



TrueRemedies – All True Home Remedies for Better Health

TrueRemedies.com is a rich source of the truest and most effective home remedies to date, together with advice on handling various health and beauty related problems.

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GG Sheet

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GG Slide

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GG Form

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Top 2 Benefits And Side Effects Of Foundation For Dry Skin

Are you looking for some simple but effective ways to deal with dull, dry, or flaking skin? Foundation may be one of the good ways to help you deal with this skin problem. It is used to cover up your skin that helps to improve its appearance and hide blemishes, fine lines, and wrinkles. It additionally protects your skin from the sun and pollution and balances dry or oily skin. However, it also contains a few side effects after using. In this article, you will discover the top 9 benefits and side effects of the foundation for dry skin. Keep reading to understand more!

Foundation For Dry Skin – Benefits, Side Effects, And Recipes

I. Benefits Of Foundation For Dry Skin

1. A Protective Barrier

Unluckily, apply a daily lotion, cream, or moisturizer to your hands and face will not stop pollution touching the skin. Thus, you need something that will form a barrier over the skin and give it protection. Thankfully, there is an expensive and easy way to do this, which is called the foundation.

Foundation will not guard you against all external pollutants, but it will give you protection from internal pollutants that happen due to unhealthy lifestyles such as smoking, eating unhealthy foods, and consuming excessive amounts of alcohol.

2. Complement Your Skin's Type

Most of the foundations are designed to help complement the types of your skin and your regular skin care products. For people with sensitive or dry skin, there are multiple foundations that are helpful for preventing moisture loss. They also contain humectants and emollients that help to add moisture to your skin. Both of these will be beneficial for keeping your skin hydrated so that it does not wrinkle prematurely and dry out. For people with acne or oily skin, it is advisable to purchase oil-free foundations so that the face will not become overly oily by applying them.

3. Protect Against Sun Damage

Too much sunlight can lead to hyperpigmentation (brown or dark spots), wrinkles, fine lines, and sagging skin; all things that can make you look old. Luckily, lots of foundations come with sunscreen in a sunblock form. Most sunblocks consist of titanium oxide or zinc oxide, both of which aid in protecting against UVA and UVB rays.

4. Smooth Skin

Using foundations is effective for filling in any irregularity that has in the skin. Consequently, it will make your skin look attractive and youthful.

5. Pigmentation Problems

Foundations helps give a uniform color to your skin and brighten your complexion. Thus, if you have regions of hyperpigmentation such as dark or brown spots, using foundations can help to minimize their appearance.

II. Side Effects Of Foundation For Dry Skin

Do you know what occurs if you apply excessive foundation? Generally speaking, there are both mental and physical effects of overuse of foundations. Let's check out!

1. Dryness

Not all chemicals present in foundations are perfect to be used on your skin. The problem can be worse for people with sensitive skin type. These chemicals can leave your skin parched and dry. The lack of moisture will give a very unhealthy look.

2. Clogged Pores

Clogged pores affect many individuals. The reasons can be air pollution and widening of the pores. Besides, the cosmetic may lend a hand in clogging the pores if you use too much foundation.

3. Acne

Grime and dirt get trapped once the pores get clogged. This leads to severe effects of using foundation daily. Boils, acne, pimples, and irritated skin are a few of the issues that strike. They can be painful and ugly-looking.

4. Allergies

Chemicals in foundations can have an adverse impact on your skin. It can affect sensitive-skinned people immediately. Others can realize the impacts a little later.