Early College Worcester Student Support Inventory

OVERVIEW & PURPOSE

This document inventories the most essential resources at QCC, WPS, WSU, and in the community to support the success of students in Early College Worcester. The resources, however, are not exclusively for students, but for all those who support the students as well. These resources will be shared with the community in a variety of ways - handouts, mobile app schedule and push notifications, emails, and other methods as suggested by the Advisory Board and ECW Leadership. Please add to the existing list.

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Reading, Writing, & Arithmetic Support

Resource	Description & Links
QCC Tutoring Centers - Math Center, Writing Center	Tutoring Centers, Writing Center, and Math Center welcome you to their office. Whether you have an A or an F, want to maintain your grade or raise it, the tutoring centers are waiting for you!
	Tutoring Quinsigamond Community College (QCC)
	Writing Center Quinsigamond Community College (QCC)
	Math Center Quinsigamond Community College (QCC)
	General Academic Areas (GAA) - Tutoring Center Quinsigamond Community College (QCC)
WSU Tutoring Centers - Q Center, Writing Center, Math Center	Tutoring Centers, Writing Center, and Math Center welcome you to their office. Whether you have an A or an F, want to maintain your grade or raise it, the tutoring centers are waiting for you!
	Academic Support Services Worcester State University
	Writing Center Worcester State University
	Math Center Worcester State University
College Reading Strategies and Tips	A variety of resources and colorful handouts with discipline-specific best practices on reading in college
	<u>Learning Resources</u> External - Duke University
WSU Student Success Resource	<u>Guide</u> to a variety of academic and social resources.
Deep Reading Skills	Help build your reading skills with this assessment and coaching tool.
	<u>Helpsheet - READING SKILLS</u> External - James Madison University
Worcester Public Library Tutoring	Worcester Public Library has tutoring and academic support services for students with a library card. Don't have a library card, stop by and get one on your way to free tutoring!

Resource	Description & Links
	HelpNow Tutoring Worcester Public Library
Study Strategy Inventory	A variety of resources and colorful handouts with discipline-specific best practices on reading in college Learning Resources External - Duke University

Career Experiences

Resource	Description & Links
Career Services - WSU	WSU - Career Services Office at Worcester State University helps guide career exploration, preparing students to meet the needs of today's workplace through assessments, counseling, events, and resources, fostering professional connections with students. LINK
Career Coach Online - QCC	Students can take an assessment to determine their strengths and interests, then browse through compatible occupations . When a particular career appeals to a student, they can access academic programs at QCC as well as market research on job demand. LINK
Career Resources - QCC	Learn about job etiquette, resume writing, cover letters, job placement and more <u>LINK</u>
Massachusetts Museum List	A list of museum and educational spaces for students - developed by a network of homeschool parents LINK
The Field Trip Directory	Educational field trips with listed location lesson plans LINK
MassEdCo	Help finding career pathways, college applications, and financial aid support. Address: 18 Chestnut St. Worcester High School Students Massachusetts Education & Career Opportunities, Inc. (MassEdCo)

MassHire	Career Services and Employment opportunities, Job Training Address: 340 Main St. Worcester MassHire Central Career Center
Job Corps	Job Training and career service supports Address: 100 Pin St. North Grafton Grafton Job Corps Center

Academic Advising

Resource	Description & Links
College and Career Advising - Worcester Public Schools	A guide to college and career resources, as well as a list of additional academic resources
Academic Support Services - WSU	Landing page that includes links to Academic Success Center (advising), tutoring, the Math Center, and resources including tech resources LINK
Transfer Services - WSU	LINK
Bottom Line	Bottom Line partners with degree-aspiring students of color from under-resourced communities to get into and through college and successfully launch a career What We Do Bottom Line

Food Insecurity & Health Services

Resources	Description & Links
Food Pantry	Quinsigamond Community College HomePlate Food Pantry &

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	Resource Center - provides food for students in need as well as resources to help with other challenges. Stop by after class and pick-up what you need.
	Thea's Food Pantry - WSU, Stop by after class and pick-up what you need.
	Catholic Charities Food Pantry
	<u>Friendly House Food Pantry</u> - Food Pantry, Shelter, Meals for Children, and other services
	Worcester County Food Bank
Medical Care	Epworth Methodist Free Medical Program
	<u>Massachusetts Medical Society</u> - Free Medical Care resources for physical or supportive medical needs
	Ronald McDonald Care Mobile for medical care, dental care, etc located at various locations, age 21 and under. See website for location and times.
	ReadyMED - Urgent Care - more efficient than ER. Physical for jobs, immunizations, diagnostic tests. Paid services.
	<u>CareWell Urgent Care</u> - Paid services. Links in descriptions
Dental Care	<u>Free Dental Care</u> , Worcester
Stress & Sleep	Learn about good stress, bad stress, and healthy sleep habits, which support a healthy you.
	<u>Learning Resources</u> - Duke University
MassHealth Application Assistance	MRC Worcester Mass.gov - Mass Rehab Commission Find help with your MassHealth insurance application Mass.gov - Assistance completing MassHealth applications to obtain health insurance for the uninsured
Clothing Needs	<u>Dress for Success Worcester</u> -The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire and the

development tools to help women thrive in work and in life

Free Clothing in Worcester - Grace Closet - Our clothing distribution program, Grace Closet, provides quality clothing for people to survive the outdoor elements, but more importantly, to be able to go to work and feel a part of society again.

Andy's Attic - Andy's Attic is a non-profit 501(c)3 charitable organization providing free clothes to the community. Andy's Attic is run completely by student volunteers at South High Community School.

Social & Emotional Support

Resource	Description & Links
Student Accessibility Services - QCC	504, IEP, something else? Learn about the resources you have at QCC LINK
Student Accessibility Services - WSU	504, IEP, something else? Accommodation Plans, Learn about the resources you have at WSU LINK
Counseling	Individual counseling, crisis counseling Referral Form Referral Form – Multicultural Wellness Center
Massachusetts Network of Care	MA Rehabilitation Commission - Worcester

Community Partners

Resource	Description & Links
YMCA	<u>LINK</u>
YWCA	<u>LINK</u>

Mentoring & Study Groups

Study groups can be a useful and safe place for students to learn together. They are most effective with structure and when they are institutionally supported. Learn more at: LINK