

How To Have Your Story Approved For Reshare On Equip's Ig Page

Equip is always looking for amazing content to post in our IG stories, BUT...

We can only share/re-post a MAX of 10 stories a day! (Sharing any more than that hurts our engagement.)

If you want us to consider sharing your content, please follow these best practices and also look at the examples below. THANK YOU!

BEST PRACTICES FOR GETTING YOUR CONTENT SHARED

1. We like seeing our products! A good looking recipe creation is awesome to see, but we're more likely to reshare it if your photo/video includes our bags/bottles. :)
2. Make sure the products are facing the correct way. Nothing should be mirrored.
3. The shorter the better. Ideal story length for reposting is 15-20 seconds.
4. Keep text and captions to a minimum. Think ala Marie Kondo: clutter-free is best!
5. Still photos are preferred over videos.
6. Make sure everything is well lit and in focus.
7. Make sure your unique referral code and link are NOT in the story. (It's okay to include @equipfoods on the photo/video.)

EXAMPLES OF CONTENT MOST LIKELY TO GET RESHARED

For more examples, follow [@equipfoods](#) on IG and take a peek at our stories to see what we're posting!

 **EQUIP**

Best protein powder!! Only one ingredient grass fed beef 🍖👍

Comes in multiple flavors @equipfoods

PRIME PROTEIN

UNFLAVORED

GRASS-FED BEEF ISOLATE POWDER

4 OZ
GRASS-FED BEEF



BEEF ISOLATE

FREE FROM: GLUTEN, DAIRY, WHEY, SOY, HORMONES, ANTIBIOTICS,
FILLERS, ARTIFICIAL SWEETENERS, AND PRESERVATIVES.

1.39 LBS // 630 GRAMS // DIETARY SUPPLEMENT



Excited to try these!

@equipfoods





PRIME PROTEIN

STRAWBERRY

GRASS-FED BEEF ISOLATE POWDER

4 OZ
GRASS-FED
BEEF

PER SCOOP



BEEF ISOLATE



STRAWBERRY



STEVIA

FREE FROM: GLUTEN, DAIRY, WHEY, SOY, HORMONES, ANTIBIOTICS,
FILLERS, ARTIFICIAL SWEETENERS, AND PRESERVATIVES.

1.7 LBS 779 GRAMS // DIETARY SUPPLEMENT

QUIP™

Another empty bag

[@equipfoods](#)

PRIME PROTEIN

VANILLA

GRASS-FED BEEF ISOLATE POWDER

4 OZ
GRASS-FED
BEEF

PER SCOOP



BEEF ISOLATE



NATURAL
VANILLA FLAVOR

FREE FROM: GLUTEN, DAIRY, WHEY, SOY, HORMONES,
FILLERS, ARTIFICIAL SWEETENERS, AND PRESERVATIVES

1 LBS // 758 GRAMS // DIETARY SUPPLEMENT

Mid-day Snack:

3-Ingredient
#WildBlueberry 🍷
#ProteinFrozen Yogurt





This has helped
so much!

Haven't been able to digest red meat
during this time and beef is soooo
important to get into your diet!

