

Welcome to Paramount Adaptive Riding Center!

Thank you for expressing interest in Paramount Adaptive Riding Center's Riding Program.

This letter is a guide to the colorful forms enclosed in this envelope. If at any step of the way you have a question, please feel free to contact us! We will be happy to assist you.

How do I start? Please return all of the forms enclosed in the packet, completed to the best of your ability, as soon as possible. Paramount Instructors cannot reserve your spot in the lesson program until your paperwork is complete, and you have been approved for equine activities.

Why would a participant NOT be approved for involvement in equine activities? There are several contraindications (medical reasons that prohibit participation) for participating in equine activities. Your physician and the Paramount Instructors will discuss precautions and benefits of such activities. A few examples of contraindications are listed on the blue physician letter.

How is it possible to be approved by a physician but not Paramount ARC? Paramount does not discriminate against race, gender, sexuality, religion or nationality. Paramount accepts students based upon the organization's ability to meet the needs of the participant. In order to provide the most rewarding experience, Paramount can only accept students for which it has the appropriate horses, staff and volunteers. Each person to apply to Paramount's Adaptive Riding Program is different. It is not always possible to meet the specific needs of every individual. If Paramount does not have the appropriate horses, staff, or equipment for a participant, recommendations can be made to other reputable programs that may be better equipped.

Enclosed are forms that will need to be filled out by a responsible party, and returned to Paramount ARC in order to begin the equestrian experience.

- ☐ Authorization for Emergency Medical Treatment- WHITE FRONT
- ☐ Release of Liability-WHITE BACK
- ☐ Participant's Application and Health History Packet- ORANGE
- ☐ Riding Lesson Contract- PINK
- ☐ Physician Letter- BLUE

Why all the paperwork? The participant's health information and physician's statement are crucial to designing a personalized therapeutic riding program. Participant's needs and abilities are assessed before the riding experience and on an on-going basis. The instructors tailor the lessons to promote the most successful outcome for each student. The Paramount Instructors will be happy to assist you with gathering relevant health information from doctors, therapists and teachers.

