Avon Park Relays Track Meet

Coaches,

Below is important information for our first track meet at Avon Park High School. If you have any questions, please contact Coach Ramirez by email at Ramirezj@highlands.k12.fl.us

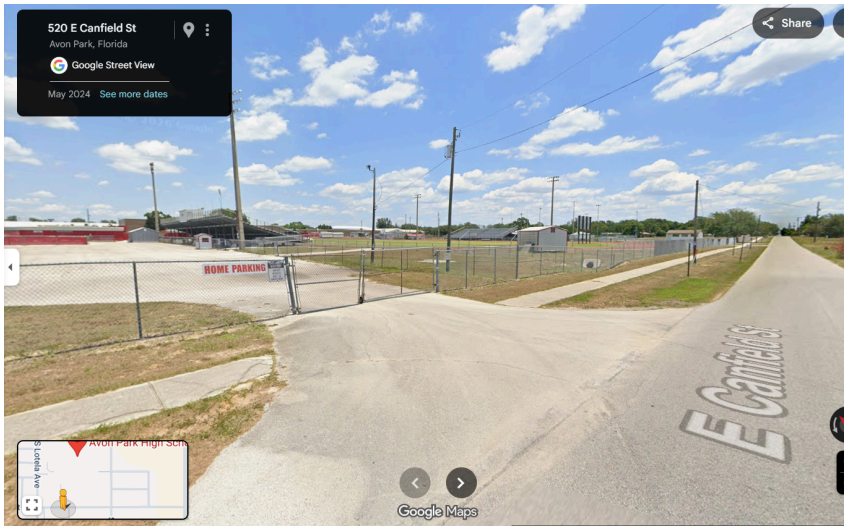
Meet Name: *Avon Park Relays*

- Date: Tuesday, March 24, 2026
- Location: Chet Brojek Track @ **Avon Park High School (football field)**
    - Address: 700 E Main St, Avon Park, FL 33825
- Coaches Meeting: 5:00 pm
- Meet Start Time: 5:30 pm
- Admission:
    - $6 (Cash at the Gate)
    - $7 (Online GoFan) $6+$1(Gofan fee)
- The concession stand will be available
    - Food Items
        - Hot Dogs
        - Nachos
        - French Fries (cheese fries)
        - Pickles
        - Chips
        - Candy
        - Water
        - Soda
        - Sports Drinks
    - Cash and Cashapp will be accepted forms of payment.
- Live Scoring and Timing: https://mogotiming.com/live-results

Athlete Drop off and Tent City:

- Buses can drop athletes off in the parking lot of the football stadium.

Avon Park Relays Track Meet



- Tent City will be set up on the home side of the stadium nearest the concession stand and bathrooms. No teams will be allowed to set their teams up on the visitors' side due to the home softball game.
- Buses will then park in the student parking lot on the West side of the school next to the pool.

Tentative Schedule of events and times: *(Rolling Schedule)*

All teams will be limited to 4 entries per running event

- We will be having a throwers 4x100m relay so that coaches can enter field event athletes into an event. -- Please have the names for the athletes you want for this event when you arrive so we can add them manually.

The infield will be closed to ALL except the competing athletes. Coaches, make sure your athletes know this. If an athlete not competing is caught on the infield, they will be disqualified. Anyone else on the infield who is not supposed to be escorted out of the facility.

Check-In Tent will be located on the South side of the home side (look for the red tent near the shot put area). --*This is a change from our last meet due to shot put.*

Schedule of Events--see below

Avon Park Relays Track Meet

Field Events

5:30 pm - ***(If possible, we will begin earlier and have kids check in as they arrive) - Events will be followed by boys or girls, depending on which group started first.***

- Girls Shot Put (followed by boys)
- Boys Discus (same time as javelin)
- Boys Javelin
- Girls High Jump (followed by boys)
- Boys' Long Jump (followed by girls)
    - Girls TJ (followed by boys)--After long jump due to only having 1 runway
- Boys and Girls Pole Vault (will be competed on Monday, 3/23)--only AP in this event

Running Events (Subject to change)

5:30 pm

- 4x800m Relay (Girls then boys)

6:00 pm

- 100m High Hurdles
- 110m High Hurdles
- 100m Dash
- 1600m (1 mile) run (Both genders all together)
- 400m Dash
- 4 x 100m Relay
- Throwers 4x100m Relay
- 400m Hurdles
- 800m Run
- 200m Dash
- 3200m (2-mile run) (Both genders together)
- 4x400 Relay