. They want us to know that it is never too late to ask for or grant forgiveness, to say “I love you” or anything else that needs to be said. Learn how to continue the dialogue, moving forward in real-time with those from the past.

The energetic influence or exchange works both ways – our energy, our presence, has an effect on the world around and within us. The state of your energy has a direct effect on your perspective and the state or vibration frequency of your life.

Join Award-winning Author, Shamanic Teacher, **Sandra Ingerman**, as she shares with us all the ways in which shamanic cultures can show us how it is understood that our ancestors love us and always want to see us happy, healthy, and successful in manifesting our greatest dreams. In the Western world people often only focus on what they did not get in their family systems. It is time to learn the healing power that comes by honoring your ancestors.

21st Century Medicine Woman, Yakon<sup>^</sup>ste Heather Dane reveals the journey to reconnecting with the lost wisdom of your ancestors through dreams, ceremony, ritual, language, story, and ancestral nutrition. During this engaging discussion, you'll discover whether you're a “generational pattern shifter” and how to listen for and trust the messages your ancestors have for you. Learn how to ground your body-mind and invoke the healing and guidance you're seeking.

Join *New York Times* bestselling author and international speaker **Anita Moorjani** as she discusses the lessons from the other side, focusing on what she learned from her deceased loved ones who greeted her when she crossed over during a near-death experience.

At this moment the world is experiencing a collective nightmare. Dictators, white supremacy, violence, and environmental degradation impact our thoughts about ourselves, about the nature of reality, and about our ability to live as humans in the community. Sometimes the stress and the strain of living this way can disconnect us from the beauty of nature and the joy of life on earth. So how are we to survive and thrive in the face of this madness? Yeye Teish believes that those walking on the planet now need the assistance of the ancestors. The earth, ocean, trees and plants have healing energy to offer to us, and we must remember to be in nature.

Your ancestors may no longer be alive in their own bodies, however they continue to exist in yours. In every one of your cells you carry the gifts and blessings of the many thousands of

people who came before you. Traveling through the portal of your own body, you will meet ancestors who can help you to open up the strength and skills they have held safe for you – and give you the courage to bring ALL of your magnificence into the world!

Do you struggle with feelings of not being enough... or that you don't belong? Maybe you're hyper-vigilant about not disappointing those around you. Feelings of shame, fear and anxiety, may resonate in a deeply personal way — but they likely didn't originate with anything you did. Author, Trainer, and Intuitive Healer, Wendy De Rosa, shares that these energetic and emotional imprints are carried through your lineage, recreated over lifetimes, and embedded in your Spiritual DNA. Wendy shows you how you can heal Ancestral Imprints to deepen your intuition, embody your life force energy for more vibrant health, and connect deeply to your Soul's calling.

Ancestral healing is grounded in effective techniques for escorting the dead. In the complexity of today's dynamic between the living and the dead, traditional forms are not always adequate to unravel the deeply entrenched patterns created by humanity's history of cruelty and injustice. There are serious pitfalls in this necessary work. And with personal practice and the powerful assistance of our good, true and beautiful Ancestral Helping Spirits we can do safe, effective and efficient healing