

Motivational Interviewing Learning Links

MI Instructional Videos

- Motivational Interviewing by Psychwire - playlist of 11 brief didactic videos:
<https://youtube.com/playlist?list=PLffBXI4nwQ4gdfX3L2nloziobaRdwCWSy&si=hNrU9fo9NPSJCQWE>
- “Bill Miller - On Change Talk” (MI in Leadership and Organizations, 11 min):
<https://www.youtube.com/watch?v=YlhMsTdZMVM>

MI Demonstration Videos

- “Motivational Interviewing with Survivors of Intimate Partner Violence: Session 1 of 3” (Denise Ernst MI demonstration, 23 min):
https://youtu.be/P3JUXQ4kkHs?si=KvDnGvS2Zj_qyyOQ
- “Motivational interviewing in brief consultations | BMJ Learning” (Stephen Rollnick with a client expressing discord and links to a free MI BMJ Learning course, 7 min):
<https://youtu.be/bTRRNWrwRCO?si=9Hro4js17XEsX4Su>
- “The Silent Man MI CC” (Bill Miller with a low verbal client, 9 min):
<https://youtu.be/hHldb6vuh-c?si=rJdft75Tgd-g7dGZ>
- “The Rounder” (Terri Moyers with a mandated client, but this YouTube video might not have appropriate permissions, 16 min):
<https://youtu.be/b8C1jQe0FZE?si=R5y2qluVZqP641XU>

MI Reading List & References

- [B&B MI Literature Review / Annotated Bib](#)

MI Values Card Sorts (a helpful tool for structured values exploration; Miller & Rollnick, 2023, p. 163-167)

- Original (2001) [values cards](#) for printing/cutting out with three response options
- Newer [2011 version](#) with more response options and instructions
- Online versions:
 - <https://www.valuescardsort.com/>
 - https://sakai.ohsu.edu/access/content/group/Kathlynn_Tutorials/public/Value%20Card%20Sort%20Exercise%20-%20Storyline%20output/story_html5.html
 - <https://www.think2perform.com/values/>

MI Trainers

These professionals can provide quality MI training workshops, skills coaching, fidelity monitoring, and additional resources for MI learning, dissemination, and organizational implementation:

- [Brewer & Bristow Training](#) / Onna Brewer, PhD (onna@brewerbristow.com) & Margo Bristow, LPC (margo@brewerbristow.com)
- [Motivational Interviewing Network of Trainers](#)