



Parent Resource on Digital Controls

<https://bit.ly/3O9kxPn>

This document was pulled from resources collected by Common Sense Media. Their research and expertise in this area allow educators, parents, and advocates to quickly find resources on many digital mediums that impact young community members today. These include information on apps, video games, cell phones, movies, and digital books. More information can be found at <http://commonsense.org>. It is important to note that no single tool is foolproof in preventing problems on a device. These are suggested apps but will not prevent all issues that you may be experiencing.



Building Trust

- [So You Got a Parental Control ... Now What?](#)
 - A step-by-step plan for getting the most out of your parental controls, from installation to the day your kids can reliably manage themselves.



Common Sense Media Article

- [Parent's Ultimate Guide to Parental Controls](#)
 - Here's everything you need to know about the wide array of parental control solutions, from OS settings to monitoring apps to network hardware.



Websites

- Set Google Chrome as Default Browser.
- Turn on SafeSearch in Google.
- Update the Operating system.
- Follow features specific to these platforms. - [Microsoft](#), [Apple](#), [Amazon](#)
- [Bark](#), [Qustodio](#), [NetNanny](#)



CellPhones and Tablets

- Monitor Phone
 - [Bark](#), [Circle](#), [TeenSafe](#), [WebWatcher](#)
- Track Location
 - [Find My Friends](#), [FamiSafe](#), [Life 360](#)
- Apple
 - [Apple's Screen Time](#) Settings
- Android
 - [Google's Family Link](#)
 - Also use Android's Digital Wellbeing settings, built into the latest OS.



Networks

- Devices on a network, limit screen time, filter content, turn off Wi-Fi
 - [OpenDNS](#)
 - [Circle Home Plus](#)
 - [AT&T Smarthome](#)
 - [COX](#)



Social Media

- They control their own use of the app. You can set it but they can change it.
- [Instagram's](#) Your Activity feature shows the time you've spent in the app and sets limits for yourself.
- [YouTube](#) has a similar feature reminding users to take breaks.
- TikTok allows parents to set limits and remotely manage their kids' accounts using its [Family Pairing feature](#).
- Check out other app settings.



Checking Search History

Setting boundaries, building trust, and creating expectations are a great place to start when trying to create great habits. If you still need to check to make sure that students are not accessing inappropriate content then try these steps.

- [Checking and Deleting Web History in Chrome Browser](#)
- [Checking Web History on Safari](#)
- [View and delete browser history in Microsoft Edge](#)



Student Emails

Email is an established technology that allows students to connect with potential schools and employees. It may even let them communicate with family members. If you are looking for great ways to use Google safely with your families check out the [Google For Families Help](#) center.

- [Gmail and a Student Account](#)



State and Federal Laws

There are a few laws to be aware of at the State and Federal levels to ensure you know how to protect your students best.

- FEDERAL
 - FERPA (Family Educational Rights and Privacy Act)
 - [Protecting Student Privacy](#)
 - [What is FERPA?](#)
 - [FERPA from the CDE](#)
- COPPA (Children's Online Privacy and Protection Act)
 - [What is COPPA?](#)
 - [FTC Business Plan Recommendation for COPPA](#)
- STATE
 - SOPIPA (Student Online Personal Information Protection Act)
 - [What is SOPIPA?](#)