



We will be able to explain the consequences of risk taking behaviour

Success Criteria:

- Define Risk
- Compare the difference between positive and negative risk
- Explain the consequences of risk taking behaviour

Risk Taking Worksheet

- Use the links below to help you research information as you complete the activities within the worksheet:
 - [Risk Taking: Kids Helpline](#)
 - [Risk Taking & Teens: Kids Helpline](#)
 - [Risk Taking: Reach Out](#)

1. In the space provided, write a definition or description of **risk**.

2. Brainstorm the **reasons** that teens engage in risk-taking behaviour.

•

3. Working with a partner or small group, complete the PMI chart to classify each reason as either positive or negative, in terms of the effect it can have on health and wellbeing. If your group cannot agree, classify the reason as interesting.

PLUS	MINUS	INTERESTING

4. In the table below, classify the following risks from **Most Risky (1)** to **Least Risky (15)**. Place the number in the **Risk Rank** column.

SCENARIO	RISK RANK (1-15)
Online communication	
Nominating for a leadership position eg SRC	
Passenger without a seatbelt	
Riding a bicycle without a helmet	
Gambling on a sporting match	
Starting a relationship	
Sunbaking	
Smoking a cigarette	
Walking home alone after dark	
Drinking alcohol at a party	
Meeting someone from an internet chat	
Dangerous driving	
Trying out for a sporting team	
Volunteering in the community	
Setting a fitness challenge eg competing in a fun run	

5. Working in your Risk Taking Worksheet document:
- Choose 3 risks from the above ranking list and write them in the CAUSE column of the table.
 - In the EFFECT column write some possible consequences of these risk taking behaviours

CAUSE/RISK	POSSIBLE EFFECTS
	• •
	• •
	• •

