Resources

If you have any questions, or if there is anything you need, please feel free to reach out to Claire Nyi or (573)214-3250 ext. 49453.

LANGE MIDDLE SCHOOL
2201 Smiley Lane
Columbia, MO 65202
(573) 214-3250
Fax (573) 214-3251

Powerful, Fearless, Intelligent ***COLUMBIA PUBLIC SCHOOLS***

Dr. Dominique Falls, *Principal*
Dr. Rhonda Jackson, *Assistant Principal*
Dr. Lavetta Posey-Glover, *Assistant Principal*
Tim Gardner, Home School Communicator

Dear Students and Families,

Getting enough healthy food is important to being able to learn and grow. To help, our school is participating in the School Pantry Program through The Food Bank for Central & Northeast Missouri. This program is intended specifically for students and their families, and our School Pantry is available to any student enrolled in our school.

Our school stocks the pantry with items from The Food Bank. Food that is typically available includes canned entrées (such as soup or ravioli), tuna, canned veggies, pasta and pasta sauce, fruit cups, peanut butter and jelly, boxed and individually packaged cereal, snack items (such as granola bars) and Hamburger Helper. Some food items are packaged individually for use by the student, while other items can be prepared at home for a family. Students are encouraged to access free food items from the School Pantry on an as-needed basis and may choose items that interest them from what is available.

Our School Pantry is hosted in an area of the school that allows for privacy, so students can select their food discreetly. Interested in using the School Pantry? Students or parents are invited to reach out to the school counselors at any point throughout the year. Thank you for allowing us to serve your family!

If you have any questions about the School Pantry program, please feel free to contact our Outreach Counselor, Claire Nyi at 573-214-3250.

Resources

BOONE COUNTY
FOOD RESOURCES

FOOD AT NO COST FOR THOSE IN NEED.

Pantries

The Food Bank Market, 705 Business Loop 70 W, Columbia T 60+ VIP
- Tuesday-Friday: 10 a.m.-4 p.m.
- Saturday: 10 a.m.-2 p.m.

Hogan House, 313 Hogan Dr, Columbia
- Sunday: 1-3 p.m.

Progressive Missionary Food Pantry, 702 Banks Ave, Columbia
- 1st and 3rd Tuesday of each month: 1-3 p.m.

Sturgeon Ministerial Alliance Pantry, 101 E. Smith St, Sturgeon
- 1st and 3rd Saturday: 9-11 a.m.

Seventh-Day Adventist Food Pantry, 320 W. Highway 22, Centralia
- 2nd and 3rd Monday of each month: 9 a.m.-2 p.m.

Russell Chapel Food Pantry, 108 E. Ash St, Columbia
- 2nd and 4th Saturday of each month: 10 a.m.-Noon

Destiny Worship Center Food Pantry, 4914 Prairie Ridge St, Columbia
- 2nd Saturday of each month: 10 a.m.-Noon.

Hallsville Food Pantry, 115 Elizabeth St, Hallsville
- 4th Tuesday: 3:30-5:30 p.m.

Powerhouse Community Development Corp., 601 Business Loop 70 W, Suite 204, Columbia
- Emergency food box available Monday-Friday: 9 a.m.-5 p.m.

Columbia Housing Authority, Annie Fisher Food Pantry, 1201 Paquin Tower, Columbia *(Housing Authority residents only)*
- Wednesday: 9 a.m.-4 p.m.

Voluntary Action Center, 403A Vandiver Dr, Columbia
- Monday, Tuesday, Thursday, Friday: 9 a.m.-Noon and 1-4 p.m. (walk-ins)
- Wednesday 9 a.m.-12 p.m. and 1-4 p.m. (appointments)

T TEFAP VIP Veteran Pack
Evening/Weekend 60+ CSFP Senior Box

This institution is an equal opportunity provider.

THE FOOD BANK FOR CENTRAL & NORTHEAST MISSOURI

Resources

Columbia Square Town Homes, 1715 West Worley St, Suite C, Columbia *(Residents only)*

- Monday-Friday: 10 a.m.-2 p.m.

Tiger Pantry, 299 Hitt St. Garage, Columbia *(MU students, faculty & staff or MU Health Care only; Summer hours vary)*

- Tuesday and Wednesday: 4:30-6:30 p.m.
- Sunday: Noon-2:00 p.m.

Turning Point Day Center, 702 Wilkes Blvd., Columbia *(Day Shelter)*

- Monday-Friday: Snacks 7:30 a.m. - 3:30 p.m.

Meal Sites

Salvation Army - Harbor House, 302 N. Ann St, Columbia

- Daily: Noon-1 p.m.

Loaves and Fishes, 1509 Ashley St, Columbia (*not a Food Bank Partner*)

- Daily: 4:30 p.m.-5:45 p.m.

Room at the Inn, 1509 Ashley St, Columbia (*Overnight shelter; Must stay the night to receive meals*)

- Daily: Light Dinner 6:30 -7:30 p.m.; Breakfast 6:30-7:30 a.m.

Aging Best, 201 West Broadway, Suite 1E, Columbia *(Meal delivery for Seniors)*

- Call (800) 369-5211 to learn more

Mobile Pantries

Elks Lodge Mobile Pantry, 4747 E. Elk Park Dr, Columbia

- 3rd Tuesday of each month: 3:30-5:30 p.m.

Ashland Baptist Church Mobile Pantry, 203 E. Broadway, Ashland

- 3rd Tuesday of each month: 3-6 p.m.

Broadway Christian Mobile Pantry, 2601 W. Broadway, Columbia

- 4th Wednesday of each month: 4-6 p.m.

Dates and times are subject to change. For the most up-to-date information, view our Mobile Pantry Calendar: www.sharefoodbringhope.org/mobilepantries

Need assistance with SNAP? Have another question? ***Call The Food Bank at (573) 474-1020 or visit our website at www.sharefoodbringhope.org***

TEFAP VIP Veteran Pack
Evening/Weekend 60+ CSFP Senior Box

Resources

WHERE TO GET FOOD

We're here to help anyone who needs it. If you're hungry, come get food.

Hours and locations of Food Bank partner agencies in Boone County:

Central Pantry, 1007 Big Bear Blvd., Columbia
- Tuesday-Friday, 10 a.m.-4 p.m.
- Saturday, 10 a.m.-2 p.m.

Progressive Missionary Food Pantry, 702 Banks Ave., Columbia
- Every other Tuesday, 1-3 p.m.

Sturgeon Area Ministerial Alliance Food Pantry, 101 E. Smith St., Sturgeon
- First and third Saturday, 9-11 a.m.

Russell Chapel Food Pantry, 108 E. Ash St., Columbia
- Every second and fourth Saturday, 11 a.m.-1 p.m.

Salvation Army — Columbia, 1108 W. Ash St., Columbia
- Every Monday, Tuesday, Thursday and Friday, noon-2 p.m.

Hallsville Food Pantry, 15 Elizabeth St., Hallsville
- Fourth Tuesday, 4-6 p.m.

Seventh Day Adventist Food Pantry, 320 W. Hwy 22, Centralia
- Second and third Monday, 9 a.m.-2 p.m.

Voluntary Action Center, 403 A Vandiver Drive, Columbia
- Emergency pantry, only available if participant has been to Central Pantry first
- Monday-Friday, 9 a.m.-noon and 1-4 p.m.

Destiny Worship Center Food Pantry, 4914 Prairie Ridge St., Columbia
- First and third Saturday, 10 a.m.-2 p.m.

Columbia Square Town Homes, 1715 W. Worley, Suite C, Columbia
- Monday-Friday, 10 a.m.-2 p.m.

Tiger Pantry, 299 Hitt Street garage, Columbia
- Only available to MU students and staff
- Tuesday and Wednesday, 4:30-6:30 p.m.
- Saturday, 10 a.m.-2 p.m.

Mobile Pantries

Boone County Health Department, 1005 W. Worley St., Columbia
- Fourth Wednesday, 4-6 p.m.

Ashland Baptist Church, 203 E. Broadway, Ashland
- Third Tuesday, 3-6:30 p.m.

Resources

Lange Middle School
SCHOOL MARKET

What is a School Market?

Our school market shares food with students and their families at no cost. Those picking up food can choose items that will work for their household, including many ingredients that can help create fulfilling meals for the whole family.

Cereal, shelf-stable milk, canned fruits & vegetables, proteins like tuna or canned chicken, meal kits, soups and more may occasionally be available at the market. Snacks and hygiene items are also available at times for students.

The school market is open to anyone. **There are no requirements to receive food.**



HOW TO USE YOUR SCHOOL MARKET:

Students of families can reach out to any Counselor and request food or hygiene products that are available in the School Market.
There are no limits to how many times you can visit the school market.

Questions?

If you have any questions about the School Market program, reach out to our Market Coordinator!

Resources

2-1-1

Get Connected. Get Help.™

THE FIRST MOST ESSENTIAL RESOURCE FOR ANYONE WHO NEEDS HELP

The 2-1-1 Helpline is a free service that refers callers to these non-emergency health and human services:

- Housing Assistance:
  Rent Assistance, Utility Assistance, Deposit Assistance
- Clothing
- Counseling
- Employment
- Financial Assistance
- Food Pantries/Meal Sites
- Health Clinics
- Landlord/Tenant Issues
- Seasonal Services:
  Tax Preparation, Holiday Assistance
- Shelters:
  Homeless, Victims of Domestic Violence or Sexual Assault
- Transportation

United Way
United Way
Of South Central Nebraska

DIAL: **2-1-1**
TEXT: **898211**
VISIT: **ne211.org**

Resources