

AGIOS NIKOLAOS on SUP 2022

September, 24-25 2022 | Agios Nikolaos, Crete

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Prologue

The Sup-surf Sports Association of Heraklion, the Municipal Societe Anonyme of Agios Nikolaos, the Nautical Sports Association of Ag. Nikolaou and the Cultural and Sports Organization of Agios Nikolaos of the Municipality of Ag. Nikolaos in collaboration with the Region of Crete, are organizing an international intercollegiate STAND UP PADDLING (SUP) competition, on Saturday 24 and Sunday 25 September 2022 entitled **AGIOS NIKOLAOS on SUP 2022**. The event will be held in parallel with the **Cliff Diving** event at the Lake of Agios Nikolaos.

The AGIOS NIKOLAOS on SUP 2022 events have the primary objective of developing noble rivalry, love for the sea, and the promotion of Tourism.

Agios Nikolaos on SUP will last two days, the event will be held in the Sea area between Plaka, Elounda, Agios Nikolaos Marina and Kalo Chorio, depending on the prevailing weather conditions. The locations, start time and routes may alter up to 2 hours before the startup or in the technical update, the relevant announcements will be made on the event page <https://www.agiosonsup.gr> or facebook page <https://www.facebook.com/AgiosOnSup>.

The provisional program of the event:

FRIDAY 23RD OF SEPTEMBER 2022:

- 16:00 – 20:00 Opening of the secretariat and athletes' package pickup at the DAEAN offices in the Marina of Agios Nikolaos – see the location on the map

SATURDAY 24TH OF SEPTEMBER 2022:

- 08:00 – Opening of the secretariat (EOT beach – Kimzu)
- 10:30 – Technical briefing for technical and sprint sup
- 11:00 – Sprint SUP
- 12:30 – Technical SUP
- *SUP awards granting parallel to the races (EOT beach – Kimzu)*
- 19:00 – Men's/Women's SUP Sprint Final in the Lake Voulismeni – Award granting

SUNDAY 25TH OF SEPTEMBER 2022:

- 10:00 – Technical briefing 14km Plaka beach – Spinalonga
- 10:30 – 14 km SUP starting from Plaka beach – Spinalonga
- 10:45 – Technical briefing 10km SUP on the beach at Plaz Chiona – Elounda
- 11:00 – 10 km SUP starting point is the beach at Plaz Chiona – Elounda
- 11:15 – Technical information briefing 4km SUP – Havania beach
- 11:30 – 4 km starting point – Havania beach
- 14:00 – Awards granting 4km SUP / 10km SUP/ 14 km SUP – Lake Voulismeni

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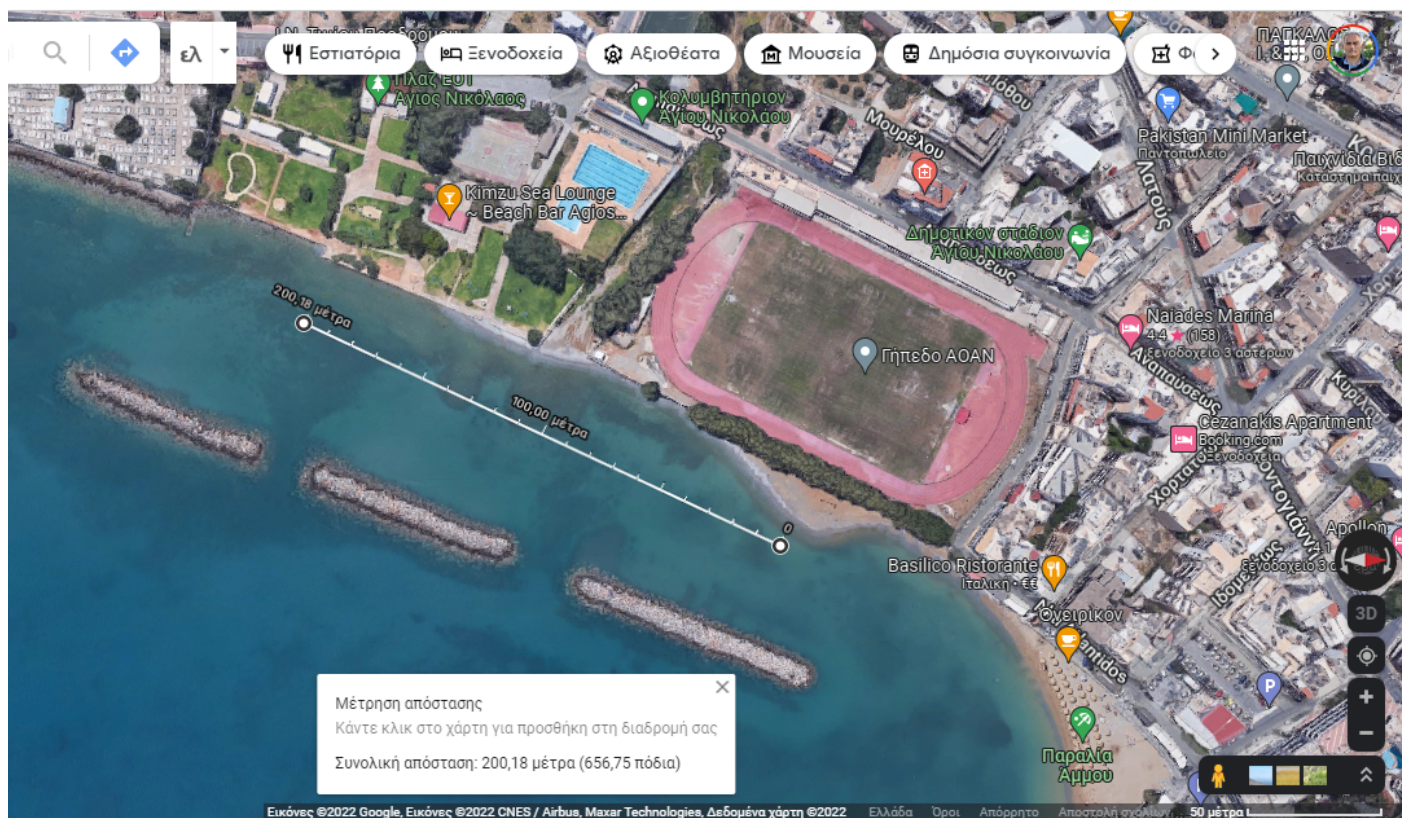
For relevant information you can contact the President of D.A.E.A.N. Michalis Farsaris on the phone +30 6936797756, the president of P.A.O.D.A.N. Mr. Alexakis Haris on the phone +30 6972309424 and the Managing Director of D.A.E.A.N. Michalis Garefalakis on the phone +30 6980989984.

For more information, you can visit the event pages.

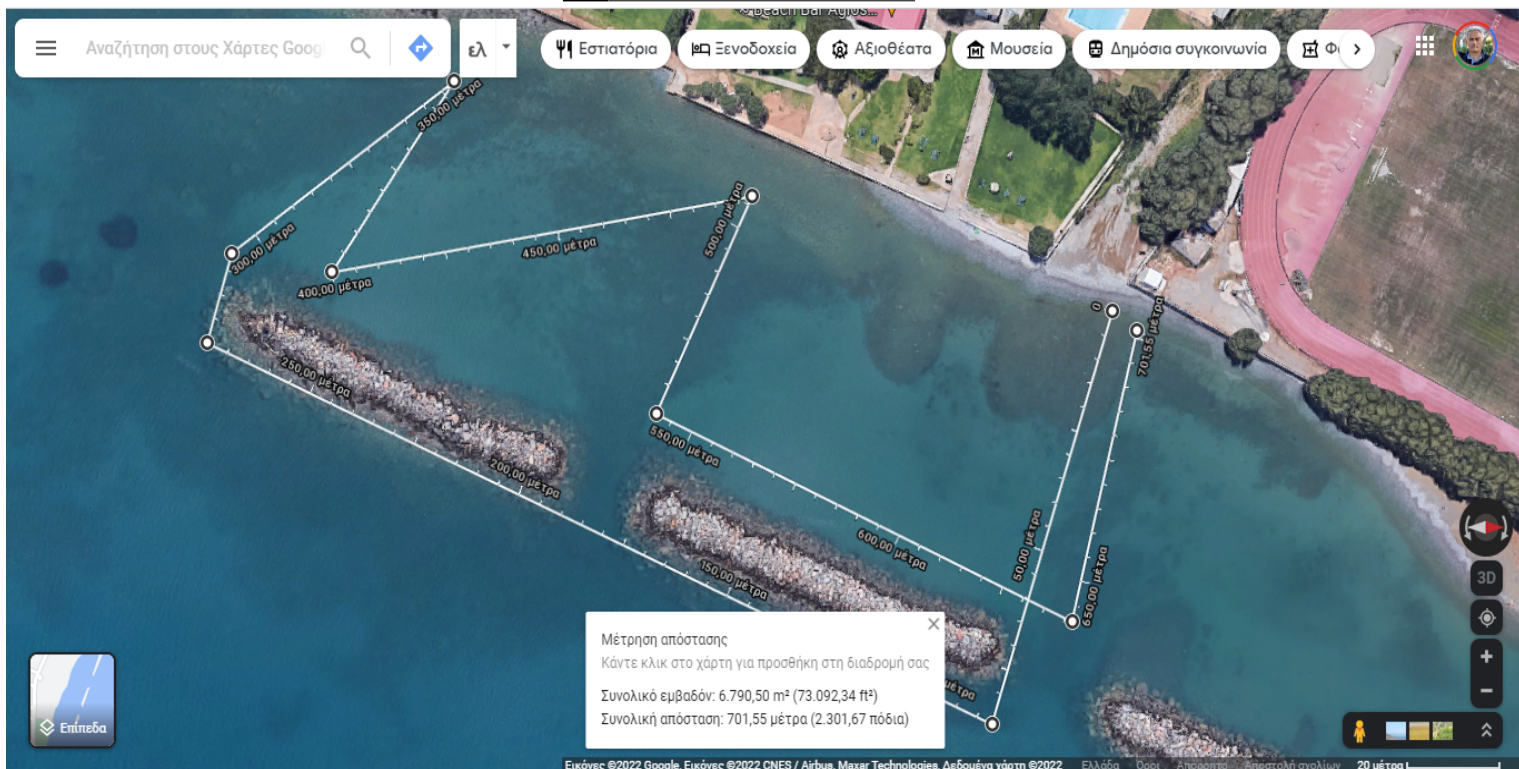
Race Maps: <https://agiosonsup.gr/race-maps-2/>

Route schedules:

200m



TECHNICAL MATCH



700m x 2=1400m

This year's event is dedicated to Thanos Karaiskos.

Who was Thanos Karaiskos

Thanos Karaiskos was born in Serres. He was an officer of the Greek army and after his demobilization, he stayed in Heraklion, Crete.

In 2008 he met and loved the sport Sup, became an athlete, and took part in many international competitions gaining various distinctions.

In 2016 Thanos Karaiskos together with his wife and a group of people whom he initiated into the water, founded the SUP Surf Club Heraklion with training taking place at Arina beach and Konaki beach in Kokkini Hani.

The association has already highlighted several athletes representing Heraklion in Greek and international competitions with the Greek national team.

Thanos was the father of SUP in Crete, a pioneer, and had contributed significantly to the development of the SUP in Greece.

Article 1: ORGANIZING COMMITTEE & EXECUTIVE ORGANIZING COMMITTEE

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For the needs of the event, an Executive Organizing Committee has been appointed which consists of the members of the organizers as well as representatives of the local sports community and executives of the Municipality of Agios Nikolaos.

Farsaris Michalis	President of DAEAN
Vassilis Kalambalikis	Member of AS SUP SURF Heraklion
Ioanna Roussoglou	Member of NASAN
Nancy Karaindrou	Member of NASAN
Dimitris Grigorakis	Member of NASAN

The coordinator of the event is Farsaris Michalis, DAEAN president (phone number +306936797756). Members of the committee who are absent are replaced by alternate members of the organization.

Executive committee's purpose :

- The general organization and management of the event.
- The application of the terms of this announcement.
- The control and approval of the statements - applications for participation and the certificates of participation and the supporting documents that will be presented by the participants.
- The way of holding the event.
- The selection and the draw of the definition of the judges of the event.
- The selection and appointment of the participating doctors (approval of the list of doctors and substitutes).
- The selection of the venues of the event.
- The adjudication of objections and the imposition of penalties.
- The implementation of the program of the event.
- The oral and written information of the members of the board of directors of the involved bodies.
- The development of parallel events for the participating groups.
- Finding sponsors for the event.
- The posting of the results of the event.
- The publication of the results of the event in the printed and electronic press.
- The solution of the problems that will be presented in the implementation of the event, and in the general application of this announcement.

Article 2: Eligibility - Applications:

The right to participate in the event is available to all those who have reached the age of 5 and are in good physical and mental condition, as long as they complete and sign the necessary application form and disclaimer of responsibility of an adult or minor, as well as bring a recent medical certificate from a cardiologist or recognized health card for 2022 (or at least one year has not passed since the last valued date). Children up to 18 years old need a signed permission from their guardian.

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Participation in the event can be done by groups or individuals, **up until Friday 23-9-2022.**

Start of registration: 30/08/2022

End of registrations: 23/09/2022

**Closing of early bird participations: 18/09/2022*

REGISTRATION FORM - [click here](#)

	Early bird*	Late booking**
SUP		
14 km SUP	€35	€50
10 / 4 km SUP	€15	€25
Sprint SUP	€10	€20
Technical SUP	€10	€20
Fun boards/Inflatables	€10	€20

- Moreover, if you register for more than one race, then the second race (the one with the lowest price) will be offered a discount of **50%**.

- In case of a **group registration** (more than 8 people) you can receive a **10%** discount on all entries.



Applications with all the necessary supporting documents must be submitted electronically according to the program or to the secretariat of the event.

The participation of each athlete is done by completing the electronic document form. **In order for the registration to be valid**, it must be accompanied by the deposit of the corresponding amount in the following account. The reason must indicate the name of the athlete. *(Any bank expenses are borne by the athlete).*

*** You can send the deposit receipt to email 2022@agiosonsup.gr or attach it to the registration form.**

Important information: you must deposit the total amount based on your statement **within 3 days of your application** via bank deposit / transfer to the following bank account. Otherwise participation will be canceled.

PANCRETA BANK

IBAN: GR6508700150000300002900509

SWIFT BIC: STPGGRAA

JUSTIFICATION: AOS22 {NAME/SURNAME}

BENEFICIARY: ΑΘΛΗΤΙΚΟΣ ΣΥΛΛΟΓΟΣ ΟΡΘΙΑΣ ΣΑΝΙΔΟΚΩΠΗΛΑΣΙΑΣ ΚΑΙ ΚΥΜΑΤΟΛΙΣΘΗΣΗΣ

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There will be an electronic timing system at the event. Participants who do not confirm their participation before the start of each route will not be considered in the electronic timing.

Personal flotation devices (PFDs) are required of all athletes in Sunday's long distances.

The use of a leash is mandatory for all athletes.

All technical data and results concerning the event, under the responsibility of the Organizing Executive Committee, will be posted on www.agiosonsup.gr or on Facebook, <https://www.facebook.com/agiosonsup> or as well as at the venue of the event .



It is clarified to the participants that the Organizing Committee has every right to change the sailing, direction, start and terminal of the routes, depending on the prevailing weather conditions. Changes will be announced no later than 2 hours before the start of each route.



Prizes of €6,000 have been established for the event, which will be distributed only to the winners of the long distance course with the obligation to simply participate in a sprint or technical race.

Prizes of €1,000 have been established for the event, which will be distributed only to the winners of the long distance course with the obligation to simply participate in a sprint or technical race for those who hold Greek sports status.

	6000€ MONEY SPLIT	
	MEN	WOMEN
1	1.300€	1.300€
2	700€	700€
3	500€	500€
4	300€	300€
5	200€	200€
	1000€ ΚΑΤΑΝΟΜΗ ΕΠΑΘΛΟΥ	
	ΑΝΔΡΕΣ	ΓΥΝΑΙΚΕΣ
1	250€	250€
2	150€	150€

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3	100€	100€
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If there are less than 4 entries in a category, an honor will be awarded but not on the podium.

Athletes from the Boys/Girls category are not allowed to participate in events of the Men's/Women's categories

The Champion of Agios Nikolaos On Sup 2022 will be appointed points as below.

Specifically:

Ranking score: 50% of the participants will receive a score OF CREWS per match.

Those ATHLETES who will not be graded will receive 0.5 points for their participation only.

Example

In a race involving 10 CREWs only the first 5 are scored as the following:

1st 8 points (+ 2 more than 2nd)

2nd 6 points (+ 2 more than 3rd)

3rd 4 points (+ 2 more than 4th)

4th 2 points

5th 1 point. The rest will not be graded points.

Clarification

1 participation = 2 points for the 1st

2 entries = 3 points only 1st

3 entries = 3 points 1st

1 point the 2nd

4 entries = 3 points 1st

1 point the 2nd

And so on.

Article 3: Ages, Categories and boards

The following demonstrations will take place on the first day:

- 200m Sprint SUP race

The men's/women's finals will be held in the Lake Voulismeni

- Technical SUP race

The following routes will take place on the **second** day:

- up to **15 km** for boards up to **14'**. Finish point at the Lake Voulismeni

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Participants can choose from the following table options:

	Saturday	Saturday	Sunday		
Vessel type	Απόσταση	Distance (technical)	Distance	Category	Date of Birth
up to 14'0"	200m.	1400m.	14km	Men-Women	2003 and older
up to 14'0"	200m..	1400m.	14km	Master 40+	1982-1973 *
up to 14'0"	200m.	1400m.	14km	Master 50+	1972 and older
up to 14'0" inflatable boards	200m.	1400m.	9km	Adolescents, ages 17-18	2004-2005
up to 14'0" inflatable boards	200m.	1400m.	3km	Boys-Girls, ages 15-16	2006-2007
up to 14'0"	200m.	700m.	-	Boys-Girls, ages 13-14	2008-2009
up to 14'0"	200m.	700m.	-	Boys-Girls, ages 11-12	2010-2011
up to 14'0"	140m.	-	-	Boys-Girls, ages 8-9-10	2012-13-14
up to 12'0"	-	700m.	-	Men-Women	2003 and older
up to 12'0"	-	700m.	-	Master 40+	1982-1973 *
up to 14'0" inflatable boards	-	700m.	-	Men-Women	2003 and older
up to 14'0" inflatable boards	-	700m.	-	Master 40+	1982-1973 *

All routes are posted on the event page.

Article 4: Conducting system & Event Regulations

The event is subject to the **ISA - STAND UP PADDLING (sup)** <https://goo.gl/dXVq6P> rules or the EOKK (HELLENIC FEDERATION of CANOE-KAYAK), whenever mentioned in the regulation, the word ISA is replaced by Agios Nikolaos On Sup.

Participants must paddle upright along the route following the markings made with large visible buoys.



Each participant, depending on the distance he chooses, will receive his T-shirt with his participation number from the event secretariat upon registration.

In case one of the participants feels unwell or needs help or change of equipment and can not continue the race, he nods with his hand so that the escort boats can locate him and **help him without obstructing the course of another participant.**

Athletes' communication with others is permitted.

It is pointed out that the timing will be electronic or and manual.

Article 5: Medical examination of participants & Medical coverage.

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The participants' medical condition and ability to participate in the event is purely their own responsibility. The organizers are obliged to provide medical assistance in an emergency medical event during the participation in cooperation with a medical team that will be established.

A prerequisite for participation in the event is that they have been previously medically examined by a cardiologist.

Participation in the event is only possible for adults with the submission of a responsible declaration by the participant and the necessary supporting documents.

The participation in the event for minors is approved only with the submission of the relevant application signed by the guardians/ parents of the minor which will be accompanied by a medical certificate or a copy of sports card signed by a club doctor and a responsible statement of participation signed by their guardians/ parents.

The organizers are responsible for the appointment and presence of a specialized doctor during the event, in collaboration with the public health organization. The presence of a doctor at the event is certified by the judge before the start of the event, who is obliged not to start or stop the event if there is no doctor.

Article 6 - Obligations of participants

Participants who will participate in the event are required to:

- o Behave properly according to the athletes' code of conduct and ethics.
- o Wear appropriate clothing during the event to ensure their safety.
- o Carry a lifeboat if requested by the event and a leash that will connect them to their boat during the event.
- o Arrive on time at the venue of the event 60' before the start of the event.

Article 7. Objections

Objections-Appeals will be accepted, accompanied by a fee of 45,00 and 60,00 euros respectively. They will be filled in special forms and submitted to the Match Committee through the Secretariat.

Article 8. Prizes - souvenirs

All participants will be awarded a participation souvenir of the event, and a souvenir t-shirt.

A medal will be awarded to all participants of the categories that will occupy the first three places.

The organization has established prizes of €6,000.00 which will be shared among the first 5 in the long distance category.

These athletes have an obligation to participate in one more race, either the 200m or the technical.

The 3 winning athletes with Greek sports status will share an additional €1000 with the same obligation as above.

Article 9. Other provisions:

It is suggested that participants have sufficient clothing (to cover all phases of the event). The organizers have the right to ask the athletes to wear a life jacket especially for the long distance.

Anything not provided for herein is regulated by the Organizing Executive Committee of the event.

HEALTH PROTOCOLS

The organizer as well as the participants, are obliged to comply with the health protocols, for which all participants will be informed by personal mail via email or the website of the event.

ALTERATION OF PROCLAMATION

The organizers reserve the right to modify this announcement and for any change there will be timely information for the athletes (event site, facebook page, e-mail to those already registered).

The organization will set a maximum number of participants per event - a number that will be announced at the start of registration - in which priority will be given to those who have completed their registration early.

The President of the Organizing Committee

Farsaris Michalis