How to overcome extreme rejection, from someone who has

We all know what it feels like to be rejected, it hurts.

Kind of like a bullet to the leg, a quick sharp pain that hurts for a week.

Rejection with rsd is very similar, only the "bullet hole" takes longer to heal.

That same pain, that same "wound" torturing you month after month.

Weather that's in the form of:

- Throbbing, agonising headaches
- Extremely low self esteem
- Or feeling like you are going to shatter everywhere like glass after 1 wrong move

They are all awful feelings to have.

But In order to get rid of these feelings you must use the right tools to heal that "bullet wound".

The most powerful way to do that is something you probably haven't been told before.

And it has nothing to do with all of the trendy "mental health hacks" that social media likes to promote...

It's not (whatever your guide doesn't include)

It's not (whatever your guide doesn't include)

And it's definitely not (whatever your guide doesn't include)

These tools are far simpler, and much more powerful.

And the best part? Anyone can use them.

Click here to discover the tools I used to heal the bullet wounds in rsd.