

3A Southeast

Name	School	Grade
Ashley Beary	Albia	12
Sydney Hoskins	Albia	11
Emily Waters	Anamosa	12
Kiera Klum	Centerville	11
Shanna Buford	Central Lee	11
Haddon Anderson	Chariton	12
Layne Braby	Chariton	12
Madeline Barker	Davis County	12
Sophia Young	Davis County	12
Coty Engle	Fairfield	12
Dakota Mitchell	Mid-Prairie	10
Ella Greiner	Washington	10
Leighton Salazar	Washington	9
Lauren Summers	West Burlington	12
Pearson Hall	West Liberty	10

Coach of the Year: Zach Dunlavy, Davis County

3A Central

Name	School	Grade
Reagan Haynes	Algona	8
Annika Nelson	Clear Lake	12
Kaleigh Friend	Des Moines Christian	12
Katie Quick	Des Moines Christian	10
Emma Hoyle	Greene County	12
Olivia Shannon	Greene County	12
Gretta Dodd	Grinnell	12
Ella Grife	Grinnell	12
Rhiannon Rees	Grinnell	9
Elsie Hubbell	Humboldt	10
Paige Opheim	Humboldt	9
Paige Steenhoek	PCM	12
Reagan Faber	Roland-Story	12
Dakota Lake	Saydel	12
Ryley Pecina	Saydel	12
Caydance Sharp	Saydel	12
Ciera Randall	West Marshall	12

Coach of the Year: Marty Van Houten, Saydel

3A Northeast

Name	School	Grade
Leah Maro	Assumption	12
Jessie Wardlow	Assumption	12
Jessa Demoss	Benton	11
Ana Glawe	Benton	10
Emma Townsley	Benton	11
Addison Gookin	Mount Vernon	11
Hayden Gookin	Mount Vernon	8
Hilary Wilson	Solon	12
Addison Murray	Sumner-Fredericksburg	9
Sophia Kreutner	Vinton-Shellsburg	12
Julia Roth	Wahlert Catholic	9
Ruth Tauber	Wahlert Catholic	9
Hayley Vaske	West Delaware	12
Peyton Driscoll	Williamsburg	12
Shannon Finn	Williamsburg	11
Elle Ridgeway	Williamsburg	12

Coach of the Year: Tyler Lang, Wahlert Catholic

3A West

Name	School	Grade
Claire Schroder	Atlantic	9
Lila Wiederstien	Atlantic	9
Jerzee Knight	Clarinda	10
Tatum Dunlavy	Estherville Lincoln Central	11
Hillary Ruschy	Estherville Lincoln Central	10
Rylee Yager	Estherville Lincoln Central	10
Aubrey DeShaw	MOC-Floyd Valley	10
Carolyn Meines	MOC-Floyd Valley	12
Jenna Burdorf	Shenandoah	11
Tatum Schmalbeck	Sioux Center	12
Makenna Walhof	Sioux Center	12
Jordyn Rowley	Southeast Valley	11
Taylor Schneider	Spirit Lake	12
Cassady Dekkers	Unity Christian	12
Jersey Hawf	West Lyon	10
Evy Knoblock	West Lyon	11

Coach of the Year: Megan Anderson, Estherville Lincoln Central