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[1]Version dated **August 23, 2022**. The strategy will be updated based on feedback and as such remains a 'live' document

General SOPS For the LUMS Community (Faculty, Staff & Students)

While the university continues in-person interactions and operations, we as a community need to be cautious of the rising cases of Covid-19. In light of this fact, please ensure:

- Your vaccinations are up to date with the required data on Zambeel.
- Masking is mandatory in all indoor spaces, not wearing a mask indoors can result in a fine of 5k, 10k and suspension from the semester. Faculty and TA can report the violations and if needed ask you to leave during the class.
- If you are not feeling well, even with a milder of symptoms, immediately approach LUMS medical center and get yourself checked ASAP, also wear a mask in all sorts of settings till you are recovered.
- While wearing it outdoors is one's own choice. However, our recommendations are to wear masks and maintain social distancing in outdoor settings as well.
- Keep good oral hygiene by using solutions such as the Betadine antiseptic oral rinse (available in Pakistan with the name of "Pyodine gargle & mouth wash") as recommended by one of the top medical journals in the world (JAMA), to inactivate the build-up of the virus.

As a community it is important for us to be vigilant and observe protocols that will mitigate risk of transmission of infection to others.

Specific SOPs in case of sickness for All LUMS Community Members.

- Watch for symptoms of Covid-19 - Symptoms of COVID-19 | CDC.
- Immediately consult with the doctor- if you are showing symptoms yourself or have been exposed to someone with Covid-19 you can consult with the doctor at the Campus Medical Center or follow up with your personal doctor.
- If you have tested positive immediately notify LUMS by emailing health.safety@lums.edu.pk
- Students should immediately inform all their respective class instructors if they have tested positive.
- Staff and faculty need to inform their supervisors, head of departments, department chairs and deans, whichever applies to their role.
- In accordance with current guidelines, members of the campus community who test positive for COVID-19 will be required to isolate away from other members of the campus community for a minimum period of 5 days after symptom onset (see https://www.cdc.gov/coronavirus/2019-ncov/ifyou-are-sick/isolation.html) and can be released from isolation only after they are feeling well (without fever reducing medication) for at least 72 hours – following the Government of Pakistan's guidelines.
- Community members who were exposed to a Covid-19 positive person, in accordance with the new CDC practice, when around others, indoors and outdoors should wear a good quality mask (N95) and closely watch their symptoms. Even if the mildest of symptoms surface, contact a medical specialist as soon as possible. Regardless of vaccination, previous Covid-19 infection and booster status, continue this practice for the next 10 days.

Area Specific SOPs for All LUMS Community Members.	
Library	• Students should respect designated seating spaces, limit group size, maintain physical distance and be masked. • Books should be returned through the book's drop box. • Maintain social distance and wear a mask while browsing through the various sections of the library.
Computer Labs and other labs	• Students should maintain social distance and wear face masks. • Do not use the lab for more than the time determined by the lab manager so that everyone gets a chance to use the facility.
Socializing/Gatherings /Events	• Gatherings are only allowed outdoors. • General SOPs should be followed by everybody in the gathering.
Praying inside the LUMS Masjid	• During Friday prayers, wearing a face mask indoors is mandatory.

In case of a Violation of the COVID- 19 SOPs.

- First violation - a fine of 5,000 rupees.
- Second violation - the fine will be doubled (10,000 rupees).
- Third violation - suspension for the semester.

Covid-19 Support on Campus for All LUMS Community Members

- Nursing staff and doctor at the Medical Center.
- Covid-19 Rapid Antigen test at the Medical Center.
- The University has made arrangements with two pathology labs in Lahore to provide discounted rates regarding lab tests.
- **Psychological Support** - Students feeling distressed are encouraged to seek help from campus counselors at 0307 024 7704 or student.counselling@lums.edu.pk.

Additional SOPs for Resident Students

- **Resident students who were exposed to a Covid-19 positive person,** in accordance with the new CDC practice, when around others, indoors and outdoors wear a good quality mask (N95) and closely watch their symptoms. Even if the mildest of symptoms surface, contact a medical specialist as soon as possible. Regardless of vaccination, previous Covid-19 infection, and booster status, keep up this practice for the next 10 days.
- **Resident Covid-19 positive student parents/guardians will be informed**, and you can be picked up. In case that is not possible, you will have to self-isolate in the isolation room where you will be provided support (nursing staff, doctor and psychologist). If symptoms are severe then you will be moved to a hospital in consultation with your parents. Attendant and all expenses have to be arranged by your family and/or through your student insurance cover. You can return to campus once you have Covid-19 clearance from the hospital.

Isolation and Quarantine SOPs for Resident Students

- **Students will not be allowed to leave their rooms**. Staff will help them access food.
- **The nursing staff from the medical center/nursing station in the hostel will take your vitals** and coordinate with the doctor at the medical center.
- **You will have telephone access** to the housing staff and the medical center (Ph: 042 3560 8000 Ext. 2543.
- **You will be moved to a hospital** in case of serious symptoms.

COVID-19 Support on Campus for Resident Students

- **Isolation/Quarantine centers** (Ground floor of M-5 for males and F-5 for females).
- If the doctor recommends a lab test while you are in the quarantine center, then LUMS will bear the cost of the test. The University has made arrangements with two pathology labs in Lahore to provide discounted lab tests.
- **Psychological Support** - Students feeling distressed are encouraged to seek help from campus counselors at 0307 024 7704 or student.counselling@lums.edu.pk

To learn more about Covid-19 SOPs and support kindly email tariq@lums.edu.pk

ADDITIONAL SOPS for COVID-19 CASES & CLOSE CONTACTS – NOTIFICATION, ISOLATION & QUARANTINE

REQUIRED NOTIFICATION FOR COVID-19 CASES.

Members of the campus community - students, faculty, staff – who test positive for COVID19 must immediately notify LUMS by emailing health.safety@lums.edu.pk.

ISOLATION

In accordance with current guidelines, members of the campus community who test positive for COVID-19 will be required to isolate away from other members of the campus community for a minimum period of 5 days after symptom onset (see https://www.cdc.gov/coronavirus/2019-ncov/ifyou-are-sick/isolation.html) and can be released from isolation only after they are feeling well (without fever reducing medication) for at least 72 hours – following the Government of Pakistan's guidelines.

IN-PERSON CLASSES.

As soon as we find out that a COVID-19-positive student had attended in-person classes we will:

- Immediately notify the instructor of the course, HoD and the dean.
- An email will go out to the whole community with the name of the student and other relevant details about the case.
- Close contacts should take precautions such as masks and social distancing. In case of even mildest of symptoms they should immediately contact the medical center or seek help from their own doctor.

CLOSE CONTACT.

| DEFINITION

A ***close contact*** is defined as any individual who was within 6 feet of an infected person for a cumulative total of at least 15 minutes over a 24-hour period starting from 2 days before illness onset or, for asymptomatic patients, 2 days prior to positive specimen collection.

| QUARANTINE

In accordance with the new CDC practice, when around others, indoors and outdoors wear a good quality mask (N95) and closely watch your symptoms. On the onset of even the mildest of symptoms, contact a medical specialist as soon as possible. Regardless of your vaccination, previous Covid-19 infection, and booster status, keep up this practice for the next 10 days. For details see
https://www.cdc.gov/coronavirus/2019-ncov/your-health/ifyou-were-exposed.html

| HOUSEHOLD CONTACTS

Household contacts with a COVID-19 Case, where separate living quarters have been maintained since specimen collection for COVID-19 Case, should quarantine for 5 days after last exposure to a COVID-19 Case. Household contacts that share a room/living quarter (i.e., have ongoing contact with or exposure to COVID-19 Case) should quarantine during contact and for 5 days after COVID-19 Case is released from isolation.

| REQUIRED NOTIFICATION

Resident students, day scholars, staff and faculty need to inform their housing officer, instructors, supervisors, head of departments, department chairs and deans, whichever applies to their role.

| CAMPUS & COMMUNITY COMMUNICATION

To the extent allowed by Government of Pakistan regulations, LUMS will strive to keep the campus community apprised of COVID-19 cases that stem from LUMS students, staff, and faculty.