



## **PAUSD Distance Learning Tips for Parents**

1. As much as possible, create a quiet space for learning in your home for each student.
2. Build a home routine and follow the school schedule each day.
3. Provide non-technology time for your student every day.
4. Support your child's learning, physical and social-emotional health.
5. Review Schoology regularly to understand what your student will be learning about as well as required assignments or assessments.
6. Allow your child to build independent skills, even with online learning. Parent participation during Zoom meetings can make others uncomfortable, and is not appropriate unless previously arranged with the teacher.
7. Keep open communication with teachers, administrators and school staff, strive for positive interactions, and know we are all doing the best we can in this challenging time.
8. Please understand school is now in your home. To reduce this impact on your family, maintain privacy, and limit distractions for the class, please have your child's zoom camera placed at an angle away from everyday activities in your home.
9. Review all weekly communication from PTA, teachers, principals, and the PAUSD Superintendent to be aware of the latest news and updates.
10. Submit all questions, comments, or share your joy through [Let's Talk](#).
11. When things are going right at school, please share a quick "thank you!" with your student's teacher. Those words are powerful and much appreciated.
12. Take care of yourself! Self-care is essential for the health of the whole family.