ADC510: Group Counseling

Instructor & Contact Information

The People tab in Canvas provides information on the course instructor and you can send a message to your instructor following these instructions. Faculty are expected to: 1) grade and return assignments, with feedback, within 7 days from the date of submission; 2) reply to your Canvas messages within 72 hours; 3) reply several times each week in total in the discussion forums (not to each individual student); and 4) demonstrate the core values of City Vision University.

Course Description

This course provides an introduction to the theory and practice of group counseling with a particular focus on groups for addiction recovery. Students will learn about the different types of groups used in counseling, including psychoeducational, support, and process groups. The course will cover the stages of group development, group dynamics, leadership styles, and ethical and legal issues in group counseling. Through readings, case studies, and experiential learning activities, students will develop practical skills in facilitating group sessions, building rapport, managing conflicts, and promoting positive group interactions. Overall, this course aims to prepare students for effective group counseling practice, equipping them with the knowledge and skills needed to work with diverse populations and facilitate positive change in group settings. Students will be trained in unique Christian approaches to group counseling to use in appropriate contexts.

Required Texts

These are the required resources that every student should obtain.

- Corey, M. S., Corey, G., & Corey, C. (2017). Groups: Process and Practice (10th edition). Cengage Learning.
- EdD, J. P. H., Hook, J. N., & PhD, D. E. D. (2017). Helping Groups Heal: Leading Groups in the Process of Transformation (First edition). Templeton Press.
- Velasquez, M. M., Crouch, C., Stephens, N. S., & DiClemente, C. C. (2015). Group Treatment for Substance Abuse: A Stages-of-Change Therapy Manual (Second edition). The Guilford Press.

Guidelines for Written Work

All written work must follow our Writing Format and Forum Requirements. You **must** read these to understand how to cite sources appropriately.

Critical Policies to Read for This Course

Note: These policies are critical for all students to read. In case of change, we have linked to the versions on our website to make sure you have the latest version.

- **Grading Scale**
- **Deadlines to Drop Courses**
- **Attendance, Late Policy and Extensions**
- **Technology Requirements for Courses**
- **Standards of Academic Integrity & Plagiarism Policy**
- **What plagiarism is and how to avoid it**
- **Credit Hour Policy, Grading Policy and Other Academic Policies**
- **ADA Policy, Learning Accommodations & Disabilities Services**
- **Student Code of Conduct**
- **Library Services**

Additional Policies:

- **Privacy Policy**
- **Consumer Disclosures**
- **Additional policies are listed in our catalog**

This syllabus is subject to change without notice up until the first day of the semester. Last updated: March 2, 2023.