University of Rhode Island's *Students Take Charge!* Program
Principal Interview Questions

Thank you for having us in your school this year! A quick recap of the *Student's Take Charge!* program: last year, the program was in your 5th grade classrooms. The program included eight lessons on fruits and vegetables (importance, how much to have, why have a variety, etc.) and teaching the students how to be empowered to make changes in their home and school. The program included the students bringing in fruit/vegetable-based recipes from home and then choosing a winning recipe to add to the cafeteria menu. The whole school voted (at Citizens elementary, the recipe was *Cranberry kale Salad*) and agreed that, YES! They would like to have the salad on the menu again.

We appreciate your support with implementing this program to your students. We value your input, would you please answer the following questions about the program.

About this year…

1. What effect, if any, do you feel the program had on the school regarding:
    a. Empowering the students to feel like they can cause change in the school's menu?

    b. Teaching the students how to encourage eating fruits/vegetables to their peers?

    c. Increasing the focus on wellness in the school (i.e. administration and staff embracing wellness in other aspects of the school)?

2. Did this program change your relationship with or perspective of the food service company? How?

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About future use of the program…

3. What was your impression of the food service staff's willingness and enthusiasm to be involved in the program?

    a. Do you think the food service staff would be willing to participate again?

4. What was your impression of the teacher's willingness and enthusiasm to be involved in the program?

    a. Do you think the teacher's would be willing to participate again?

5. If the 5th grade teachers were given this curriculum to implement with next year's students:
    a. Would you support implementing the full 8 lessons?

        i. If you would support implementing the full 8 lessons, please explain **why**.

        ii. If you would not support implementing the full 8 lessons, please explain **why not.**

    b. What changes, if any, would make this program/curriculum easier to implement and maintain in your school?

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6. This year, the students worked on recipe testing and changing their food environment; what other sort of nutrition-related programs would you like to see in the future?

Anything else to add…

7. Please add any other comments, suggestions, and/or concerns about *The Student's Take Charge!* program/curriculum.

Thank you!