



WEST CHICAGO ELEMENTARY SCHOOLS

Together for Excellence ★ ¡Juntos por la Excelencia!

6-8 Choice Board

***These are additional activities that can be completed after the packet is complete.**

Art	PE	Music	SEL
Create an “Op Art Shaded Shape.” Use any materials that you have access to, including crayons, colored pencils, markers, paper, pencils/pens, chalk, etc Here are your instructions Sample Opt Art for you!!	Create an indoor/outdoor obstacle course. Include 3 stations, and repeat 3 times. Put on your favorite music, and have some fun. After, take out your journal and draw a “bird’s eye view” of your stations. Reflect on what station was your favorite and why? *Use household materials* Examples: • Paper basket toss • Jumping jacks • Blanket tunnels • Chair maze	Start your family band!!! Craft some awesome homemade musical instruments and hold a concert for your family to enjoy:)) Use household materials to make and play stringed, percussion, and wind instruments. Here are a few sample ideas!	Think about a friend or someone you care about. Imagine them having a hard time and think about what you could say or do to help them feel better. Write a letter to them to help them feel better.
Science	Writing	Math	Social Studies
Tech option: Watch the live webcams from the Houston Zoo for 15 minutes. Then answer the following questions.	Write or type an argumentative response to the following question: Do athletes/celebrities deserve to	Log into IXL and get a score of 80 or higher on three codes. OR	Tech option: Watch this video on life after death in Ancient Egypt and answer the following questions in your notebook:



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1. What did you see that surprised you and why? 2. What was your favorite thing you saw and why? 3. Would you recommend this webcam to your friends? OR There are three major types of science: <u>Physical</u> (physics/chemistry), <u>Biology</u> (life), and <u>Earth/Space</u>. Reflect on which one is your favorite and explain why in your notebook.	make more money than the average person? Organize your response by including these components: ● Introduction: Introduce your claim ● Supports: Give evidence and reasoning ● Rebuttal: Share the opposite position and argue against it ● Conclusion: Restate your claim Sentence Starters for Support (Evidence and Reasoning) Sentence Starters for Rebuttal	Can you find every number between 1 and 20 using only four 4's and any operation?	● What is one important thing you learned about Ancient Egyptians' religious or cultural beliefs? ● What is one thing you found interesting? ● What is one question you still have? Non-tech option: Create your own ancient egyptian artifact (a mummy, a pyramid, hieroglyphics, etc.). Get creative! OR Watch the news or read a news article and answer the following questions in your notebook: ● What is one important thing you learned? ● What is one thing you found interesting? ● What is one real life connection you can make?
Art	PE	Music	SEL



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Listen to a slow song and draw a picture of what you feel during the song. Now listen to a fast song and draw a picture of what you feel during the song. How do the pictures compare?	Name, Create, and be ready to share or play!! Are you feeling like it's time for a new sport/activity to be brought to the middle school? Are you that creative person? Or have extra energy to share? Maybe it's more about mindfulness and meditation that you're striving for, and have some awesome ideas and plans to share with your teachers. Here's a great time to start creating and trying them out!! Make a list, include directions, even video yourself trying them out!! OR A Yoga program	Silverware is great for eating, but it also makes lots of sounds when tapping, sliding, and drumming. Grab an old spoon—none of your nice silverware—and start lightly tapping, sliding, and drumming on common household objects. Notice the different sounds of the metal hitting different surfaces. Choose a song of your choice and try to recreate it using the sounds of your spoon.	Write about a time you felt uncomfortable at first but more relaxed later. What did you learn about yourself through the experience?
Science	Writing	Math	Social Studies
What kind of container would keep your hot chocolate the hottest for the longest period of time? What about ice water the coldest? Conduct an investigation using different kinds of containers in your home. Draw a model in	Write a story that includes a cross country road trip, a talking giraffe and a hundred dollar bill.	Log into IXL and get a score of 80 or higher on three codes. OR I have fifteen cards numbered 1-15.	Tech option: One of the most important parts of social studies is using your understanding of the past to help you improve your society today. We know from studying the Civil



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your notebook to explain your thinking.		I put down seven of them on the table in a row.  The numbers on the first two cards add to 15. The numbers on the second and third cards add to 20. The numbers on the third and fourth cards add to 23. The numbers on the fourth and fifth cards add to 16. The numbers on the fifth and sixth cards add to 18. The numbers on the sixth and seventh cards add to 21. What are my cards? Can you find any other solutions? How do you know you've found all the different solutions?	Rights Movement that public protests and speeches (like those given by MLK) are some of the most effective ways to change society. Watch the following example of how one student is hoping to use public speaking as a platform to change her society. Then answer the following questions in your notebook: 1. What is this young lady hoping to convince others? 2. Why is she passionate about this topic? 3. Did she convince you of its importance? Why or why not? Non-tech option: Watch the news or read a news article and answer the following questions in your notebook: • What is one important thing you learned? • What is one thing you found interesting? • What is one real life
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			connection you can make? OR In your notebook create a list of methods someone might use to advocate for a change in their community. One example is giving a speech. Try to list at least 10 more methods!
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