

MMS Physical Education Syllabus 7/8th grade

Class Description:

I am excited and looking forward to having your son/daughter in my PE class this year. The goal of this class is to learn a variety of skills in order to participate in individual, team sport and personal fitness. My hope is that students will learn and develop the skills and knowledge necessary to make physical fitness part of an everyday schedule and live a healthy and active lifestyle.

Required Materials:

1. **Attire Policy:** Dress appropriately for PE class in a MMS PE shirt, black athletic shorts, lace-up shoes and socks. If necessary based on weather, students are allowed to wear sweatshirts and sweatpants.
 - a. For student safety, no boots, crocs, hey dudes or open toed shoes are allowed in class. Failure to do so will result in loss of points.
2. **Locker/ Lock Policy:** Locks and lockers will be issued to each student. All clothes, bags, and valuables should be locked up at **all times**. Do not share your combination with anyone. If you lose your lock, report it to a teacher so you can get a new one. There will be a charge for lost locks. **We are not responsible for any lost or stolen items.**

Grading:

Grades will be based on daily points (sitting down and participation), assessments in PE and health (heart rate monitor files, assignments, and tests in health). Students can earn up to 2 points daily. Additionally, students will earn points based on effort during heart rate monitored activities.

A=100.00-93.00 B=92.99-85.00 C=84.99-77.00 D=76.99-69.00 F=68.99-0.00

Injuries and Illnesses:

- Students will not have to make up days if they provide their teacher with a medical release from a doctor.
- If a student cannot participate in PE that day a note/email/phone call must be provided from their parent/guardian. This will excuse them for the day and also gives them the opportunity to make up those points missed by the student doing a make-up sheet provided by their teacher. **Note: A parent note can only be used for 3 days then a doctor's note is needed.**

Make-up work:

- If a student misses a unit day (basketball, soccer, frisbee, etc.) Make-ups must be turned in within one week (5 school days) of the missed participation unless otherwise coordinated with your teacher.

We are looking forward to a great year!

Keri Armstrong

Jackson Burkhart

Kathy Delvo

Sid Peterson

MMS PHYSICAL EDUCATION SYLLABUS
(PLEASE RETURN SIGNATURE PAGE TO YOUR TEACHER)

We understand the expectations of how to be successful in a Morgan Middle School Physical Education class. We understand the expectations for participation, make-up work, acceptable clothing and the nonsuit policy and will do our best to communicate with the teacher.

Please sign below,

Thank you,

Student name _____ Student Signature _____

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Parent name _____ Parent Signature _____

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See other side

MORGAN MIDDLE SCHOOL
401 E 1ST ST.
ELLENSBURG, WA 98926

Physical Education:
Dear Parent/Guardian

Your student is currently enrolled in PE at Morgan Middle School. This year, we will conduct off campus activities that will require your permission. We occasionally go off campus to conduct physical exercise including bicycling, jogging and hiking. We observe all safety procedures and rules regarding the use of the road for our activities.

Please complete the permission form and have your student return to their PE teacher as soon as possible. If you have any questions, please feel free to contact me at Morgan Middle School (509.925.8200).

Sincerely,
Keri Armstrong, Jackson Burkhart, Kathy Delvo, Lori Leach and Sid Peterson

PERMISSION FORM
MORGAN MIDDLE SCHOOL

Parent/Guardian Field Trip Permission Form

I give permission for my student, _____ to leave campus for PE activities. I understand that all trips will be supervised and that safety procedures will be followed.

Print Name _____ Signature _____