

Subject line: 3 Simple Steps that guarantee you Women's Respect and Attention.

Do you feel like you're invisible to women?

Are you new to the dating game and you have been struggling a lot?

Well, it's pretty common to find difficulty in connecting with women.

HOWEVER...

It is totally YOUR fault!

You have no one to blame but yourself, being rejected and getting friend-zoned simply means you lack in some areas.

You have to face it like a man and take responsibility to change your relationship with women.

Here are some simple steps that will guarantee you the respect and attention of the woman of your dreams:

1-Get in shape: Women are biologically programmed to look for a big and strong man that can protect and provide for them

So, if you're out of shape, then don't get surprised when you feel like women are making fun of you approach them, or don't even look at you from a distance.

So start taking care of your body by getting into fitness and following a specific diet.

2-Be confident in yourself: There's nothing worse than a man who is always anxious and uncomfortable in his own skin, it gives off the vibe of a weak creature who can't

stand up for himself, people alienate from such guys.

that's what we men think, let alone what women think of that.

Women can sense that you're not confident when you're talking to them, it makes them lose interest in you and spread the information that you are awkward.

Start building your self-confidence by taking more risks and trying new things and taking care of your physical and mental health.

3-Have social skills: If you're sitting there hoping for the woman of your dreams to come to you and devote herself entirely to you and ask you to date her and spend the rest of your lives together, then guess what...

That will NEVER happen.

If you're afraid of approaching women or you're always anxious and shy, then no woman is going to respect you

Wake up from your little fantasy

Life is not going to magically bring you the woman you desire, you have to put in the work and be the man first.

Start socializing more and getting more stories to talk about so that you become more interesting.

See, it's very simple, all you have to do is stop living in your bubble and go out there and apply what I told you.

Other than that, enjoy watching the girl of your dreams being taken by another man, while she's sitting in his car making jokes about how awkward and weird you were.

P.S.: I have put together a full guide on the dating game that will give you everything you need to know on how to get the woman of your dreams.

A full list of "Do's" and "Do not's" that will save you years of experience.

If you're interested [click here!](#)

Reply to this email once you get a date using the tips I gave you, and make sure to add this email to your primary inbox so you don't miss my next emails.

Talk to you soon...

Cheers.