High School Competency Topics 2014-2015

Content Evidence (Standard 1)	**Accessing Information (Standard 3)**	**Communication (Standard 4)**	**Decision-Making (Standard 5)**	**Application (Standard 7)**
Leading a Healthy Life (1a, 1b, 1c)	Mental/Emotional Health (3a, 3b, 3c, 3d)	Communication (4a, 4d)	Mental/Emotional Health (5a)	Leading a Healthy Life (7a)
Communication (1e)	Growth/ Development (3c, 3d)	Self-Esteem (4b, 4c, 4d)	Growth/ Development (5a, 5b, 5c, 5d)	Communication (7b)
Self-Esteem (1e)				Self-Esteem (7a, 7b)
Mental/Emotional Health (1a, 1b)				Growth/ Development (7a)
Growth/Development (Families, Parenting, Relationships, Male/Female Repro.) (1b, 1c, 1d, 1e)				

Health/Wellness I:

Health/Wellness II:

Content Evidence (Standard 1)	**Analyzing Influences (Standard 2)**	**Goal-Setting (Standard 6)**	**Application (Standard 7)**	**Advocacy (Standard 8)**
Leading a Healthy Life (1a)	Disease/Illness (2b, 2c)	Leading a Healthy Life (6a)	Physical Fitness/ Heart (7a, 7b)	Leading a Healthy Life (8a, 8b)
Physical Fitness/ Heart (1b, 1d, 1e)	ATOD (2a, 2b, 2c, 2d)	Physical Fitness/ Heart (6b, 6c)	Nutrition (7a)	Nutrition (8b)
Nutrition (1b, 1e)	Sexual Education (2a, 2b, 2c, 2d)	Nutrition (6a, 6b, 6c)	Disease/Illness (7a, 7b)	ATOD (8a, 8b)
Disease/Illness (1c, 1d)			ATOD (7a, 7b)	Disease/Illness (8a)
ATOD (Alcohol, Tobacco, & Other Drugs) (1b, 1c, 1d, 1e)			Sexual Education (7a, 7b)	Sexual Education (8a, 8b)
Sexual Education (Pregnancy &				

Contraception) (1b, 1c, 1d, 1e)				

Responding to Emergencies: First Aid, CPR & AED:

Content Evidence (Standard 1)	Accessing Information (Standard 3)	Decision-Making (Standard 5)	Application (Standard 7)
Body Systems (1a, 1e, 1f)	Body Systems (3a, 3e)		
First Aid/CPR Provider (1b, 1c, 1d, 1f)	First Aid/CPR Provider (3c, 3d, 3e)	First Aid/CPR Provider (5b)	
Assessments & Safety (1d, 1f)	Assessments & Safety (3a, 3b, 3c, 3d, 3e, 3f)	Assessments & Safety (5a, 5b)	Assessments & Safety (7a, 7b, 7f)
First Aid: Injuries & Illness (1a, 1b, 1c, 1f)	First Aid: Injuries & Illness (3c, 3d, 3e, 3f)	First Aid: Injuries & Illness (5a, 5d)	First Aid: Injuries & Illness (7a, 7b, 7c, 7f)
First Aid: Poison, Bites, Stings, Environmental Emergencies (1a, 1b, 1c, 1f)	First Aid: Poison, Bites, Stings, Environmental Emergencies (3c, 3d, 3e, 3f)	First Aid: Poison, Bites, Stings, Environmental Emergencies (5a, 5d)	First Aid: Poison, Bites, Stings, Environmental Emergencies (7a, 7b, 7c, 7f)
Cardiac Arrest (1d, 1e)			
CPR Skills & Life Support Care (1a, 1e, 1f)		CPR Skills & Life Support Care (5a, 5b, 5c)	CPR Skills & Life Support Care (7a, 7b, 7d, 7f)
Defibrillation (1a, 1b, 1e, 1f)		Defibrillation (5a, 5b, 5e)	Defibrillation (7a, 7b, 7d, 7f)
Choking (1a, 1b, 1f)		Choking (5a, 5c, 5d)	Choking (7a, 7b, 7e, 7f)