

Final Email to UCSB Gaucho Coaches

Please email me to let me know you received the information and that you have read the final instructions.

Final instructions are linked here: [2019 Final Instructions](#) Please read this information. It is far more detailed than this email. **Read these!**

Meet Information links: Please make sure to check out instructions, boxes, course maps, etc. None will be printed at the meet, so bring this information with you. Those links will be at the bottom of this page. Please share that information with your parents. Information is on Sponsored Meets on the FTHS website. [Foothill Technology Cross-Country](#)

Drop off: Buses should drop off at the top of Lot 23 and then should go park in Lot 30 by Harder Stadium. **Buses and/or vehicles should not drive down to the course.**

Check in and Packets: Go to the check in table by the tee shirt table to pick up your packet. Pay if you haven't done so already when you get to the meet. A \$100 late fee will be assessed any school that has not paid by the start of the meet. If your school has not cut a check and you want to avoid a late fee, please write a personal check. I will hold it until next Friday, September 6 before cashing. If I haven't received a school check by then, will cash. If I have, will tear it up. Problems, talk to me after the conclusion of the meet. Our check in lady should have a list of schools that have already paid.

Coaches Meeting: Very brief coaches' meeting at 7:45 at the medical tent (to the left of the finish line—Black FTHS canopy). Please be on time. I will be done by 7:48.

Awards: Top 30 athletes in each race will receive a 3 x 5 card with a number on it. He/she is to take that card to the tee shirt table to receive the medal. Those with the cards will get the medal. Team awards are sponsored by Running Warehouse and will be handed out as soon as we have the official results from Speed timing. That may be after they are posted on line. If your team leaves before those awards are handed out, miss out on free stuff!

Schedule: The first race will definitely start on time. See schedule on meet information **ONLY RUN ATHLETES IN THE 3 MILE RACES THAT CAN RUN UNDER 30 MINUTES FOR THE GIRLS AND 28 MINUTES FOR THE BOYS.** If they are unable to do that, please put in the short course races.

Boxes: Review the box instructions and information with your teams. Slight change—7 in the first tier and 5 in the second tier and the rest in the 3rd tier. Single file for the first two tiers. Boxes are 1'6". [2019 Box Assignments for the various races](#)

Live Results: Speedtiming will be timing the meet. Live results will be posted at [2019 UCSB Gaucho XC HS](#)

Parking fee: Please let your parents know there will be a parking fee at UCSB and they will enforce parking violations. If they park in lot 22 or 23 it is about 1/4 to 1/2 mile walk to the course. Cost is \$5. Be aware that summer session is running through September 13 this year, so there will be more students around the meet

Bathrooms: Bringing in 6 port o potties and the UCEN bathrooms are supposed to be open at 7:15am.

Questions or concerns: Don't have any. Please email me if you have any. Saturday morning, will be setting up the course around 4:30am, so will not be available in the early morning

Weather: From the UCSB weather station. Supposed to be in the high 60s for the meet. According to Weather Underground, 64 degrees for the 8:00 start time.

https://labs.mcdb.ucsb.edu/weimbs/thomas/weather/United_States/California/Goleta/1

Links: Share with your parents and athletes. As mentioned above there will be no hard copies at the meet.

[Course Map for UCSB Gaucho 1.43 Mile Course](#)

[Course Map for UCSB Gaucho 3.0 Course](#)

[UCSB Course Breakdown](#)

[UCSB Campus Map with Parking Information](#)

[2019 Box Assignments for the various races](#)

[2019 Final Instructions](#)

[2019 UCSB Gaucho Tee Shirt Design](#)

[2019 Awards](#)

[Live Results for UCSB Gaucho](#)