

## ***THE WAR MODE DAY PLANNER***

✓/✗	Task List For The Day
1. ✓	Out of bed; immediately take the cold shower
2. ✓	100 pushups
3. ✓	Check all messages and notifications
4. ✓	Money-making work (Work with dad, client work, etc.)
5. ✓	Practice driving/ handle car BS
6. ✗	Upwork/ study bootcamp
7. ✓	Study at church
8. ✓	End the day at 200 pushups
9. ✓	Purify
10. ✓	All food tracked; hit protein goal, and all supps taken
11. ✓	Send the sheet to TG, TRW, and Platoon. Plan tomorrow.
12. ✗	Lifted heavy things - abs

🙏	🙏 <b>3 Things That I Am Grateful For/ Grateful To Have In My Life</b> 🙏
1.	<b>I am grateful for the rides I receive</b>
2.	<b>I am grateful for finding a car</b>
3.	<b>I am grateful for the stress</b>

## **MY HOURLY WAR PLAN**

<b>\$ Task:</b>	<b>\$ Task = Set The Task That I Intend To Complete This Hour?</b>
<b>🔪 Reflection:</b>	<b>🔪 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

<b>5 am: Task</b> 💰	
<b>Reflection</b> ✍️	

<b>6 am: Task</b> 💰	<b>start the day and go to work until 3</b>
<b>Reflection</b> ✍️	<b>did so</b>

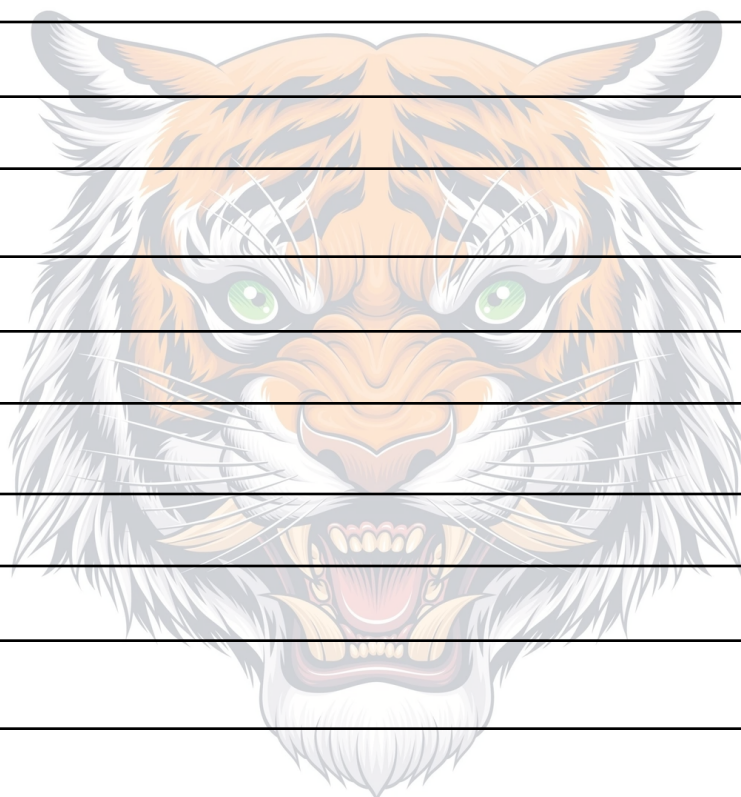
<b>7 am: Task</b> 💰	
<b>Reflection</b> ✍️	

<b>8 am: Task</b> 💰	
<b>Reflection</b> ✍️	

<b>9 am: Task</b> 💰	
<b>Reflection</b> ✍️	

<b>10 am: Task</b> 💰	
<b>Reflection</b> ✍️	

<b>11 am: Task</b> 💰	
<b>Reflection</b> ✍️	



<b>12 am: Task</b> \$	
<b>Reflection</b> ✎	
<b>1 pm: Task</b> \$	
<b>Reflection</b> ✎	
<b>2 pm: Task</b> \$	
<b>Reflection</b> ✎	
<b>3 pm: Task</b> \$	<b>come home, study</b>
<b>Reflection</b> ✎	<b>did so</b>
<b>4 pm: Task</b> \$	<b>study</b>
<b>Reflection</b> ✎	<b>did so; ate</b>
<b>5 pm: Task</b> \$	<b>head to church</b>
<b>Reflection</b> ✎	<b>did so</b>
<b>6 pm: Task</b> \$	<b>purify and work until 10</b>
<b>Reflection</b> ✎	<b>did so</b>
<b>7 pm: Task</b> \$	

<b>Reflection</b> ✎	
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<b>8 pm: Task</b> \$	
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<b>Reflection</b> ✎	
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<b>9 pm: Task</b> \$	
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<b>Reflection</b> ✎	
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<b>10 pm: Task</b> \$	<b>come home and pass out</b>
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<b>Reflection</b> ✎	<b>did so</b>
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<b>11 pm: Task</b> \$	
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<b>Reflection</b> ✎	
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