



COMMUNITAS Volunteers Australia

VALUES STATEMENT

Knowledge Sharing, Compassion and Equanimity are the bedrock upon which our every action is guided. These core values are reached from the seeds of the many different cultures, religions and spiritual experiences that grow within the members of our community.

KNOWLEDGE SHARING

We believe that the free and honest sharing of knowledge is the quickest path to solidarity, change and progress. No voice is unwelcome. We believe truth is not found without holding contradictory ideas simultaneously.

COMPASSION

We recognise the interconnectedness of all life and we are not blind to the ever-presence of suffering within it. Through compassion, we 'suffer together.' We work to identify, understand and alleviate the suffering of others to cultivate more experiences of collective joy within our community.

EQUANIMITY¹

We strive to achieve equanimity in all our endeavours. It is our final destination. Difficult to maintain, we foster equanimity by listening to all voices without haste, bias or impulsivity. Our actions are therefore peacefully made with the collective in mind, not the individual.

COURAGE

We take action without hesitancy; we speak up on matters important to our community without fear or shame. Through courage we turn words into impact and seek to improve the quality of life of the marginalised irrespective of the challenges faced.

¹ Equanimity refers to a state of calmness, composure, and mental stability. It's a state where emotions are balanced and don't cloud judgement.