New and Expecting Graduate and Professional Student Parents Guide

Health and parenting needs

- **Welcome** New Little Aggies form: If you are a UC Davis student who is pregnant, a partner of someone who is pregnant, recently adopted a child, started serving as a foster parent, or started caring for a younger sibling/family member, fill out this form to connect to soon-to-be parents and new caregivers, and to receive information on useful resources.
- Student Parent Resources Website: the central repository of resources for parenting students
- The Student Parent Newsletter keeps you updated on current and new events and services for parenting students
- Student Parent Space: Lounge, study space, kitchenette, quiet room for meetings/breastfeeding/naps, free room with children's clothes, toys, games, and food pantry items
- The Lactation Program for students, staff, and faculty provides support for breastfeeding, and access to campus lactation rooms:
- **Free Diapers** at Aggie Compass: The diaper closet with free diapers, wipes, and formula, has moved from the Women's Resources and Research Center to Aggie Compass. You can find Aggie Compass on the first floor of the Memorial Union, next to the MU Market.
- Map of **Baby Changing Stations**
    - Davis Campus
    - Sacramento Campus
    - If you know of a station not listed and would like to help out, please add a location to this docs link.
- Babysitter Directory: Access to a listing of UC Davis students who are interested in babysitting
- UrbanSitter Gift Cards: UrbantSitter.com offers access to background checked sitters and nannies in your neighborhood. Through a grant from COSAF, the Transfer and Reentry Center (TRC) is able to offer student parents a 3-month membership and $100 gift card to pay for babysitting services.

Funding

- Graduate Child Care Grants help defray the costs of childcare expenses
- **Alternative Budget Form**: Citizen and Permanent Resident students with minor children and with a FAFSA on file can submit an Alternate Budget Request Form, to increase their financial aid need and be repackaged for more aid.

Legal and Family Leave for Funded Graduate Students

- The Pregnant Scholar: Learn about **your rights as a pregnant student**.
- Family and Medical Leave Options for Funded Graduate Students
    - Article 18 of the union contract discusses leaves
    - Allotted a total of 8 weeks of paid leave; leave resets October 1

- gsacadpers@ucdavis.edu - **Graduate Studies Academic Personnel Analysts** - help in navigating the leave process; students also need to meet with their department of employment (which may be different from their major department)
- **Harassment & Discrimination Assistance** and Prevention Program (HDAPP)/Title IX Compliance and Policy: UC Davis is committed to ensuring an inclusive and accessible environment for pregnant and parenting students, staff, and faculty. Title IX prohibits discrimination on the basis of sex which includes discrimination on the basis of pregnancy or related conditions. HDAPP helps to ensure that pregnant students do not experience discrimination. Staff offers consultation and a complaint process for addressing discrimination. The HDAPP website highlights resources for pregnant and parenting employees & students.
- **Know Your Rights: Breastfeeding Students**: Learn about your rights as a student who is breastfeeding.

Academic

- Contact the Senior Academic Advisors in Graduate Studies for assistance in exploring courseload options
- The Transfer and Reentry Center provides outreach emails to faculty to assist students with communication and support with their faculty:
- Support for pregnant students through the Student Disability Center
  Pregnant students may wish to seek **academic accommodation** services and support through the Student Disability Center.
- **Part-time status** application: Students may petition for approval for a minimum of one and a maximum of three consecutive regular terms (Fall, Winter, Spring). Successive petitions are permitted. Please be aware that some fellowships and graduate employment require full-time status as a student for eligibility, please check if part-time status might jeopardize your funding. If you are a student parent or medical caregiver for another family member and need to submit a Part Time Status Application to the Office of the University Registrar, please email Marissa at mlweiss@ucdavis.edu to request a letter of support for your application.
- **Planned Educational Leave Program**: The Planned Educational Leave Program (PELP) allows any continuing graduate student to temporarily suspend academic work at UC Davis. Graduate students may take may take PELP leave of up to three consecutive quarters. Please be aware that many student benefits (SHIP, campus housing, student employment) are tied to active student status, and PELPing students are not eligible for campus resources during their leave.
  - **Note that if you are on PELP you cannot receive paid leave from a GSR or TA position**
  - New graduate students are not eligible for PELP during their first term of instruction and should contact their Graduate Program Advisor prior to the first day of instruction. Continuing graduate students apply for PELP through their Graduate Program.
  - Graduate Studies can provide additional assistance in the PELP process for graduate students.

    - School of Medicine
    - School of Law
    - Vet Med
    - GSM

Health and dependent coverage

- The **Child Dependent Health Premium Benefit Program** provides graduate students working as TAs or GSRs with remission to cover UCSHIP dependent coverage for their child/ren
- Students may also **purchase UC SHIP for their dependents**

Post Doc Benefits

- Childcare Reimbursement, Dependent Care FSA, etc.