

MENTAL HEALTH RESOURCES 2024

EMERGENCY SERVICES - 911

SUICIDE & MENTAL HEALTH CRISIS HOTLINE - 988

24/7 CRISIS TEXT LINE.....741-741

MIDDLE WAY HOUSE 24/7 HELP & CRISIS LINE.....812-336-0846

POISON CONTROL.....800-222-1222

SAMSHA HOTLINE.....1-800-662-4357

LOCAL MENTAL HEALTH PEER SUPPORT

National Alliance for Mental Illness (NAMI).....812-369-3119

Hosts regular, local, in-person and online peer support groups.

Contact: namigreaterbloomingtonarea@gmail.com

<https://namigreaterbloomingtonarea.org/>

Alternative to Suicide Group.....every Wednesday 5-6:30PM

Join a group session at the Banneker Center where you can talk without judgement or fear of being reported.

Contact Amanda: nojudgement416@gmail.com

NATIONAL HOTLINES & TEXT LINES

LGBT National Hotline.....888-843-4564

National Parent Helpline.....855-427-2736

National Runaway Switchboard.....800-621-4000

NAMI Teen & Young Adult HelpLine.....1-800-950-6264

NAMI Text Line..... Text "Friend" to 62640

NAMI Email Helpline.....helpline@nami.org

HEALTH & BEHAVIORAL HEALTH

FSSA Medicaid Hotline.....800-403-0864

Healthcare Navigator Service.....888-531-3004

Hoosier RX (Prescription Drug Program).....866-267-4679

LOCAL MENTAL AND BEHAVIORAL HEALTH

The following providers accept Medicaid and/or Medicare or provide low cost services

Meadows Hospital.....812-331-8000

Acute, Inpatient, and Outpatient Care for Children & Adults

Centerstone.....812-339-1691

www.centerstone.org

IU School of Ed Counseling & Wellness Clinic.....812-856-8302

Outpatient mental health counseling for adults; \$15-20 per session

centgrow@indiana.edu

IU Health Bloomington Behavioral Health.....812-353-3450

Accepts Medicaid. Requires referral from a general practitioner/PHP

FIND A PSYCHOLOGIST OR PSYCHIATRIST

Use the following resources to find a provider (in-person and telehealth)

American Psychiatric Association.....888-357-7924

Search the online database: finder.psychiatry.org

American Psychological Association.....800-374-2721

Search the online database: locator.apa.org

Melanin & Mental Health.....melaninandmentalhealth.com

Connects Black & Latinx communities with culturally competent clinicians

Mental Health America.....www.mha-monroe.com

Find a support group, provider, or take a health screening
Email: hello@mha-monroe.org

Therapy for Latinx.....www.therapyforlatinx.com
A national online database of Latinx therapists

Asian Mental Health Collective.....www.asianmhc.org
Includes a national Asian American Therapist Directory

HOSPITALS & URGENT CARE

IU Health Bloomington Hospital.....812-353-5252
2651 E. Discovery Parkway, Bloomington, IN, 47408

Monroe Hospital.....812-825-1111
4011 S. Monroe Medical Park Blvd, Bloomington, IN, 47403

IU Health Urgent Care Clinic.....812-353-6888
326 S. Woodcrest Drive, Bloomington, IN, 47401

WellNow Urgent Care.....812-778-3116
123 S. Franklin Rd, Bloomington, IN, 47404

GENERAL PRACTITIONER & SPECIALISTS

HealthNet Bloomington.....812-333-4001
811 W. 2nd Street, Bloomington, IN, 47403
Can make referral to behavioral & mental health providers

VETERAN'S CARE

Bloomington VA Outpatient Clinic812-336-5723

CHILD & FAMILY SUPPORT

Milestones Clinical & Health Resources.....812-333-6324

Mental healthcare for children and people with disabilities

Adolescent & Family Counseling.....812-349-2506

Healthy Families Monroe County.....800-822-4888

LOCAL PEER RECOVERY SUPPORT

Alcoholics Anonymous.....area23aa.org

AL-ANON & ALATEEN.....812-323-3771

Peer support group for family members of alcoholics

Local coordinator: district12@indiana-al-anon.org

Students in Recovery at Bloomington.....trlawson@indiana.edu

Recovery support network for IU Bloomington Students

HARM REDUCTION RESOURCES

Indiana Recovery Alliance.....812-353-5252

Harm Reduction Training, Advocacy, and Supplies

Office at 1710 W. 3rd Street, Bloomington, IN, 47404; Has mobile unit

Monroe County Health Department.....812-349-2543

HIV Testing, Naloxone, Healthcare referral, Syringe Exchange

www.co.monroe.in.us