

Basic/Essential Needs Resources List

Housing

[Center for Survivors Safe Place Shelter](#)

 [University Health and Wellbeing](#)

 517-355-3551

[Off-Campus Life at MSU](#)

 [Contact Form](#)

 556 E Circle Dr.
East Lansing, MI 48824

 CSR@msu.edu

[Residence Education and Housing Services](#)

 517-884-5483

 1855 Place
550 S. Harrison Rd., Second Floor
East Lansing, MI 48823

 liveon@msu.edu

[Student Parent Resource Center](#)

 517-432-3745

 1199 Garden City Rd., Room 107
East Lansing, MI 48823

 sprc@msu.edu

Greater Lansing Housing Resources

[Advent House](#)



517-485-4722



743 Martin Luther King Blvd.
Lansing, MI 48915

[Capital Area Community Services](#)



517-393-7077



1301 Rensen St.
Lansing, MI 48910

[Lansing Housing Commission](#)



517-487-6550



419 Cherry Street,
Lansing, Michigan 48933

[Loaves and Fishes Transitional Housing](#)



517-487-6550



831 N. Sycamore St.
Lansing, MI 48906

[Volunteers of America](#)



517-484-4414



430 N. Larch St.
Lansing, Michigan 48912

Food & Nutrition

MSU Food Bank and Basic Needs

 [University Health and Wellbeing](#)

 517-432-5136

 foodbank@msu.edu

-  Spartan Shelf-Olin (Grocery Pick-Up)
Olin Health Center, Room 151 (First Floor)
-  Spartan Shelf-Union (Self-Shop Market)
MSU Union, Room 25 (Ground Level)

Greater Lansing Food Bank

 517-853-7800

 5600 Food Ct.,
Bath Township, MI 48808

 [Pantry & Distribution Locator](#)

MI Food Assistance

 [Applying for Assistance](#)

 [MI Food Assistance Eligibility](#)

Finances

Office of Financial Aid



517-353-5940



onestop@msu.edu



Spartan One-Stop

Hannah Administration Building

426 Auditorium Rd., Room 140 (First Floor)

East Lansing, MI 48824

Scholarships and Grants



[MSU Scholarship Database](#)



[Commonly Awarded Grants](#)



onestop@msu.edu



Spartan One-Stop

Hannah Administration Building

426 Auditorium Rd., Room 140 (First Floor)

East Lansing, MI 48824

Support Our Spartans (SOS) Emergency Fund



[SOS Emergency Fund Application](#)



517-353-5940



[Contact Form](#)

Federal Work Study



517-353-4434



SolutionsCenter@msu.edu

Campus-Based Mental Health

Students in Crisis

Immediate Danger: MSU Police & Public Safety 9-1-1

-  Unsure of Risk and need to connect student with counselor: **517-855-8270, Press 1**
-  [Care and Intervention Team referral form](#)
-  [24/7 MSU Interpersonal Violence Crisis Hotline](#): 517-376-6666
-  [Center for Survivors Sexual Assault Healthcare Program, University Health and Wellbeing](#)
(24/7): 517-353-2700
-  [Center for Survivors Safe Place Shelter, University Health and Wellbeing](#): 517-355-3551
-  24/7 Campus Health Services Nurse, University Health and Wellbeing: 517-353-5557

Counseling and Psychological Services, University Health and Wellbeing

-  517-355-8270
-  Olin Health Center, 3rd Floor
463 East Circle Dr.
East Lansing, MI 48824
-  [Online Appointment Scheduling](#)
-  [CAPS Connect](#)

MSU Thriving Campus

-  [Find a therapist that works with college students](#)

Greater Lansing Mental Health Resources

Care Free Medical, Inc.



517-887-5922



1115 S. Pennsylvania Ave, Suite 101
Lansing, MI 48912

Community Mental Health Crisis Services



517-346-8318



812 E Jolly Rd,
Lansing, MI 48910



Call or Walk-In 24 Hours

Cristo Rey Counseling Center



517-372-4700 ext. 140



1717 N. High Street
Lansing, MI 48906

Justice in Mental Health Organization



517-371-4661



520 Cherry Street,
Lansing, Michigan 48933

University Health & Wellbeing

University Health & Wellbeing



517-355-1855



[Health and Wellbeing Services](#)



[Crisis and Emergency Assistance](#)

Fitness and Nutrition



[SPARTANfit](#)



[Nutrition](#)

Health Promotion



[Alcohol and Other Drugs \(AOD\)](#)



[Collegiate Recovery Community \(CRC\)](#)



[Sexual Wellness](#)



[Spartan Resilience Education](#)

Campus Health Services



517-353-4660



olin@msu.edu



Olin Health Center

463 E. Circle Dr.

East Lansing, MI 48824

Center for Survivors



517-355-3551



Sexual Healthcare Program: 517-353-2700



Crisis Hotline: 517-372-6666



Student Services Bldg

556 E. Circle Dr, Suite 207

East Lansing, MI 48824

Resource Center for Persons with Disabilities

 517-884-7273

 rcpd@msu.edu

 Bessey Hall
434 Farm Ln., #120
East Lansing, MI 48824

Greater Lansing Physical Health Resources

Primary Care Providers

 [University of Michigan Health-Sparrow Primary Care Practices Finder](#)

 [McLaren Health Care Primary Care Provider Search](#)

Carefree Clinic

 517-887-5922

 111 S. Pennsylvania Ave., Suite 101
Lansing, MI 48912

Forest Community Health Center

 517-887-4302

 2316 S. Cedar St.
Lansing, MI 48910

Ingham County Outpatient Services

 517-346-8318

 4303 S. Cedar St.
Lansing, MI 48911

VA Outpatient Clinic

 517-267-3925

 5656 S. Cedar St.
Lansing, MI 48911

Transportation

CATA Bus Services

 [Campus Schedules and Routes](#)

 [Bus Pass Information](#)

 Spartan One-Stop
Hannah Administration Building
426 Auditorium Rd., Room 140 (First Floor)
East Lansing, MI 48824

MSU Bikes

 517-432-3400

 bikes@msu.edu

 Bessey Hall
434 Farm Ln., Room B10
East Lansing, MI 48824

ASMSU Safe Ride

 517-353-5940

 saferide@asmsu.msu.edu

School Materials and Supplies

ASMSU

 517-355-8266

 info@asmsu.msu.edu

 Student Services Bldg.
556 E. Circle Dr., Room 307
East Lansing, MI 48824

MSU Libraries

 517-353-8700

 [MSU Libraries Subject Liasions](#)

 [Course Reserves](#)

 MSU Main Library
366 W. Circle Dr.
East Lansing, MI 48824

MSU Tech Store

 517-432-0700

 Computer Center
450 Auditorium Rd., Room 110
East Lansing, MI 48824

MSU Surplus Store

 517-355-1723

 surpluss@msu.edu

 468 Green Way
East Lansing, MI 48824

Sense of Belonging

 [Center for Veterans and Military Affiliated Students](#)

 [The Gender and Sexuality Campus Center](#)

 [First-Year Transition & Pathways Persistence Programs](#)

 [Fraternity and Sorority Life](#)

 [Identity and Affinity Groups](#)

 [MOSAIC: The Multicultural Center Women's Student Services](#)

 [Office of Multicultural Enrichment and Advocacy](#)

 [Pre-College Programs](#)

 [Residential College & Living-Learning Communities](#)

 [Resources Registered Student Organizations \(Involve@State\)](#)

 [Student Parent Resource Center](#)