

- 1 - What do you want to have in your life? How do you want your life to be? (be specific, when, where, and with whom)
- 2 - How will you know when you have it? What will you see, hear, smell and taste?
- 3 - What will happen if you get this result? How would your life change and how is it going to look?
- 4 - What will not happen if you get it? Is there going to be something bad/good?
- 5 - What will happen if you don't get it?
- 6 - What will not happen if you don't get it?
- 7 - What do you get to have by remaining the same person?
- 8 - How do you know it's worth getting? What's so special about that?
- 9 - How will this affect your life? Your family, business, job, friends, etc.
- 10 - What will be different as a result of having this?

1 - What do you want to have in your life? How do you want your life to be? (be specific, when, where, and with whom)

I want to have a high discipline in my work, to be the kind of guy who gives his absolute best in everything he does, and to be completely obsessed and dedicated to my business. I want to have a successful AI automation agency and to run a profitable business that makes me £10,000 pure personal income every single month.

I want to have the freedom and full ownership over my life, and I want to give myself, with my own company, a visa to live in England for a few years as I am originally from Morocco. I want in my life to be financially free and to provide to my loved ones everything they need. I want to offer a great retirement to my parents, give them £1000 each every month, and make them travel the world. I want to rent a great 3 bedroom penthouse on a top floor with a fantastic view over Manchester or Liverpool. I want to drive a grey Porsche 911 Turbo S. I want to be able to go to nice restaurants whenever I want, travel around the world whenever I want, and work from anywhere I want. I want to be a great fighter and protector, and to be able to defend my loved ones. I want to have a wealthy life, with all of my family's debt cleared, and to never worry about the price of anything. I want in my life to be able to invest in my brothers, lift them up and make their businesses successful. I want to be married to my lovely partner, take care of her completely, and bring her with me wherever I go. I want her to have the freedom to do whatever I want and to never worry about money, and I want to start a family with her and build a future together.

I want to have in my life complete freedom, with full ownership over my time and location. And finally, I want all of this to be my normal everyday reality.

2 - How will you know when you have it? What will you see, hear, smell and taste?

I see myself clearly in the best shape of my life, strong, fit, and disciplined, with every hour of my day very deliberate. Nothing in my life is sloppy, and I am on top of everything. I wake up early, train hard, and work on my business. I move with speed and I am efficient. I show up everyday, work everyday, and improve everyday, just like I already train every single day. I am always on time, always early for meetings, and always prepared. I never make excuses, and I always find a way to make things work. I am sharp and I know how to fight and defend myself. I dress well, speak concisely, and behave professionally. I make time for my family,

check up on my loved ones regularly, and make sure they have everything they need. I go out for nice meals at restaurants, buy nice clothes, and enjoy life to the fullest. I take care of my partner head to toe, solve all her problems, and offer her a stress free life where she gets to do what she loves and pursue her passions.

I see myself standing in the balcony of my penthouse and looking at my phone with more than £10,000 in my bank account. I can feel a deep sense of pride, knowing that I have accomplished through sheer dedication and discipline what I once had as a dream. I can smell a nice perfume coming from behind, and I can hear my partner calling me to come inside to have dinner, but I ask her to wait as I continue to enjoy this deep satisfaction. My phone then rings with my mother on the line congratulating me, once again, for this amazing achievement that she thought was an impossible dream. She expresses her happiness from the remarkable progress her son has made. I then hear my dad taking over and saying word for word "Je suis fière de toi mon fils" (I am proud of you my son), and then cracking a joke on how I have been so stubborn all of this time not listening to them and going after my dream against all odds. Deep down I feel like a little kid happy and proud of the life he has built all by himself. My internal voice takes over in my mind, saying "I knew it. I knew I would reach this exact moment".

Shortly after, I go to the kitchen and have dinner with my partner, with an enhanced taste of pleasure and accomplishment. She reminds me of how I am her hero, and how I have always been her all time saviour from the moment we first met. I then start talking about my future goals, how I am slowly building a great empire with my brothers, and how she will be the queen of my kingdom.

Time is up, I have to go to bed. I can't wait to get to tomorrow and conquer the world, and I need a good night of sleep.

3 - What will happen if you get this result? How would your life change and how is it going to look?

By getting the extreme discipline and the £10,000/month business I want, all of my life is going to improve drastically and I am going to get everything I want. My whole family is going to benefit immensely from it, as I will be the Man they all turn to if they need help or a problem to be fixed. My life will be on the right track to hit the millionaire milestone I want to achieve by the time I celebrate my 30th birthday, in 3 years.

I will get the privilege of taking care of my whole family, of offering a great retirement to my parents, and of being financially free. I will be able to get a new car for my parents, buy them new clothes, and gradually repay all of their debts. I am going to have the blessing of getting married and starting my own family, of taking care of my lovely partner, and of allowing her to not have to work a job or to pay a single penny.

My life is going to be completely changed even in the smallest details, in how I conduct myself, how I talk, how I think, how I dream, and how I impact the world.

4 - What will not happen if you get it? Is there going to be something bad/good?

What will not happen if I get the extreme discipline, and the successful business, is the complete downfall of my life and the destruction of my dreams and aspirations. I won't go back to my home country and I won't go back to live in my parents house. There won't be any financial struggle in my family and my parents will not suffer anymore. My dad is not going to die from the ongoing quiet desperation he's been living with, and my mom is not

going to lose hope over the feeling of being financially trapped. My brothers won't have to work a 9to5 to get by, nor will they need to struggle to get their own business off the ground. I won't work a corporate job myself. I won't be restricted to one location and one company, and I won't slave away my time just to get a paycheck and pay back my debt. I won't be separated from my partner, and she won't have to work a job just to pay bills and expenses. I won't live a life of regret, and I won't need to cope with the pain of having missed the chance to have a great life.

5 - What will happen if you don't get it?

If I don't get the extreme discipline in my work, I will continue to struggle to make my business successful and profitable, and I will lack the consistency to make anything work. The trajectory of my life is going to be completely disastrous. I will literally sign my enslavement to a corporate 9to5 job, from the unavoidable obligation of repaying my debt. I will continue to struggle to pay rent and make ends meet. I will be taking the bus and public transport, instead of driving my own car. I will continue to scratch around for money, instead of paying for and taking care of my loved ones. My parents will continue to live broke, missing so many things in life including basic life necessities that they cannot afford. My family will once again have a rough winter without being able to turn the heater on. My brothers will continue to struggle. I will be separated from my partner, and I might lose her. I will disappoint every single person I know, with the biggest disappointment being with myself. I will live a life full of regret and pain, and I will live a life of quiet desperation. I am going to stay poor, broke, and unreliable, and I will hate every second of my life. It will drain my soul and make me a slave working for someone else.

6 - What will not happen if you don't get it?

By not getting it, there won't be any change, any pride, any happiness, or anything worthy of looking forward to in my life. There won't be any accomplishment or achievement, and nothing great will happen to me. Without that high discipline, I won't get to turn my dreams into reality and I won't get to be the pride of the family. I won't be able to take care of my family. I won't get to live in a nice house, or drive a nice car, or get married. I won't be able to pay back my debt and I won't get to take my family out of poverty. My parents will not have a nicer, better life. I won't be able to buy them a better car, new clothes, or pay any of their medical bills. I won't get to take care of my partner and I won't get to have her by my side. I won't have the ability to lift up my brothers. And I won't have a life worth waking up for.

7 - What do you get to have by remaining the same person?

The only thing I feel like I get to have by remaining the same person is oblivion. It is a little bit comfortable to live oblivious to the world. I cannot imagine living my life that way, but I guess remaining the same person means at some point embracing oblivion and to just not care about the world. That means not dealing with the stress and difficulty of entrepreneurship and owning up my life. It means living "stress-free", being content with an average life working for someone else to get a wage, looking forward to owning a house after a 20 year mortgage. That also means I will get to enjoy mundane activities that most people "look forward to", like a football game, a movie, or getting drunk on the weekend. Maybe I will even get some satisfaction from complaining about gas prices and how awful my boss is.

I guess by remaining the same person, I get to not care and to just live a short-sighted life, work my job, go back home, watch TV or youtube, and wait for the weekend to "enjoy my free time". It means I will get to be oblivious to the world and be a short-term pleasure and comfort seeking loser void of ambition and aspiration, which scares the living shit out of me.

8 - How do you know it's worth getting? What's so special about that?

I know from the bottom of my heart that it's worth getting because I live with the burning pain of not having it anymore. I have lived that kind of highly dedicated and disciplined life before, making money online since I was 14 and working hard every single day. I had it before, and I was the kind of guy to get anything I want and to accomplish anything I put my mind into. I still am, but I derailed when I was about 20 years old, unfortunately from associating with the wrong people and doing what they were doing: smoking weed, drinking, partying, taking drugs, and chasing hedonism.

I live with so much pain and anger at how much time and how many opportunities I lost in these past 7 years. Being now 27, I know that I'd already have every single thing I want if I had stayed on the right path and continued to give my best in life. Instead, I went down the wrong path of hedonism and degeneracy. I am still paying the heavy, painful price of my misbehaviour till this day.

I know it is worth getting, and I know how great that life is. I've lived it before and what's so special about it is the ability to accomplish anything I put my mind into and get anything I want. There hasn't been something I did not get, and I know that there won't be something I can't get as soon as I bring forth that version of me again.

9 - How will this affect your life? Your family, business, job, friends, etc.

It will affect my life in the best possible way, especially in how I go about my life. The ultimate confidence and assurance I'm going to have in myself is the ultimate gain. My business will skyrocket, going way beyond the £10k/month I want to hit in 3 months. My job will vanish, because I won't need one anymore. My family will notice the change in me and will sense that something at my very core changed. My parents will hold the highest pride in their son. They will rely on me with every part of their life, and they will rest much more assured than they already are. My relationship will be enhanced, gaining much more respect and admiration from my partner for making such an achievement and taking care of her completely. My friends will either change after being inspired by me, or fade away to let better friends come my way. My health will be at its best. My dreams will become limitless because I will gain the ability to achieve anything I want. The sky is going to be the only limit for me, and I cannot wait for it.

10 - What will be different as a result of having this?

Every single aspect of my life will be different, with no more sloppiness or amateurism. I am going to give my absolute fucking best in every single aspect of my life, and it will radiate on everyone around me. My health is going to improve, my fitness is going to improve, my discipline is going to improve. My sleep, my nutrition, my work, my business, my finances, my thoughts, my family, my brothers, my relationship, my friends, all are going to improve from the simple change at my core of becoming the person I want to become: a highly disciplined and dedicated man who gives his absolute best.

There is one man and one man only that I trust with every fibre of my being, with every inch of my soul. I have a blind faith in his capabilities and his ability to make the impossible possible, because that man has never let me down, ever. And that Man, the best version of me, is myself when I give my absolute fucking best.

That's who I am: an extremely disciplined and dedicated man who gives his absolute best in everything he does in life.