

WIM Reading Resources

Alzheimer's Association: Women and Alzheimer's -

<https://www.alz.org/alzheimers-dementia/how-alzheimers-impacts-different-groups/women>

McKinsey Health Institute / World Economic Forum: Closing the Women's Health Gap; Blueprint to Close the Women's Health Gap. -

<https://www.weforum.org/publications/blueprint-to-close-the-women-s-health-gap-how-to-improve-lives-and-economies-for-all>

NIH Office of Research on Women's Health: Sex as a Biological Variable; Inclusion Policies - <https://orwh.od.nih.gov/sex-as-biological-variable>

JAMA Internal Medicine (2020): Representation of Women in Cardiovascular Clinical Trial Leadership -

<https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2769766>

JAMA Network Open (2021): Proportion of Women and Reporting of Outcomes by Sex in Clinical Trials for Alzheimer Disease — 56 RCTs, 39,575 participants -

<https://pubmed.ncbi.nlm.nih.gov/34515784>

JAMA Neurology (2021): Sex Disparities in Enrollment in Recent Randomized Clinical Trials of Acute Stroke — 115 RCTs, 121,105 participants -

<https://jamanetwork.com/journals/jamaneurology/fullarticle/2778649>

JAMA Internal Medicine (2023): Gender Gap in Leadership of Clinical Trials -

<https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2811101>

NIH Research Matters (2024): Understanding sex differences in autoimmune disease - <https://www.nih.gov/news-events/nih-research-matters/understanding-sex-differences-autoimmune-disease>

NIH Data Book (2025): Principal Investigators Funded by Grant Mechanism and Sex - <https://report.nih.gov/nihdatabook/report/305>

Contemporary Clinical Trials Communications (2025): Representation and career trajectories of female PIs, 2010–2023 - <https://pubmed.ncbi.nlm.nih.gov/41281975>

JAMA Network Open (2025): Gender Diversity of Research Teams and Clinical Trial Enrollment - <https://jamanetwork.com/journals/jamanetworkopen/fullarticle/2840278>

American Heart Association: 2026 Heart Disease & Stroke Statistics — Females and CVD - <https://www.ahajournals.org/doi/10.1161/CIR.0000000000001412>