

Universal Design for Learning

Brain	Affective	Recognition	Strategic
UDL	Engagement (Why)	Representation (What)	Action & Expression (How)
Internalize	<u>Self-regulation:</u> <ul style="list-style-type: none"> ● Optimize Motivation ● Self-assessment ● Reflection ● Coping 	<u>Comprehension:</u> <ul style="list-style-type: none"> ● Big Ideas ● Background knowledge ● Relationships ● Connections 	<u>Executive Function:</u> <ul style="list-style-type: none"> ● Goal setting ● Planning ● Monitor progress
Process	<u>Sustain Effort:</u> <ul style="list-style-type: none"> ● Improve collaboration ● Increase feedback ● Optimize challenge 	<u>Language:</u> <ul style="list-style-type: none"> ● Vocabulary ● Structure ● Notation ● Decoding 	<u>Communication:</u> <ul style="list-style-type: none"> ● Multimedia ● Multiple tools ● Build fluencies through practice
Access	<u>Recruit Interest:</u> <ul style="list-style-type: none"> ● Identify relevance ● Provide choice for access ● Minimize distractions 	<u>Perception:</u> <ul style="list-style-type: none"> ● Offer display alternatives ● Offer auditory / visual options 	<u>Physical Action:</u> <ul style="list-style-type: none"> ● Vary Tools for Methods and Navigation