

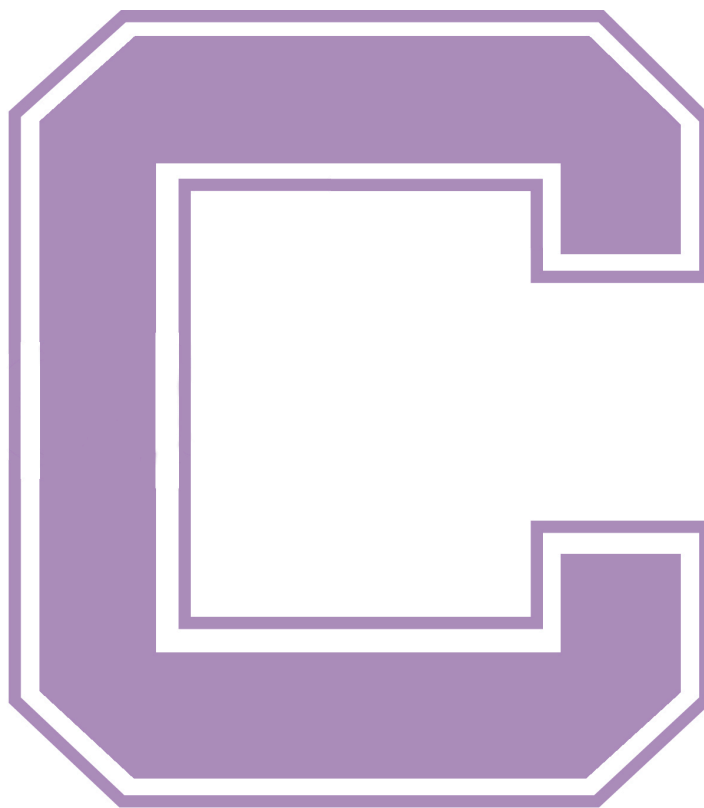


CORTLAND

ENLARGED CITY SCHOOL DISTRICT

Parent/Athlete Handbook

Home of the “Purple Tigers”



Tiffany Beam, Athletic Director

758-4115 ext. 1079

Superintendent of Schools: Robert Edwards
High School Principal: Janesa Cornish
Junior High School Principal: John Zarcone

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Cortland City School District Interscholastic Athletic Program

Fall Sports: High School (Grades 9-12)	Fall Sports: Middle School (Grades 7-8)
Varsity Football	Modified Football
Varsity Volleyball	
Junior Varsity Volleyball	
Varsity Cross Country	Modified Cross Country
Varsity Field Hockey	Modified Field Hockey
Varsity Boys Soccer	Modified Boys Soccer
Junior Varsity Boys Soccer	
Varsity Girls Soccer	Modified Girls Soccer
Junior Varsity Girls Soccer	
Varsity Golf	
Varsity Girls Tennis	Modified Girls Tennis
Varsity Cheerleading	

Winter Sports: High School (Grades 9-12)	Winter Sports: Middle School (Grades 7-8)
Varsity Boys Basketball	Modified 7th Boys Basketball (Oct-Dec)
Junior Varsity Boys Basketball	Modified 8th Boys Basketball (Oct-Dec)
Varsity Girls Basketball	Modified 7th Girls Basketball (Jan-Mar)
Junior Varsity Girls Basketball	Modified 8th Girls Basketball (Jan-Mar)
Varsity Cheerleading	Modified 7th Volleyball (Oct-Dec)
Varsity Wrestling	Modified 8th Volleyball (Oct-Dec)
Junior Varsity Wrestling	Modified Wrestling (Jan-Mar)

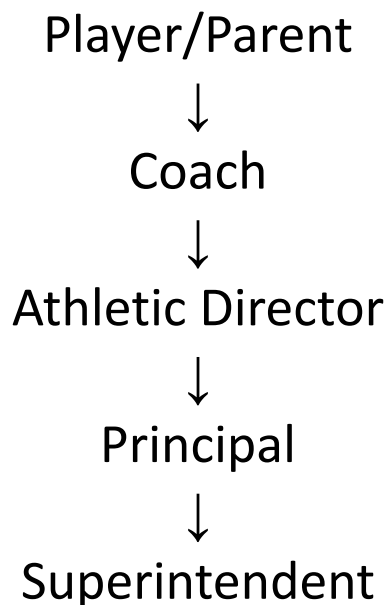
Varsity Ice Hockey	
Varsity Bowling	
Varsity Indoor Track	
Unified Bowling	

Spring Sports: High School (Grades 9-12)	Spring Sports: Middle School (Grades 7-8)
Varsity Baseball	Modified Baseball
Junior Varsity Baseball	
Varsity Boys Lacrosse	Modified Boys Lacrosse
Junior Varsity Boys Lacrosse	
Varsity Girls Lacrosse	Modified Girls Lacrosse
Junior Varsity Girls Lacrosse	
Varsity Boys Outdoor Track	Modified Boys Outdoor Track
Varsity Girls Outdoor Track	Modified Girls Outdoor Track
Varsity Softball	Modified Softball
Junior Varsity Softball	
Varsity Boys Tennis	
Unified Basketball	

Communications:
Where to go with questions & concerns

- All communication should start with the Coach. Speaking directly with the Coach will provide perspective to the decision that was made and may also provide details that only the coach can speak on.
- If after speaking to the Coach, you still have a concern, speak directly with the Athletic Director. This will ensure that your question will be dealt with promptly.
- If, after the Athletic Director has been informed of the situation and given a reasonable time to react, and you are still not satisfied with the solution, the parent should then inform the Athletic Director of their intention to talk to the Principal of the appropriate school.
- If, after the Athletic Director has been informed of the situation and given a reasonable time to react, and you are still not satisfied with the solution, the parent should then inform the Athletic Director of their intention to talk to the Superintendent.

Proper Chain of Communication:



You may also reference the NYSPHSAA Handbook as a comprehensive guide to the contents of this handbook where appropriate:
https://nysphsaa.org/documents/2023/8/21//NYSPHSAA_Handbook_005.pdf

Interscholastic Athletic Philosophy:

The Cortland Athletic Program teaches the concepts of fair play, sportsmanship, respect for others, and skill development to our athletes. The athletic program is an extension of the total educational program in our district; therefore we place a strong emphasis on performing in the classroom as well as athletically. We pride ourselves on teaching the life concepts of sportsmanship, discipline, and responsibility as we strive to develop well rounded athletes.

Sports Participation Philosophy:

In order to help each athlete have a positive experience in the athletic program, a hierarchy is established for each level of participation (modified, junior varsity-when available-and varsity) in our program. The coach should always strive for a good balance between learning, participation and winning the contest. In ranked priority, the following is desired:

- **Modified Level (Grades 7 and 8):** Participating in an enjoyable and meaningful experience, getting playing time appropriate to the athletes abilities, developing fundamental skills and learning the rules and strategies of the sport, learning how to be competitive and committing to attend all practices and contests.
- **Junior Varsity Level (Grades 9 and 10):** Participating in an enjoyable and meaningful experience, furthering skill development, earning playing time, understanding their role on the team, learning offensive and defensive strategies, striving to be more competitive and committing to attend all practices and games.
- **Varsity Level (Grades 11 and 12):** Participating in an enjoyable and meaningful experience, refining their skill development, tactical knowledge and offensive and defensive strategies, winning competitions, earning playing time, understanding their role on the team and committing to attend all practices and games.

If a Junior Varsity team is not available, the modified team (referred to as the Super Modified team) will include 9th graders, unless asked to participate on the Varsity team by the Varsity coach, and 10th graders will be expected to participate on the Varsity team.

Playing Time:

Playing time may vary from athlete to athlete, sport to sport and level to level. Our modified philosophy strives to keep as many athletes on a team as possible based on safety, participation and equipment, and to provide an outstanding learning environment through the utmost participation. The Varsity and JV programs are more competitive and selective in nature. On every level many things may affect your child's playing time such as attitude, effort, attendance and skill and knowledge of the game. Playing time is determined by the coach and they may take additional factors into consideration. If you have a question about playing time, please follow the chain of command and discuss with your child before reaching out to the coach because oftentimes the coach has already had this conversation with them.

What a parent/guardian can expect from a coach:

The coach has a great responsibility, for the coach is entrusted with one of the world's most valuable possessions, the youth of this country, and in particular your child. Your child will learn

the fundamental skills necessary to perform the sport as well as the sequential techniques. Our coaches are not only concerned about the physical and character conditioning of your child, but academic performance as well. The coach serves as an educator and role model for student athletes. Win or lose, building character in each of our players is a key goal to our program, because character extends beyond the athletic field and into everyday life.

What a coach expects from a parent/guardian:

Parents/Guardians can assist the coaches by being supportive of the athletic program. Your presence at games has a positive impact on your child and we encourage you to watch your child's performance whenever possible. As a caregiver, children often learn what has been modeled at home, so we encourage you to show good sportsmanship as a fan. Unsportsmanlike behavior will not be tolerated at any athletic contest. If you choose to behave in an unacceptable manner, you may be asked to leave the game. We feel it is important that the coach, team, and caregiver model sportsmanship so that our athletes are continually reminded of its importance. Please refer to the Sportsmanship section on pages 11-13 for additional information.

Should you have a question about a decision made by the coach, please call or make an appointment to discuss your concern with them. If a concern remains after speaking to the coach, then follow the proper chain of communication mentioned earlier.

When practice or the game is over, please pick your child up promptly. Our coaches are instructed to wait until each child has been picked up before leaving and your prompt arrival would be most appreciated. Failure to do so may result in your child being removed from the team.

Any vacation, medical, dental or other such appointments should be scheduled around the athletic season whenever possible, to ensure that your child gets the most from practices and games. Should something arise, where your child does need to miss practice or a game, please share this with the coach as soon as possible, so the coach can make adjustments to their practice or game plans. Also, if athletes miss practice before a contest, they may not play because they may have missed valuable information necessary for competition.

What a player can expect from their coach:

Our student athletes can expect to be taught the skills in sequential order needed to play the sport by a knowledgeable coach. Our athletes will be properly conditioned and given fitness strategies to improve endurance and strength. Feedback is necessary for continued growth in the sport and our coaches will provide such feedback throughout the season. Our coaches will represent the school and model good sportsmanship, fair play and superior ethical standards.

What a coach expects from a player:

Coaches expect that athletes come to the season pre-conditioned in order to prevent injury and to be ready for the first contest. It is unreasonable to expect that an athlete not at proper

fitness levels at the first practice can achieve the right conditioning prior to the first contest solely through scheduled practice time (which is typically less than a 2 week period). When an athlete signs up for a sport, the coach expects that the student wants to be there, will arrive on time, and will provide a coachable attitude and a willingness to learn. High effort, hard work and enthusiasm will go a long way in achieving the most from our coaches. If an athlete needs to miss a practice or game for some reason, this should be communicated with the coach as soon as possible, so the athlete can be informed about what they may miss.

Expectations of everyone involved:

If an issue arises, we expect caregivers, coaches and athletes to follow the appropriate time, place and manner expectations which includes understanding when, where and how someone speaks. For example, if a caregiver is upset because of something that happened during the game, the caregiver should not go up to the coach following the game. Instead, that caregiver should go home and try to schedule a more appropriate time to discuss the incident once everyone has had time to process. Following the chain of command also ensures that you are following the appropriate time, place and manner expectations.

Transportation:

Student athletes must travel to athletic contests in vehicles provided by the school unless the Athletic Director or Principal has granted previous written approval. At the conclusion of a contest, an athlete may leave with their caregiver. Permission to ride home with another caregiver must be approved prior to the contest by the Athletic Director or the Principal in writing using the form below. As a caregiver, you may sign your child out indicating you are responsible for their transportation after a contest. However if you desire to do this please share this with the coach as soon as possible and sign your child out at the end of the contest. If you are planning on bringing your child to the game from an appointment or having your child ride home with another caregiver after the game, you must complete the travel release form indicating your permission and that form must be pre-approved by the Principal or Athletic Director. This form is included at the end of the handbook for your reference, but is not usable. You may send your child to the Athletic Office for a usable copy if you believe the excuse to be appropriate. Athletes may only be released by their caregiver to another caregiver, not another student. We provide your child with safe transportation arrangements to competitions. If you wish to utilize other transportation to and from contests, please inform the coach following the steps above.

Attendance and Eligibility:

Interscholastic athletics and extra-curricular activities are an integral part of the total school program through which students develop a whole person: mentally, physically, socially and emotionally. Interscholastic athletics and extra-curricular activities function as an extension of the academic environment. Participation in interscholastic athletics and extra-curricular activities IS A PRIVILEGE, NOT A RIGHT, granted to any student who meets the standards set forth by the Cortland Enlarged City School District. In addition, students participating in

interscholastic athletics shall meet the standards set by New York State Public High School Athletic Association.

1. A student involved in interscholastic athletics must participate in physical education class on the same day (if scheduled) to practice or play in games.
2. Students may not participate in or attend extra-curricular or athletic events (practices or games) on a day they are absent from school.
3. If a student is excused from school during the day for a legally recognized appointment, the student must have a written excuse for this before they leave.
4. To participate in a school activity, a student must be in attendance for 4 periods throughout the day to be considered eligible to participate that day.
5. A student who is unable to complete the school day because of illness will be unable to attend or participate in extracurricular or athletic activities that same day.
6. If a student is illegally tardy to school, they will not be allowed to participate in any after school competitions for extra-curricular or athletic teams. Students will be expected to observe but not participate in practice if illegally tardy.

NOTE: The athletic office will send an attendance report to coaches each day so they can ensure that their student athletes qualify to participate each day. Student athletes who are suspended (ISS and OSS) from school for any disciplinary violations of the Student Code of Conduct are suspended from participating in any practices, meetings or contests for the length of the school suspension. Coaches are also at liberty to inflict any additional consequences that they feel appropriate if approved by the Athletic Director.

Spectator Requirements:

Students in junior high (grades 7 and 8) and under are required to be accompanied by an adult at all sporting events. Any student who is in grades 7 and 8 and under and not accompanied by an adult will be asked to vacate the premises. Backpacks and large tote bags are not allowed during events, and any bags of any sort are subject to search at any time by administration.

Academic Eligibility:

Participation in extracurricular activities is a privilege. The expectation for athletic involvement is that student athletes are progressing satisfactorily in the instructional program. A student athlete determined not to be satisfactorily progressing in their instructional program shall be notified and face possible actions ranging from voluntary or required attendance at extra help sessions, to probation from athletics, to exclusion from participation in athletics.

Academics:

- a. Student Athletes must be passing (65+) all of their courses at the 5-week progress report and at the 10-week quarterly report card to maintain full eligibility.

- b. If a student athlete is failing one course, they will be placed on probation.
 - i. Probation: The student-athlete may continue to practice and compete in games while working towards a passing grade for the next 2 weeks. The student-athlete needs to attend one academic table per week to improve their grade to a passing grade (65 or above). Failure to attend academic tables or improve their grade will result in the loss of participation in games.
- c. Student athletes failing two or more courses at the progress report or report card will be ineligible for any scrimmages/games for a 2-week period (10 school days).
 - i. Ineligible: The student-athlete will be expected to make up all missing work in any failing courses and are not allowed to travel or participate in away games with their team. At the conclusion of the 2-week suspension, if all work is made up and grades are above failing, then the game suspension will end. If the grades are still failing, then another 2-week suspension will go into effect, repeating as necessary. Students will have the opportunity to make up any missing work during Learning Block, study halls, scheduled Credit Recovery, lunch or afterschool.
- d. If a student athlete receives an Incomplete for a grade, that grade of Incomplete will be treated like a failing grade. Exceptions may occur and will be determined by the Athletic Director and/or Principal.
- e. The day after grades are due, the Athletic Department will generate a list of all student athletes that are failing any classes. The lists will be shared with the head coaches and student athletes will be notified of their academic code infraction. A letter will also be sent home to families so they are aware.

Students with Special Needs:

If your child receives special education services or is in need of other services to assist them on the athletic field, please share this info with the coach. Due to the confidential nature of the special education, medical or other information, many times the coach is not provided this type of information. Please do not assume your child's coach is aware of your child's special needs. We encourage the caregiver to act as the child's advocate and share any needed information with the coach to make the athlete's experience more enjoyable.

Substance Abuse:

Expectations: Our students have been taught about both the short-term and long-term dangers associated with the use and abuse of chemical substances. They know that such use and abuse is illegal, puts them in unsafe situations and decreases their endurance so their performance levels are affected. Student athletes must understand that these substances may not be put into their bodies at any time. If a student athlete from Cortland Enlarged City School is proven to be guilty in the sale of, consumption of or possession of alcohol, tobacco (smoking/chewing/vaping) and/or any other drugs including illegal performance enhancing drugs, they are subject to the following consequences.

Consequences:

In-School Event (Violation occurs at a school activity during their season): through a 5 day out of school suspension with a Superintendent's hearing.

The Athletic Director, among others, will make a recommendation based on the severity of the event and the frequency of occurrence, which any or all of the following consequences occur:

- Coach imposed discipline within the team
- Substance abuse evaluation and counseling
- Short term suspension from games

First Offense: 1/3 of the season

Second Offense: 2/3 of the season

Third Offense: Remainder of the season

- Long-term suspension from games (i.e.: remainder of school year)

Out of School Event (Violation occurs at a non-school activity in their season): A review of the incident with the Athletic Director and School Principal will occur. If proof exists that an athlete has violated the athletic department contract, the Athletic Director can invoke any or all of the consequences that were stated above. Any activity that includes the involvement of law enforcement or the legal system could result in the student removal of the team for the remainder of the season.

NOTE: Coaches can create team rules that are in addition to the above stated athletic department procedures. The Athletic Director and/or Principal will determine any items dealing with this procedure that are not clearly defined. Any student suspended from school for substance violations (either in school or out of school) is suspended immediately from activities through the time of the disciplinary review. Also, if a student athlete cannot complete their consequence during their current season, the consequence may carry over to the next season available.

Support:

Student athletes and their caregivers are encouraged to approach a coach, the Athletic Director, or a Principal for help personally (or for a teammate) with substance use problems. The school community wants to assist our athletes with appropriate resources and school personnel to overcome any substance issues.

NYSPHSAA Sportsmanship Guidelines: The Cortland Enlarged City School District is a member of Section III of the NYSPHSAA and as such is subject to rules set forth by this association. One that could affect you deals with sportsmanship. This passage comes from the NYSPHSAA handbook

"The association recognizes and appreciates that the influence and responsibility of the school administration with regard to good sportsmanship extends to all levels of competition. However, it must also be seen that the NYSPHSAA has been vested with the responsibility to ensure that all contests under its jurisdiction are conducted satisfactorily. This standard applies to all regular season and post schedule play.

As of July 1, 2013, the Dignity for All Students Act (Dignity Act-Section 52.2, Part 80 and 57-4) is to provide all public-school students with an environment free from harassment,

bullying (including cyber bullying) and discrimination, as well as to foster civility in public schools. The Dignity Act focuses on the prevention of discrimination behaviors, including harassment/bullying through the promotion of educational measures meant to positively impact school culture and climate, which includes the interscholastic programs.”

Player:

- Any member of a squad disqualified by a sport official for unsportsmanlike conduct, including taunting, or for a flagrant foul shall not participate in that sport in the next previously scheduled contest with a member school or in NYSPHSAA tournament play. Disqualifications from one season carry over to the next season of participation.

Any player:

1. Who receives a disqualification penalty in a sport shall not participate in the next regularly scheduled contest; a. In the sport of football, a player who is disqualified for “targeting” (by a certified official) may not participate in the next two halves. (May 2022)
 2. Who receives a second disqualification penalty in the same sport in the same season shall not participate in the next two regularly scheduled contests; and
 3. Who receives a third disqualification penalty in the same sport in the same season will not be allowed to participate for the rest of the season. If the third ejection takes place in the last contest of the season (regular season or post schedule play,) the Section Athletic Council will assess the penalty carrying over into the next season of participation.
 4. The Section Athletic Council will have the authority to extend the period of ineligibility in those cases where the actions of the individual that was disqualified from a contest or scrimmage are warranted. The period of ineligibility cannot exceed one year from the date of the disqualification.
- Any member of the squad who strikes, shoves, kicks or makes other physical contact with the intent to annoy, harass, or intimidate an official shall be expelled from the game immediately and banned from further participation in all sports for one year from the date of the offense.

NOTE: Members of the squad includes players, managers, scorekeepers, timers and statisticians.

NOTE: Coaches are also at liberty to inflict any additional consequences that they feel appropriate if discussed with and approved by the Athletic Director.

Spectator:

1. **Expectation Statement:** Officials, just like student athletes and coaches, are critical to interscholastic sports programs. Without officials, NYSPHSAA and its member schools would not be able to provide interscholastic sports in the manner that is desired and expected by student athletes, coaches, and parents. Spectators are expected to “Be Loud, Be Proud, and Be Positive.” Negative comments and inappropriate behaviors by spectators are required to be addressed by all and any school supervisors and

administrators, as a member of NYSPHSAA. Spectators may be prohibited from attending current and future interscholastic contests based on their behavior. (Oct. 2022)

2. Spectator Regulation: Any negative, inappropriate, derogatory comments or actions that draw the direct attention of a supervisor or school administrator by a spectator or group of spectators are required to be addressed by the host school, Sectional or NYSPHSAA representative in the following non-sequential order depending on the comments or behavior:

- First warning – Directing the spectator or group of spectators to refrain from any negative comments or actions.
- Second warning – A personal discussion with the spectators or group of spectators on the above NYSPHSAA expectations and reminding the spectators or group of spectators of the next step, removal from the game or event, will be utilized if the behavior continues.
- Removal from the contest – The spectator or group of spectators will be directed to leave the facility for the remainder of the game or event. If spectators or a group of spectators refuse to leave the game or event, play will be stopped until they vacate the premises. Penalty for being removed from a game or event: Any spectator removed from a game or event will have a minimum penalty of completing the NFHS Parent Credential course or a one game suspension before they are allowed to attend any interscholastic event. Once the course is completed the spectator will provide a certificate of completion to the athletic department office. Schools are required to communicate with the offending spectator on the NYSPHSAA Sportsmanship Spectator Expectations.
- Depending on the severity of the behavior/comments or future disqualifications by the offending spectator NYSPHSAA and the Section may get directly involved in the situation. (May 2023)
- Parents agree to all policies outlined in the NYSPHSAA Handbook by completing registration through Family ID.

Student Accident/Injury Insurance:

The Cortland Enlarged City School District insures all student athletes with a secondary student accident policy through Wellfleet Insurance Company. This policy covers the student while they are attending school or are involved in other activities that are school sponsored. This would include physical education classes, athletics, field trips, etc. It is important that all injuries are reported to the coach, school nurse, and Athletic Director **immediately**. It is imperative that this injury report be filed within the next business day.

NOTE: This policy is a **secondary** coverage policy. All charges must be **first** submitted through the family's insurance policy. If the family insurance does not completely pay all the charges, then those unpaid charges may be submitted through the school's accident insurance company. Since the district's insurance coverage is a **Limited Coverage Policy**, there are times that the caregiver will end up paying a portion of the medical charges. If the family does not have an Accident/Injury policy, then this portion could be very

substantial. We strongly recommend that all families carry insurance that will cover your child in case of injury. The Business Administrator can answer any questions you may have about this coverage.

Athletic Trainer:

The Cortland Enlarged City School District provides access to an athletic trainer (an allied health professional specializing in sports medicine) for all our athletes. Our athletic trainer is Nicole Bowers and her office is located near the Athletic offices in the Fitness Center. Nicole is available to assess your child's athletic related injuries and to make recommendations for treatment. You may also contact her through your child's coach with any athletic injury related questions you may have. We are very lucky to have such an amazing service for our athletes.

Equipment Return Policy:

At the end of each season, your child is responsible for returning all equipment and uniforms issued to them from the coach. If something is not returned shortly after completion of the season, then your child is held responsible for those items not returned and will be billed accordingly. An obligation letter will be sent to caregivers if equipment/uniforms are not returned by the end of the season celebration. An athlete going from one season/sport to another will not be issued equipment for their current season/sport until the equipment/uniform from the previous season is returned or replaced. Coaches will share sport specific requirements as appropriate for participation in their sport.

College Recruitment Procedures:

If your child is interested in playing athletics at the college level, we encourage you to get in touch with our high school coach of that sport in their sophomore year of high school. The coach will be able to assist you through this process and make the determination as to the likelihood of your child's future in this regard. It is imperative that our coaches are involved in this process through every step of the way to assist you in getting the best possible options for your child.

You will also need to begin filming your child's contests. It is recommended that you film contests from completion to end, as well as create a highlight film. College recruiters like to see the entire game performance, including mistakes along with the exceptional plays. The NCAA has specific regulations as to recruitment policies. If your child is in the process of being recruited, we advise you to familiarize yourself with these practices so not to forfeit any athletic eligibility for your child. You may find these policies on the NCAA website at: <https://www.ncaa.org/>.

Many students have the dream of playing professionally when in actuality this is not a reality. Some statistics that make you think:

- 98 out of 100 athletes do not play in college
- 1 out of 100 athletes earn a Division 1 scholarship

- The odds of becoming a brain surgeon are greater than becoming a starter on the Boston Celtics.

It is important to discuss the reality versus the dream with your child's coach, do not hesitate to do so.

Community Service Agreement:

We feel the community is extensively involved and committed to our athletic program, and we would like to try and give back to the community to say "thanks" for all the support we receive. A community service expectation is highly suggested of all our Varsity athletic teams and can be conducted during each season. More information can be obtained from the coach.

Website Information:

Cortland Athletic information is accessible on the Cortland Enlarged City School District Website at cortlandschools.org. Just hover your mouse on Departments near the top right of the page and you will find the Athletic Home Page link. If you scroll down and click on Schedule Galaxy, you can find information on all athletic contests both home and away, as well as practices. Once the calendar is open, go to the top left of the page and you can sort by sport and level. Click on the subscribe to schedule in the top right corner of each team's game schedule and you will get any changes made within minutes. Click on the SHOW button for any game and you will be able to click on the GET DIRECTIONS button. Please be aware that the home Athletic Director is responsible for setting up proper game locations using Schedule Galaxy.

Emergency Closings:

If schools are canceled due to bad weather or other causes, or dismissed during the school day (early dismissal), interscholastic teams would not be permitted to play or practice. The Superintendent will contact the Athletic Director and the decision would be passed on to the coaches. An announcement will be made at the conclusion of the school day to allow athletes time to notify their parents.

Holidays:

Athletes observing religious/legal holidays will be excused from practices or games. Athletes must inform their coach as early as possible about the missing practice or a contest that coincides with a religious observance/legal holiday. Championship games, Sectional Contests, Intersectional/State Playoffs would come under special events, and if they were scheduled on holidays, our teams would be permitted to play. In some cases, intersectional and state playoffs have been scheduled on Sundays.

Sports Registration Process:

The Cortland Athletic Department would like to remind you that any student-athlete interested in playing a sport, must complete the on-line registration in www.familyid.com. For first time users, you will need to start a new account and for those returning, you will need to update

your information to the current school year, remember to upload a current physical if the previous one is more than a year old.

FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our athletic programs, and helps us to be more administratively efficient and environmentally responsible. When you register through FamilyID, the system keeps track of your basic demographic information for the entire family in your FamilyID profile. You will need to enter the basic information only once for each athlete, for multiple uses and multiple sports.

BEFORE YOU REGISTER: Sports Physical - must be current (within the past 12 months of the start date of a season), signed by your physician, and on file in the nurses' office.

****PLEASE NOTE:** It is your responsibility to provide the completed physical to the school nurse or upload it into FamilyID. A physical must be uploaded into FamilyID each sport season or brought to the nurses' office at the High School. There is a dropbox located in the Main Office if you want to drop off your physical information for the nurses.

INFORMATION NEEDED TO REGISTER: It will be helpful to have the following information handy to allow for accurate completion of your online registration.

- Sports Physical Information
- Pre-Participation Medical Health History

REGISTRATION PROCESS: Please go to the Cortland Athletics website and in the left-hand column you'll see FamilyID – Sign up for a sport. Open enrollment for any sports season is one month prior to the first day of practice.

A parent/guardian should register by clicking on the link, <https://www.familyid.com>, or click the button that reads (on the Summer Physical Schedule off of our Athletic Homepage sub pages) >



Open enrollment for any sport season is one month (30 days) prior to the first day of practice.

Athletic Placement Process

Starting with the 2015-16 school year, the Athletic Placement Process (APP) will replace the Selective Classification standards that previously allowed students to "play up." In order for your child to try out for a JV or Varsity team as a 7th or 8th grader, they need to follow a process set forth by NYSED and adopted by our BOE.

Please read the document below for all the details by copy and pasting the link below into your web browser.

chrome-extension://efaidnbmnnnibpcajpcglclefindmkaj/https://www.nysed.gov/sites/default/files/programs/curriculum-instruction/athleticplacementprocess12-11-17final revised.pdf

Coaches are responsible for recommending athletes who have demonstrated their skill level in order to begin this process. If you have any questions about the process, please contact the Athletic Director at tbeam@cortlandschools.org or 607-758-4115 ext. 1079.

Sport Season Cutoffs for Referrals:

- Fall Sports- June 1st
- Winter Sports-October 1st
- Spring Sports-February 1st

Cortland All-Sports Booster's Club

The mission of the CHS Athletic Booster Club is to encourage and support the interscholastic athletic programs of the Cortland Junior/Senior High School as well as the children enrolled in these programs.

The CHS Athletic Booster Club gives monetary support to the school's athletic programs through funds raised by running the concession stand with an increased schedule, the Booster Club Banner Advertising campaign, selling logoed promotional items such as blankets or shirts, and MEMBERSHIP revenue.

Membership is open to all parents, friends, teachers, coaches and administrators who desire to participate in encouraging and supporting these athletic activities. Membership is only \$5.00 per family...

Athletic Booster Club meetings are normally held on the second Wednesday of each month at 6:30 pm, in the high school library. Please join us as your schedule permits...Input and suggestions are always welcome!

Please return the form via the address listed below or you can mail it to the CHS Athletic Booster Club PO Box 129 Cortland NY 13045

Show your support for CHS Athletics by joining TODAY!

=====

CHS BOOSTER CLUB MEMBERSHIP FORM

Family Names: _____

Address: _____

Phone _____ Email _____

Number: _____ address: _____

Most Booster Club communication is done via email – this allows us to alert you to special events & future meetings plus distribute meeting minutes efficiently

Which Sports does/did your Family participate in at CHS? _____

Please return w/\$5.00 Membership fee to: CHS Athletic Booster Club PO Box 129
Cortland, NY 13045

Board Officers:

Machell Phelps – President

Vickie Myers – Secretary

Michelle Hughes – President Elect/Vice President

Shauna Brug – Treasurer



CORTLAND

ENLARGED CITY SCHOOL DISTRICT

Travel Release Form

Date: _____

This is to certify that _____ has my permission to

(Athlete's Name)

ride to or from the _____ athletic contest on

(Circle one)

(Level/Sport)

_____ 20_____ at _____.

(Date)

(Location)

I certify that I am personally transporting the above named student or have arranged for transportation with an adult (nonstudent) of my choosing for this student.

The reason for not riding the bus is:

(Reason must be sufficiently urgent to family needs to satisfy not riding the bus).

I understand that the Cortland Central School District athletic rules require students to ride the buses to and from all athletic contests and a departure from this requirement, as a result of their request, will release the Cortland Central School District from all liability for any adverse result that may occur.

I agree to release the Cortland Central School District and its employees and officers from all liability with reference to the above stated transportation.

This form must be on file in the athletic office prior to the dismissal of school on the day of the contest if you plan on alternative transportation than what is provided by the district.

Signature of Principal

Name of Parent/Guardian (Print)

Signature of Athletic Director

Signature of Parent/Guardian