

This week's curated grocery deals - Sales for Sep 19th – Sep 25th, 2024

It's your friendly neighborhood deal hunter back at it again with your weekly grocery deals.

Farm Boy - Not worth the drive for one single deal

- **Fresh Chicken Drumsticks (skin-on, air-chilled) \$3/lb:** Same price as Sobeys
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Food Basics

- **Extra Lean Ground Beef Family Pack - \$4.88/lb:** Good price for extra lean ground beef.
- **Red Onions - \$3.88/3 lb:** Decent price
- **Greenhouse Grape Tomatoes - \$3.88/1.5 lb:**
- **Gala, McIntosh, or Ambrosia Apples - \$0.77/lb:** Same price as Walmart
- **Selection Unsalted Butter (454 g) - \$4.75 each:** Average price
- **Packed Sweet Corn - \$2.88/4 units per package:** Good deal.
- **Sweet Assorted Peppers - \$2.88/4 units per package:** Decent price

- **Kraft Smooth Peanut Butter \$5.77/1 Kg:** Good price, but not a healthy option. Check the ingredients.(Homemade is healthier and cheaper)
 - **Black Diamond Old Cheddar Cheese \$4.99/400g:**Price has increased slightly since last week, it was \$4.44.
 - **Clover LEAF® Solid White Albacore Tuna in Water, 170 g - \$2.49:** Great deal compared to other stores. (Over \$3.77)
 - **Cashmere Toilet Paper, Hypoallergenic and Septic Safe, 24 Double Rolls = 48 Single - \$9.98:** \$9.87 at Walmart, but convenient if you're already shopping here.
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Freshco (price matching) -

- **Mina Halal Air-Chilled Whole Chicken, Drumsticks or Thighs 1.2-1.7 kg - \$9.77:** Good deal, every store is having a chicken deal.
- **Avocados 5 pk - \$2.77:** Less than \$1, excellent price.
- **McIntosh or Gala Apples Product of Ontario Canada Extra Fancy - \$0.77/lb:** Same deal as other stores.
- **Becel Plant Butter Bricks 454g - \$1.77:** Use a \$2 coupon on Websaver to take it for FREE.
- **India Gate Basmati Rice 4.54 kg - \$11.77:** Good price for basmati rice.
- **Mazola Corn or Canola Oil 2.84 L - \$8.77:** Decent price for oil.



- **Compliments Extra Large Eggs 12 pk - \$3.77:** Good deal on eggs.
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No Frills (price matching)

- **Chicken Leg with Bone, Club Pack - \$1.77 per lb:** Can't miss deal on chicken legs. Two weeks in a row.
 - **Avocados Bag, 5-Pack - \$2.77:** Good price for avocados.
 - **Orchard Run Gala Apples - \$0.69/lb:** Great price for apples.
 - **Gay Lea Salted Butter 454 g - \$4.77:** Good deal, but not as good as Freshco's deal.
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Real Canadian Superstore (price matching)

- **Chicken Breast Skinless Bone or Halal Chicken Breast - \$4.66/lb:**
 - **Beef Blade Simmering Steak, Boneless, Club Pack - \$8.99/lb:**
Average price.
 - **Steelhead Trout Fillet Club Pack - \$9.99/lb:** Good price
 - **Broccoli or Lettuce Iceberg - \$1:** Good price.
 - **Mango - \$1/each:** Pass. Not a good deal.
 - **Bertolli Extra Light Taste Olive Oil - \$19.99/l:** Very expensive. Pass
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Sobeys - Finally some "deals"

- **COMPLIMENTS Fresh AIR-CHILLED Whole Chicken, Thighs Family Size or Drumsticks Family Size - \$3 per lb:** Good deal on chicken.
 - **Fresh Salmon Portions - \$3/lb skin on 113 g:** Decent price for salmon.
 - **Cortland, Empire, Spartan, McIntosh or Ginger Gold Apples \$0.77/lb:** Good price for apples. Same price as other stores.
 - **Fresh Regular Ground Beef \$5/lb:** Average price, Food Basics has the Extra Lean at 4.88/lb
 - **Large Red Mangoes or Large Avocados \$4 for 2:** Nope, expensive.
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Walmart

- **Wild Wonders Tomatoes \$4.97/Each.:** Great price compared to other stores.
- **White Cauliflower \$1.44:** Good deal
- **Great Value Butter - Salted or Unsalted \$4.77 (Limit of 4):** Good deal
- **Saporito Extra Virgin Olive Oil \$11.99/1L:** Good deal compared to other stores.
- **Robin Hood Flour or Five Roses Flour \$11.97:** Consistent deal. Two weeks in a row.
- **Gray Ridge White Eggs 30 Pack Medium, 30 Count \$7.97 :** Cheaper than Costco but different brand.
- **Cashmere Toilet Paper, Hypoallergenic and Septic Safe, 24 Double Rolls = 48 Single \$9.87:** You will save \$10.10 that's a 50% OFF.

See you next Wednesday 😊
