



MYAA RECREATION BASKETBALL

BOYS SENIOR DIVISION RULES

Boys 5th-6th grade

Boys 7th-8th grade

Except, as noted, National Federation High School Basketball Rules shall prevail.

This rule is limited to actual game rules and regulations in accordance with National Federation High School Basketball Rules and is not intended to impose New Jersey High School Rules eligibility and regulations as they apply to off-court activities.

Senior Division:

1. **Boys 5th-6th Division:** Games consist of four 6-minute quarters, with a stop clock. The clock will stop at the 3:00 minute mark of each quarter for mandatory substitutions.
2. **Boys 7th-8th Division:** Games consist of four 7-minute quarters, with a stop clock. The clock will stop at the 3:30 minute mark of each quarter for mandatory substitutions.
3. **Each team with 10 players:** will substitute each player every 3:00/3:30 minute segment to afford equal playing time.
4. **Teams with 9 or less players:** the number of players will dictate the playing time, not the players ability. Substitution is not based on a player's ability, and all players should play an equal amount of time as functionally possible via the 3:00/3:30 minute segment substitution mark.
5. Players will not be penalized or playing time adjusted if they do not attend practice.
6. Each team will be allowed two time-outs per game.
7. Overtime will be 3 minutes, with substitutions at the 1:30 mark. One time out per team per over time period. (no carry over)
8. Defense is allowed at half court, no full court defense until the last 2 minutes of the game.
9. Teams may play man or zone defense.
10. Players will foul out of the game on their 5th personal foul.
11. Teams will shoot 2 shots on the opposing teams 5th team foul of the quarter.
12. Team fouls will reset each quarter.
13. If a team is leading by 20 or more points, the winning team will switch to a more limiting defense. No Full Court Defense will be allowed if a team is leading by 20 or more points. This will allow for a more competitive chance for the losing team. Remember – THIS IS RECREATION BASKETBALL!
14. Only the named coach and one assistant may sit on the bench with the team. All other adults are to sit opposite the team, not behind the bench or stand in the corners of the gym on the bench side. Many adults yelling instructions to the team is confusing to the children and counterproductive.
15. Everyone likes to win, it is the Coaches' responsibility to strike a balance between the two!
16. Please arrive 15 minutes prior to the start time.
17. Please ask parents to keep siblings from running around school.
18. Coaches, PLEASE clean up after your game. The stands and bench area should be clean for the next games. This is an issue with the schools, so please help out!
19. IT IS THE RESPONSIBILITY OF THE COACH TO CONTROL HIS/HER PLAYERS, PARENTS AND FANS. A TECHNICAL FOUL MAY BE ASSESSED UPON AN UNRULY OR ABUSIVE FAN. THIS WILL BE CHARGED TO THE COACH AS A TECHNICAL FOUL. IF A COACH IS EJECTED FOR ANY REASON, HE/SHE WILL BE AUTOMATICALLY SUSPENDED FROM COACHING AND/OR APPEARING AT HIS/HER TEAMS NEXT GAME. THE COMMISSIONER OF THE LEAGUE SHALL RECEIVE A REPORT FROM THE REFEREES REGARDING ANY INCIDENT.
20. Have FUN! This league is about the kids learning the game of basketball in a fun, safe environment.
Thank you for supporting MYAA Basketball.