

CH S D ST Theresa's College for women (A), Eluru

Department of social Sciences

**Boards of Studies in DEPARTMENT OF PSYCHOLOGY
2020-21**

The board of studies meeting was held on 13th Feb, 2020 at 10Am in Principal office

- ❖ The board reviewed the present syllabus and resolved not to make any changes in the syllabus as the present syllabus is quite apt and suitable for the students
- ❖ The board suggested to have students exchange programme in order to provide to the students a broad perspective of the subject on Psychology
- ❖ It was resolved to continue field trips for the I, II, & III year students
- ❖ It was resolved that the students share their experience and give motivational classes for 10th class students specially to the government schools
- ❖ It was resolved to have practicum instead of Assignments in order to provide practical knowledge of the subjects
- ❖ It was resolved to substitute profession scale to Beck depression inventory for III years in V Semester in VI paper.

As it is more options to the students

PAPER TITLES

	Semester	Paper	Title of the Paper
I Year	I	Paper I	General Psychology
	II	Paper II	General Psychology
II Year	III	Paper III	Social Psychology
	IV	Paper IV	Social Psychology
III Year	V	Paper V	Child Psychology
		Paper VI	Psychopathology
	VI	Paper VII	Child & adolescent psychology
		Paper VIII A1	Psychopathology
		Paper VIII A2	Counselling Psychology
		Paper VIII A3	Educational Psychology
PROJECT WORK			

CH.S.D.ST.THERESA'S AUTONOMOUS DEGREE COLLEGE FOR WOMEN, ELURU
I BA PSYCHOLOGY I SEMESTER PAPER I SYLLABUS 2020-21
TITLE: GENERAL PSYCHOLOGY

UNIT-I: Introduction

- A) Historical foundations of Psychology: Definition, Nature and Scope of Psychology; Schools and fields of psychology.
- B) Methods of Psychology- Introspection, Observation, Case Study, Interview, Survey and Experimental Method

UNIT-II: Biological Basis of Behavior

- A) Neuroanatomy - Structure of the neuron; The Autonomic Nervous System-Structure & function; The Central Nervous System: Spinal cord - structure and function; The Brain - hindbrain, midbrain & forebrain.
- B) Hormones and Behavior-Main endocrine glands, their hormone products and principal effects of the hormones - Mechanisms of Heredity and Environment

UNIT-III: Attention and Perception

- A) Types and determinants of Attention, Distraction, Division, Fluctuation and Span of attention
- B) Perception- Perceptual constancies, illusions, Organizational factors of perception.

UNIT-IV: Motivation and Emotion

- A) Motivation – Definition and types of motives- Bio and Psycho- Social Motives, Theories of motivation- Maslow's Theory of Motivation and Freud's Unconscious Motivation.
- B) Emotions – Definition and Nature of Emotions, Types of emotions, Theories of emotions- James- Lange, Cannon-Bard

UNIT – V:

Personality :Definition ,meaning , nature, approaches to personality –Type , Behaviouristic, Humanistic and Psychosexual approaches.

REFERENCE BOOKS:

1. Morgan, Clifford.T., King, Richard.A., Weisz,John.R., Schopler, John (1993). Introduction to Psychology, TataMcGraw Hill.
2. Marx, Melvin H. (1976). Introduction to Psychology - Problems, Procedures & Principles, MacMillan Publishing Co.
3. Hilgard, E.R., Atkinson, R.L., Atkinson, R.C., (1979): Introduction to Psychology, Harcourt Brace Jovanovich. Inc.

I BA PSYCHOLOGY II SEMESTER PAPER II SYLLABUS 2020-21
TITLE: GENERAL PSYCHOLOGY

UNIT-I: Learning

- A) Definition of learning - Classical conditioning, Operant Conditioning, Learning by insight and observation, Latent learning.
- B)** Role of motivation and maturation in learning, Reward and Punishment, Learning curves, Efficient methods of learning, Transfer of learning.

UNIT-II: Memory and Forgetting

- A) Meaning and types of Memory, Methods of measuring memory, Information processing Model of Memory.
- B) Forgetting- meaning, nature and causes; Methods to improve memory

UNIT-III: Thinking

- A) Definition, Mental Images, Concepts, Reasoning- Deductive and Inductive Reasoning.
- B)** Problem Solving- Impediments to Problem Solving.
- C) Creative thinking- Meaning and stages of creative thinking, Characteristics of Creative People.

UNIT-IV: Intelligence

- A) Intelligence Definition- Theories: Spearman Two Factor Theory, Thurstone's Multi Factor Theory and Sternberg's Triarchic Theory of Intelligence
- B) Measurement of Intelligence- Concept of IQ, Types of Intelligence tests, Intellectually gifted and Retardation.
- C) Role of heredity and environment in intelligence

UNIT-V: Aptitude and Interest

- A) Meaning-Nature of aptitude, ability, achievement.
- B) Difference between Intelligence and Aptitude, Aptitude and Interest.
- C) Measurement of Aptitude –Utility of Aptitude tests.

REFERENCE BOOKS:

1. Morgan, Clifford.T., King, Richard.A., Weisz, John.R., Schopler, John (1993): Introduction to Psychology, TataMcGraw Hill.
2. Marx, Melvin H. (1976) Introduction to psychology - Problems, Procedures & Principles, MacMillan Publishing Co.
3. Hilgard, E.R., Atkinson, R.L., Atkinson, R.C., (1979): Introduction to Psychology, Harcourt Brace Jovanovich. Inc.

II BA PSYCHOLOGY III SEMESTER PAPER III SYLLABUS 2020-21
TITLE: SOCIAL PSYCHOLOGY

UNIT-I

Nature and Scope of Social Psychology: Definition, Nature and Scope. Importance of social psychology .

UNIT-II

Methods of Social Psychology - Observation method, Survey method, Correlational method, Field study and Experimental method.

UNIT-III

Social Perception (Understanding Others):

Attribution – Theories of Attribution :-Theory of Correspondent Inference, Kelly's theory of causal attribution, Errors in Attribution – Fundamental Attribution Error, Actor- Observer effect, Self Serving Bias. Impression formation and Impression Management – Techniques of Impression Management.

UNIT-IV

Communication: Definition, nature and types of communication. Barriers of effective Communication.

UNIT-V

Attitudes: Definition, Distinctive features of Attitudes, Formation of Attitudes, Measurement of Attitudes – Likert of Summated ratings, Bogardus method of Social Distance, Thurstone's Equal appearing intervals method. Cognitive Dissonance, Reducing Dissonance.

II B.A PSYCHOLOGY IV SEMESTER PAPER IV SYLLABUS 2020-21
TITLE: SOCIAL PSYCHOLOGY

UNIT-I

Prejudice: Prejudice and Discrimination – Nature and Origin of Prejudice, Techniques of reducing Prejudice.

UNIT-II

Aggression - Definition, Determinants of Human Aggression – Social, Personal, and Situational factors/ Theoretical Perspectives on Aggression:– Biological Perspective, Drive Theories. General Affective Aggression model/ prevention and control of Aggression.

UNIT-III

Group and Individuals

A. Definition and Types of Groups, Group functions - Roles, Status, Norms, Cohesiveness and Conformity.

B. Group and Individual performance - Social facilitation, Social loafing. Decision making by Groups.

UNIT-IV

Leadership: Definition- Traits of a Leader, Type of Leaders – Autocratic, Democratic and Charismatic Leaders. Classic studies on leadership/ leader behavior – initiating structure and consideration.

UNIT-V

Rumors and propaganda:

A.Rumors: Definition, meaning, characteristics, classification of rumour.

B.Propaganda:

Definition, need for propaganda / propaganda and Education / propaganda and advertisement / kinds of propaganda / principles of propaganda / Techniques of propaganda.

III BA PSYCHOLOGY V SEMESTER - PAPER V SYLLABUS 2020-21

TITLE: CHILD PSYCHOLOGY

UNIT-I

Introduction, importance of developmental psychology

Meaning, nature and importance of developmental psychology

UNIT-II

Growth and development

Concept of growth and development/ Principles of development. Stages of human life span. Methods of studying human development. Factors influencing growth and development:- Heredity and environment.

Early Stages of Development.

UNIT-III

Prenatal Period: Characteristics, Importance of conception. Prenatal stages, factors influencing prenatal development, Hazards.

UNIT-IV

Infancy: Characteristics, adjustments in infancy, conditions influencing postnatal life (pre maturity, multiple births, post maturity)- physical development, activities-sensitivities / and capacity for learning / emotions of the infants / Hazards.

UNIT-V

Babyhood:

Characteristics, developmental tasks, physical development, physiological functioning, muscle control, speech development, emotional behavior, social responses , play interests, development of understanding and morality , sex role typing and family relations , personality development ,Hazards.

III BA PSYCHOLOGY V SEMESTER PAPER-VI SYLLABUS 2020-21

TITLE: PSYCHOPATHOLOGY (ABNORMAL BEHAVIOR)

UNIT-I

Introduction to Abnormal Psychology: Defining abnormality. Abnormal psychology – past and present views and treatments. Approaches to psychopathology – psychodynamic, behavioural, cognitive behavioral, existential and biological.

UNIT-II

Classification and Causes of Abnormal: Classification of disorders - Etiological factors in abnormality - Stress, coping and the ego- defense mechanisms.

UNIT-III

Anxiety Disorders – Nature and Symptoms: Generalized anxiety disorder - Phobias - Panic and panic disorders - Obsessive – compulsive disorder - Post – traumatic stress disorder.

UNIT-IV

Somatoform Disorders Nature and Symptoms: Conversion disorders – with motor/ sensory symptoms or deficits, with seizures. Pain disorders – headache, migraine, low back pain, etc, Acute versus chronic pain, cognitive perception of pain, individual differences in reaction to pain/ Hypochondriasis.

UNIT-V

Dissociative Disorders Nature and Symptoms: Amnesia and fugue -
Dissociative identity disorder.

III BA PSYCHOLOGY VI SEMESTER PAPER-VII SYLLABUS 2020-21
TITLE: CHILD AND ADOLESCENT PSYCHOLOGY

UNIT-I

Early Childhood – General characteristics – developmental tasks / Physical development skills of early childhood / speech development / emotional patterns of early socialization and sex role typing play interest / development of understanding and morality /family relationships / personality development / hazards.

UNIT-II

Late Childhood :

A. General characteristics /development tasks / skills of Late Childhood /speech development / emotional expression.

B. social behavior and sex role typing in late childhood / play interest / development of understanding and moral attitudes / family relationships / personality changes / hazards.

UNIT-III Puberty :

General characteristics / developmental tasks / criteria causes and age of puberty /puberty growth spurt / body changes in puberty / effects of pubertal changes / common concerns during puberty / hazards.

UNIT-IV

Adolescence

A.General characteristics / developmental tasks / physical changes /emotionality during adolescence.

B. The family- the peer group – social behavior , interests in adolescence.

C. Personality development:- Moral Development / The Quest for identity formation.

D. Problems of Adolescence – Juvenile Delinquency Drug usage, Adolescent suicide

UNIT-V Theories of Development :-

A. Introduction to Theories of Development - Gesell's Developmental theory / Freud's Psychosexual stages.

B. Erikson's psychosocial stages of development/ Piaget's Cognitive development /Kohlberg's theory of moral development /Bronfenbrenner's Ecological theory.

III BA PSYCHOLOGY VI SEMESTER PAPER-VIII A1 SYLLABUS 2020-21 TITLE: PSYCHOPATHOLOGY (ABNORMAL BEHAVIOR) – Cluster

UNIT-I

Psychotic Disorders: Nature and Symptoms, Schizophrenia and its sub types- paranoid type, catatonic type - Hebephrenic type / Mood disorders – unipolar and bipolar disorders.

UNIT-II

Developmental Disorders: Nature and Symptoms, Disruptive behavior - attention deficit hyperactivity disorder, Conduct disorder , Habit disorders , Eating disorders , Emotional disorders/ anxiety disorders-(separation, anxiety, avoidant disorders, and over anxious disorders). childhood depression/ Specific development disorders – autism / Mental Retardation.

UNIT-III

Personality Disorders: Nature and Symptoms ,Antisocial personality disorders /Paranoid personality disorders /Dependent personality disorders/ Histrionic personality disorders / Obsessive – compulsive personality disorders.

UNIT-IV

Substance Related & Addictive Disorders: Alcohol abuse and Dependence /Drug Abuse and Dependence/ Other Addictive Disorders:- Extreme obesity, pathological gambling.

UNIT-V

Treatment of Disorders: Psychodynamic approach , Behavioral approach , Humanistic existential approach, Cognitive approach.

III BA PSYCHOLOGY VI SEMESTER PAPER-VIII A2 SYLLABUS 2020-21 TITLE: COUNSELLING PSYCHOLOGY - Cluster

UNIT-I

Introduction: Definition and Nature – Counselling as a profession – Training, activities and professional ethics – The effective counselor – Personality characteristics and skills of counselor.

UNIT-II

Counselling Process: stages of counseling – Counseling relationship – Initial interview – Assessment for counseling.

UNIT-III

Counselling Theory: Individual counseling theory Psychoanalytic, Humanistic, Behavioral, cognitive, Brief approaches – Types of counseling.

UNIT-IV

Counselling Techniques: Group techniques – Multi-cultural techniques with special reference to Indian techniques such as Yoga and Meditation. – Counseling and technology.

UNIT-V

Counselling Applications: Family and couples counseling – Child counseling – School and Career counseling – Workplace counseling – Crisis intervention – Counseling for wellness.

Reference Books:

Feltham, C and Horton, I. (2000), Handbook of Counseling and Psychotherapy, London:Sage.
Gibson, R.L. and Mitchell, M.H.(2003), Introduction to Counseling and Guidance (6th Ed.), New Delhi: Pearson India.
Gladding, S.T. (2009), Counselling: A comprehensive profession (6th Ed.), New Delhi:Pearson India.
Maria, G (Ed) (2010), Psychology in India, Volume 3: Clinical and Health Psychology, New Delhi: Pearson India.Rao, S (2002), Counselling and Guidance (2nd ed.) New Delhi: McGraw Hill.

III BA PSYCHOLOGY VI SEMESTER PAPER-VIII A3 SYLLABUS 2020-21 TITLE: EDUCATIONAL PSYCHOLOGY – Cluster(self study)

UNIT-I

Educational Psychology – Education and Educational Psychology, Educational Psychology and Educational Philosophy, Nature of Educational Psychology, scope of Educational Psychology, need of Educational Psychology for a teacher.

UNIT-II

Mental Hygiene in Education: What is Mental Hygiene aims and purposes of Mental Hygiene. Characteristics of a Mentally healthy individual. Factors responsible for poor mental health and mental ailments of children. What can school and teachers do for the proper mental health of children? Defense or adjustment mechanism, questions and problems.

UNIT-III

Guidance in education: What is guidance? (Meaning), Need of guidance to the students, types of guidance, What is Educational guidance? Need of educational guidance, How to impart Educational guidance to pupils?

UNIT-IV

Vocational Guidance: What is vocational guidance? Need of vocational guidance to the pupils. The nature purposes of Vocational guidance. How to impart vocational guidance to the pupils? Nature and meaning of personal guidance. How to render personal or psychological guidance?

UNIT-V

Adjustments, frustration, conflicts: Adjustments (Meaning and Definitions, areas or aspects of adjustments, characteristics of a well adjusted individual).

Frustration (Meaning and Definitions, why one gets frustrated, the cause of frustration, reaction to frustration).

Conflict (Meaning and Definition, types of conflicts sources of conflicts).

Reference books:

Educational Psychology – S.K.Mangal

Advanced Educational Psychology (2007) – S.K.Mangal

Educational Psychology (1993) – S.B.Kakkar

Educational Psychology (1992) – Jitendra Mohan

Educational Psychology – Anitha Woolfolk Guidance and Educational Counselling (1999) – S.K.Chibber

CH.S.D.St.Theresa's Autonomous College for Women, Eluru Psychology Practicals for the year 2020-2021

GENERAL PSYCHOLOGY

I B.A. I Semester

1. Span of Attention
2. Distraction of Attention
3. Division of Attention
4. Types of imagery

I B.A. II Semester

1. Muller Iyer
2. Horizontal vertical
3. Memory span
4. Whole vs part method

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Psychology Practicals for the year 2020-2021

SOCIAL PSYCHOLOGY

II B.A. III Semester

1. Effect of meaning on Retention
2. Comparison of Recall and Recognition
3. Social Intelligence scale
4. Aggression scale

II B.A. IV Semester

1. Leadership effectiveness
2. Bhatia's battery for performance test
3. Adjustment
4. Educational interest

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Psychology Practicals for the year 2020-2021

CHILD PSYCHOLOGY

III B.A. V Semester

1. Parent Child Relationship
2. Self concept scale
3. Self acceptance inventory
4. Project work

PSYCHOPATHOLOGY

III B.A. V Semester

1. Security-Insecurity
2. Depression Scale
3. Reaction to frustration scale
4. Report – Field Work

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Psychology Practicals for the year 2020-2021

CHILD AND ADOLESCENT PSYCHOLOGY

III B.A. VI Semester

- 1 Extroversion-Introversion
2. A-S reaction study
3. Self Actualization
4. Report – Field Work

PSYCHOPATHOLOGY

III B.A. VI Semester

1. Anxiety
2. Confidence
3. Loneliness
4. Report – Field Work