Sample AI Declaration

Put a check next to one of the statements below.

_____ I did not use AI for any part of this assignment.

__✔__ I used AI for parts of this assignment.

If you used AI, please answer the questions below.

1. Which tool(s) did you use, and for what purpose?

   - I used ChatGPT (free version, reasoning model) to come up with ideas for deliverables for my project.

   - I later used Claude (free version) to refine my writing so that I could achieve the "outstanding grammar" required in the "Exceeds Expectations" column of the assignment rubric.

2. Please copy and paste the prompt(s) you used:

   Prompt for ChatGPT:
   "I'm working with Bob Bahan Fitness Centre in Calgary, Alberta as part of my Health and Physical Education third year practicum. The population of interest is older adults, and the goal is to help them become more active through the programming at the centre. Another key goal is to increase social and emotional health through community building. What would be a deliverable for a practicum project that I only have 6 weeks to implement? It should be something the centre can benefit from in the longer term."

   Prompt for Claude:
   "Identify places in the following text where grammar is not accurate, giving me an idea of what is wrong with the grammar. Do not fix the grammar for me."

3. Describe in detail how you used the AI output. (What did you keep, what did you change, what did you discard, and why?)

   - ChatGPT's output was a detailed description of a "Senior Active-Social Engagement Toolkit," which it suggested should include a session-by-session guide, a facilitator's handbook, a marketing kit, a participant workbook, and an evaluation framework. These elements are consistent with what I have learned in my program planning course, so I will use this structure as a starting place. I notice that the toolkit doesn't mention collaboration with my practicum agency, so I will incorporate that into my proposal before submitting it.

   - The prompt I used to get Claude to help me identify inaccurate grammar mostly worked. In some cases, I wasn't able to fix the grammar myself, so I prompted Claude to fix it for me and provide me with an explanation. I believe that if I keep using this technique, I will improve my ability to write accurately. I admit that at a certain point, when I was running out of time, I just fixed the mistakes without paying much attention to the explanation. I acknowledge that this won't help me become able to fix the grammar myself in the future.