

# Why Do Cats Like Milk So Much?

## Should You Treat Your Kitty?

We often conjure up the image of kittens drinking milk from a bowl when we think of cats feeding. But did you know that the popular belief that portrays cats as extreme milk lovers is misleading? Read on to find out if you should treat your kitty.

### Do Cats Like Milk?

Yes they do. They also nurse their kittens with cat milk until they weaning.

Cats have a long history of being attracted to cream. In fact, this love affair goes all the way back to Ancient Egypt, where cats were often seen lapping up milk from bowls. Today, we still see this behavior in our feline friends - and there's actually a scientific reason behind it.

Your feline friend is attracted to cream because of its high-fat content. This substance is similar to the milk that they would drink in the wild, and it provides them with a much-needed source of energy. The fat in the cream also helps to freshen and nourish their coats.

### Why You Shouldn't Feed Your Cat Cow Milk

Although cats are attracted to milk's fat content, it is bad for their health because the lactase in their digestive systems is insufficient to digest milk. That is why high levels of lactose cause stomach upset in cats. If your cat has lactose intolerance, feeding them cow milk can lead to vomiting, diarrhea, and other unpleasant symptoms which may have serious effects on their health.

### Ways To Ensure Your Cat Stays Hydrated

Insufficient water consumption can lead to a variety of health problems for your cat.

To ensure your cat stays hydrated, always have a clean water bowl filled with fresh water available at all times. Place their water bowl in a place where they can easily get to it.

Also, add moisture to their food. You can do this by feeding them canned food or by adding water to their dry food.

A cat water fountain also helps because cats have shown a preference for drinking running water over stillwater. So spice things up by getting a cat water fountain for your kitten.

### Best Drinks For Your Feline Friend

The best way to keep cats hydrated is by providing them with fresh, clean water. But it's also important to offer them a variety of different cat-safe drinks, such as herbal teas, and fruit juices.

## Other Treats To Feed Your Bundle Of Fur

Use fresh fruits and vegetables to treat your feline friend. But wash and cut slice them into smaller sizes so that your cat doesn't choke on them. They make a healthy diet for cats.

Cooked meats such as cooked chicken, turkey, and fish are also great for cats. Although they must be fully cooked and have no bones in them.