

# 2025-2026 BULLETIN

## CHSAA<sup>TM</sup> WRESTLING

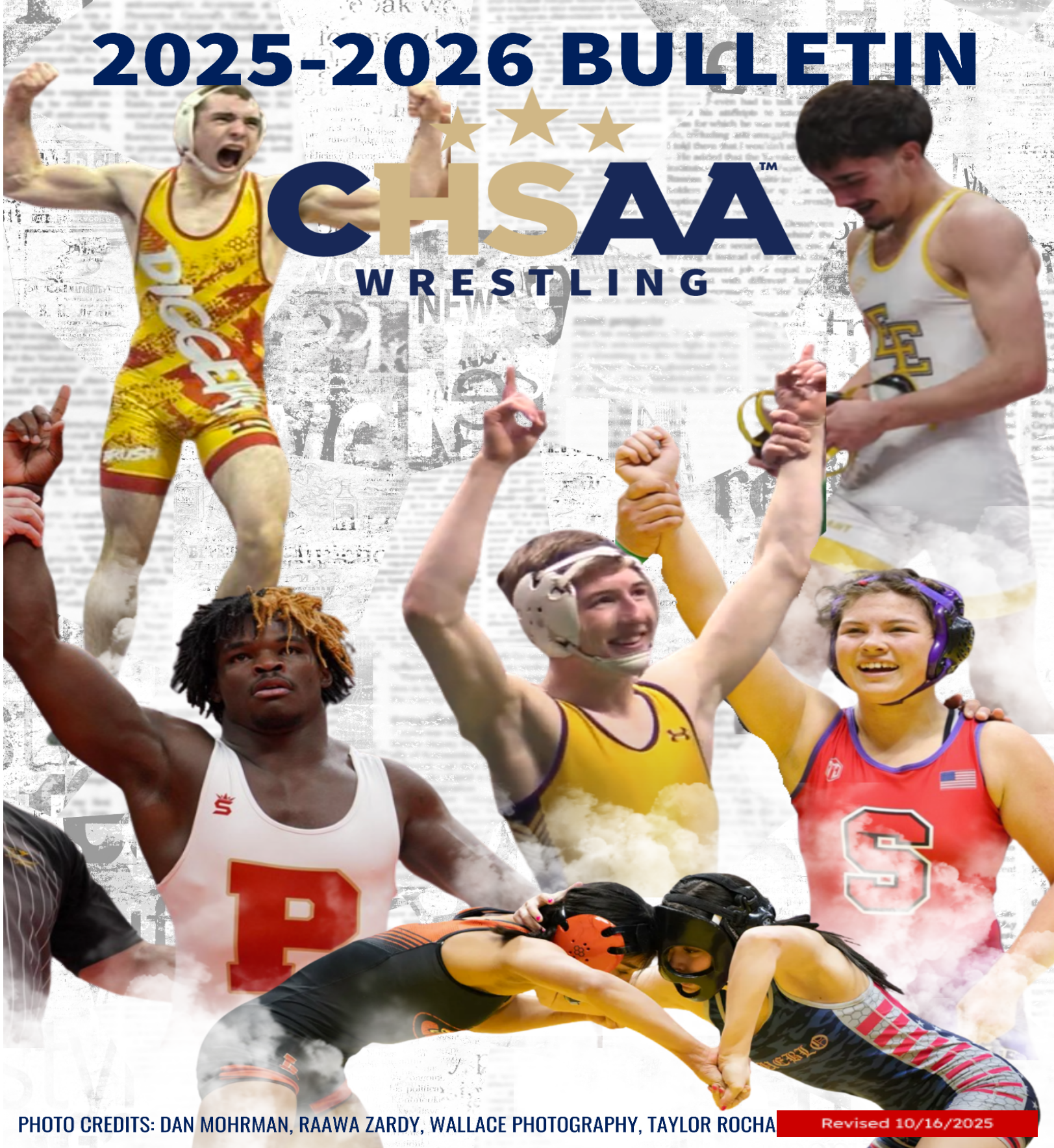


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Revised 10/16/2025

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**COLORADO HIGH  
SCHOOL ACTIVITIES  
ASSOCIATION**

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October 2025

TO: Athletic Directors and Coaches of Schools Participating in Wrestling

FROM: John Sullivan, CHSAA Assistant Commissioner

RE: State High School Wrestling Season

I am excited to be working with the wrestling coaches and athletes this winter. As the year progresses, please reach out to me with any questions, concerns or suggestions that would make the season a better experience for everyone.

It is important for you to re-familiarize yourself with the policies and procedures required to conduct this sport. Please take the time to thoroughly review this bulletin so you are aware of any changes made in the past year, as well as becoming familiar with Trackwrestling and the OPC so that your team meets all requirements when it comes to weight management and weigh-ins. All athletes should have a physical on file that is good for 365 days, and must complete their weight assessment prior to their first contest. Just a reminder that a physician can not change the weight descent plan of an athlete.

Thanks for all you do to make this sport an enjoyable and valuable experience for the kids and their fans. Please do not hesitate to contact this office if you have questions or require clarification of wrestling issues.

Regards

John Sullivan  
Assistant Commissioner  
Colorado High School Activities Association

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All information in this bulletin is subject to change at the discretion of the CHSAA office

CHSAA**NOW**

## I. SPORTS CALENDAR

### WRESTLING CALENDAR DATES FOR 2025-2026

|                                                      |                                            |
|------------------------------------------------------|--------------------------------------------|
| First allowable date for Weight Certification.....   | Monday, November 3                         |
| Opening Day of Practice .....                        | Monday, November 17                        |
| First allowable Scrimmage.....                       | Saturday, November 22                      |
| First Contest.....                                   | Monday, December 1                         |
| Final allowable date for Weight Certification.....   | Prior to athletes' 1 <sup>st</sup> contest |
| Academic Regain Date (NFHS Week 20).....             | Monday, November 17                        |
| Winter Restriction: No competition.....              | December 24-January 1                      |
| Winter Restriction: No practice .....                | December 24-27 & January 1                 |
| Two-Pound Growth Allowance .....                     | January 1                                  |
| Final Day for Varsity Competition .....              | Saturday, February 7                       |
| Regional Entries Due in Track Wrestling by 7 pm..... | Wednesday, February 11                     |
| Regional Criteria Submitted by 7pm.....              | Thursday, February 12                      |
| Regional Tournaments Completed by.....               | Saturday February 14                       |
| CHSAA State Tournament .....                         | February 19-21                             |

#### A. PRACTICE

1. As outlined in the CHSAA by-laws, formal practice is authorized to begin on Monday, week 20 of the NFHS calendar.
2. There is no rule prohibiting voluntary contact between a coach and his wrestlers prior to the date, but coaches are strongly urged to check their school district's insurance coverage, which may not apply to activity outside of the CHSAA dates. **NO** practice or instruction of any type may be conducted on any **Sunday** during the season or the winter practice restriction dates.

#### B. LAST CONTEST

1. No school may schedule any of its varsity wrestlers (to be entered in the regional tournament) in a match completed after the Saturday prior to the regional tournament.
2. Matches postponed during the season must be made up by the Saturday prior to regional.

#### C. MATCH LIMITS

1. No wrestler shall participate in more than 10 meets/dual meet events (excluding dual meet tournaments) and in more than 12 days of tournaments (including dual meet tournaments). For a wrestler entered in a multi-day tournament, all days of that tournament shall be counted towards the 12 days of tournaments (including dual meet tournaments).
2. For the purpose of the regular season, a "*dual meet event*" will be defined as a meet in which three or more teams compete, no team scores are kept, no forfeits are awarded and no individual wrestler competes in more than one match. The purpose of the dual team event is to allow teams of varying sizes to compete in a format that most efficiently allows each athlete to wrestle a match for minimum points as outlined below. Points for the event would be assigned to all participating wrestlers based on the maximum number of matches any one athlete wrestles.
3. PARTICIPATION — (1) When a wrestler engages in a match as defined by National Federation Rules; (2) When a wrestler steps on to the mat to receive a forfeit.
4. TOURNAMENT — Anytime five or more teams are involved. (Except for dual meet event)

# **CHSAA MISSION STATEMENT**

## **"Seeking Excellence in Academics, Activities, and Athletics"**

In pursuit of excellence, the Colorado High School Activities Association strives to create a positive and equitable environment in which all qualified student participants are challenged and inspired to meet their highest potential.

To fulfill this mission the Colorado High School Activities Association will:

- Act as an integral component of the educational process.
- Administrate, interpret, and seek compliance with the CHSAA By-laws as needed to promote fair play within Colorado activities and athletics.
- Provide diverse and equitable opportunities for participation that encourages all qualified students to take part in the activity/athletic experience.
- Provide an environment that enhances personal development through sporting behavior, character education, teamwork, leadership, and citizenship while increasing values that partner the educational standards of the State of Colorado.
- Recognize the outstanding accomplishments of Colorado athletes, teams, coaches, and administrators through our academic and activity awards programs.



### **II. CHSAA WRESTLING COMMITTEE**

Travis Stinar, Platte Valley, Chair (2<sup>nd</sup> term, 2026)

Rusty Johnson, Alamosa, (2026)

Brittaney Hudson, Bennett (2026)

Tony Mustari, Eaton (2027)

Chris James, Pueblo South (2027)

Jared Todd, Buenva Vista (2028)

Nate Hill, Ponderosa (2028)

Ron Ortivez, Jr, La Veta (2026)

Desiree Kendall, Poudre (2027)

David Laughlin, Canon City (2027)

JJ Behrens, Greeley West (2027)

Presley Papachek, Yuma (2028)

Cora Lanter, Severance (2028)

A. Wrestling Committee Meeting: Monday March 2nd, 2026 9 am

B. If you have proposal, it should be submitted 2 weeks prior to the committee meeting. Other discussion items can be expressed by writing to committee Chairman, Travis Stinar (Platte

Valley High School), committee members or by writing to John Sullivan, Assistant Commissioner ([jsullivan@chsaa.org](mailto:jsullivan@chsaa.org)).

C. Wrestling Committee Report 2025 ([LINK](#))

### III. SPORTS MEDICINE ADVISORY COMMITTEE (SMAC)

A. The CHSAA Sports Medicine Advisory Committee's mission is to provide information, vision and guidance to the CHSAA while emphasizing the health, and safety of students participating in interscholastic sports and activities. For more information about the Sports Medicine Advisory Committee, [click here](#).

B. **CHSAA Emergency Action Plan**- Every member school is required to create a venue-specific Emergency Action Plan (VEAP) for each site that the member school practices and hosts athletic contest. [\(Please use this template that has been created for consistency\).](#)

### IV. MAJOR BYLAW CHANGES

a. CHSAA Legislative Council Link: [Click Here](#)

b. CHSAA Bylaws: [Click Here](#)

## MAJOR CHANGES 2025-2026

1. **CLOC TIMELINES & LOGISTICS**  
-- Constitution & Bylaws, Article 15, Rules 1500.2 - 1500.48 ..... page 42
2. **CLASSIFICATION & LEAGUE PLACEMENT DETERMINATIONS**  
-- Constitution & Bylaws, Article 15, Rule 1510 ..... page 46
3. **TRANSFER TYPES (MILITARY, GUARDIANSHIP & ADMINISTRATIVE**  
-- Constitution & Bylaws, Article 18, Rules 1800.31 - 1800.33 ..... page 68
4. **AMATEUR STATUS (NAME, IMAGE & LIKENESS)**  
-- Constitution & Bylaws, Article 20, Rules 2000.1 - 2000.8 ..... page 83
5. **ADMINISTRATIVE CONTROL**  
-- Constitution & Bylaws, Article 2200, Rule 2260.2 ..... page 96
6. **SUNDAY PRACTICE - ICE HOCKEY & ALPINE SKIING**  
-- Constitution & Bylaws, Article 23, Rule 2310.5 ..... page 102

Please note that the CHSAA staff continually updates the CHSAA Constitution and Bylaws as needed. The most updated document can be found at [CHSAANOW.com](http://CHSAANOW.com).

### V. NFHS RULES CHANGES

A. [RULE CHANGES and POINTS OF EMPHASIS](#)

## B. STATE RULES ADOPTIONS

### 1. UNCONSCIOUS ATHLETE

Please pay particular attention to National Federation Rule 8-2-4, which indicates that an unconscious wrestler must have approval from an appropriate health care professional before he/she can return to competition.

### 2. INJURY AND BLEEDING TIME-OUTS

The National Federation Rule Book, Rule 8, Section 2 Injury, ART. 1: An injured or ill contestant is entitled to a maximum injury time-out of 1½ minutes which is cumulative throughout the match, including overtime periods. Time required to treat a pre-existing medical condition or illness is also counted as injury time. There is a limit of two injury time-outs which may be permitted in any match, provided the total time does not exceed 1½ minutes. If a second injury time-out is taken during a regulation period, the opponent shall have the choice of top, bottom or neutral position on the restart.

#### *EXCEPTIONS:*

- a. If the second injury time-out is taken at the conclusion of the first period, the opponent shall have the choice at the start of the second and third periods.
- b. If the second injury time-out is taken at the conclusion of the second period, the opponent shall have the choice at the start of the third period.
- c. If the second injury time-out is taken at the conclusion of the second period, the opponent already has the choice at the beginning of the third period, the opponent would then have the added choice at the first restart after the beginning of the third period.
- d. If the second injury time-out is taken at the conclusion of the third period, the opponent shall have the choice of any one of the three starting positions at the beginning of the sudden victory period.
- e. If the second injury time-out is taken any time during the sudden victory period, the opponent shall have the choice of top, bottom or neutral position on the restart.
- f. If the second injury time-out is taken at the conclusion of the sudden victory period, the opponent shall have the choice of either top or bottom position at the start of both 30-second tiebreaker periods.
- g. If the second injury time-out is taken at the conclusion of the first 30-second tiebreaker period, the opponent shall have the choice of either top or bottom position at the start of the second period.
- h. If the second injury time-out is taken at the conclusion of the first 30 second tiebreaker period and the opponent already has the choice at the beginning of the second 30-second tiebreaker period, the opponent would then have the added choice at the first restart after the beginning of the second 30-second tiebreaker period.
- i. If the second injury time-out occurs at the conclusion of the second 30-second tiebreaker period unless an opponent has received an unsportsmanlike conduct penalty at any time during the match, the opponent shall have the choice of top or bottom position at the start of their ultimate tiebreaker period.
- j. If the second injury time-out occurs during either of the 30-second tiebreaker periods or during the ultimate tiebreaker period, the opponent shall have the choice of top or bottom position of the restart.
- k. A third injury time-out shall terminate the match. The opponent shall be declared the winner by default. Time required to correct illegal equipment is counted as injury time. Time used to recover and/or replace a contact lens may be charged against a contestant's injury time and count as an injury time-out if the referee determines that this disrupts the flow of the match.
- l. Rules for blood and injury time-outs is as follows: Each wrestler may take up to two time-outs for no more than a total of 1½ minutes for injuries, throughout the match, not to include bleeding. If a second time-out is taken, the opponent will get his choice of position on the restart (he may choose up, down or neutral). If this occurs in the tie-breaker, there is no choice of neutral

position (see National Federation regulation). Any bleeding can accumulate up to five minutes for time-outs to control the bleeding.

| <b>A SUMMARY OF INJURY/BLOOD TIME OUTS</b>                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p style="text-align: center;"><b>INJURY TIME</b></p> <ul style="list-style-type: none"> <li>• 1½ MINUTES CUMULATIVE THROUGHOUT MATCH, INCLUDING OVERTIME.</li> <li>• MAXIMUM OF TWO TIMEOUTS.</li> <li>• OPPONENT HAS CHOICE OF POSITION ON RESTART AFTER SECOND TIMEOUT.</li> <li>• INCLUDES SEARCHING FOR LOST CONTACT LENS.</li> <li>▪ AN INJURY USED TO PREVENT BEING SCORED UPON OR BEING PINNED SHALL BE CHARGED WITH AN INJURY TIME-OUT.</li> </ul> | <p style="text-align: center;"><b>BLOOD TIME</b></p> <ul style="list-style-type: none"> <li>• FIVE MINUTES CUMULATIVE THROUGHOUT MATCH, INCLUDING OVERTIME.</li> <li>• PRIORITY OVER ALL OTHER TIMEOUTS.</li> <li>• DOES NOT INCLUDE CLEAN UP TIME AFTER WRESTLER IS READY TO COMPETE.</li> <li>• IF THE BLEEDING OCCURS AS A RESULT OF UNSPORTSMANLIKE CONDUCT, ILLEGAL HOLDS OR UNNECESSARY ROUGHNESS AND THE BLEEDING CONTESTANT USES 5 MINUTES OF BLEEDING TIME, HE WILL BE THE WINNER BY DEFAULT.</li> </ul> |
| <p style="text-align: center;"><b>RECOVERY TIME</b></p> <ul style="list-style-type: none"> <li>• TWO MINUTES PER INCIDENT (CAUSED BY ILLEGAL ACTION)</li> </ul>                                                                                                                                                                                                                                                                                             | <p style="text-align: center;"><b>REFEREE'S TIME</b></p> <ul style="list-style-type: none"> <li>• USED FOR CORRECTION OF LEGAL EQUIPMENT MADE INOPERABLE OR ILLEGAL DURING CONTEST.</li> </ul>                                                                                                                                                                                                                                                                                                                    |

3. Modified the rule to extend time to evaluate head, neck and cervical column injuries.– (8-2-4a, b(1), (2), (3)) This rule allows additional time to evaluate head, neck, cervical column and/or nervous system injuries when an appropriate health-care provider is present. If one is not present, the regular injury time is used. It cannot be used for any other types of injuries.
4. OPTIONAL UNIFORM ITEMS: The use of arm sleeves or leg sleeves will not be authorized in the state of Colorado for high school wrestling. (These are different from elbow pads and knee pads, which are authorized for use.)
5. MINIMUM WEIGHTS  
**NFHS Rule 4-4-2:** A contestant shall not wrestle more than one weight class above that class for which the actual weight, at the time of weigh-in, qualifies the competitor. There is no minimum weight for a 106-pound contestant.

## **SPORTS MEDICINE ADVISORY COMMITTEE**



For all CHSAA sports medicine policies, procedures, and protocols, please visit the [Sports Medicine Advisory Committee Handbook](#).

**Lightning and Tornado Policy** and **Procedures and Heat Acclimatization and Safety Priorities** can also be found in the [Sports Medicine Advisory Committee Handbook](#).

[NFHS SMAC Position Statement and Recommendations For Maintaining Hydration To Optimize Performance And Minimize The Risk For Exertional Heat Illness](#)

**SPORTSMANSHIP** [CHSAA Sporting and Behavior Manual](#)

## **BECOMING AN OFFICIAL**

If you or someone you know is interested in becoming an official, please contact the CHSAA official's office at [mtillman@chsaa.org](mailto:mtillman@chsaa.org).

## **AMERICANS WITH DISABILITIES ACT**

**Please note:** All rules and policies contained within this bulletin are subject to the ADA's requirement to provide reasonable modifications for a disabled student(s). A reasonable modification(s) shall provide a disabled student with equally effective access [to the activity] unless the provision of such reasonable modification would constitute a fundamental alteration of the essential elements of the activity involved. Please refer to CHSAA bylaw 500 for more detailed information.

**MINI CHAMPIONSHIP TROPHIES** You can find the link for the Personal Trophy PDF [HERE](#).

# NO VIDEO REVIEW OR APPEALS



## **CHSAA BYLAWS**

CHSAA Bylaws do not allow for Administrators to review or hear appeals related to official's rulings, judgment calls, or any misapplications of rules.

01



## **VIDEO REVIEW**

No video reviews will be conducted. Please do not send any clips or footage to the CHSAA office.

02



## **PLEASE NOTE**

By playing rule and Bylaw, all results are considered final at the conclusion of the contest unless otherwise noted in NFHS playing rules for that sport.

03



[ARTICLE 22 - CHSAA Bylaws](#)

## VI. REGULAR SEASON INFORMATION

### A. WEIGH INS

1. Officials are no longer required to conduct dual meet weigh-in. It is the responsibility of the host administration to conduct weigh-in in compliance with Rule 4-5 of the NFHS Rules Book. Tournament hosts may choose to conduct weigh-in, in compliance with Rule 4-5 of the NFHS Rules Book, or may choose to have the referee's conduct weigh-in by paying a \$37.50 Weigh Master stipend to each official present for weigh-in.
2. For weigh-in not conducted by the referee(s):
  - a. Coaches are to document the actual weights of the opposing team on the official weigh-in sheet.
  - b. Coaches are to sign the opposing teams weigh-in sheet confirming the accuracy of all recordings and entries.
  - c. Coaches, or another authorized person, are to perform grooming and skin checks in accordance with standards identified in Rule 4-2 of the NFHS Rules Book. All non-conforming grooming issues must be brought into compliance prior to the offending wrestler reporting to the scorer's table for his/her first competition of the event. All suspected skin conditions must be brought to the attention of the referee upon his/her arrival at the host site.
  - d. All grooming deficiencies, and suspected skin conditions, identified by the referee after a wrestler properly reports to the scorer's table will be penalized as a Technical Violation for reporting not ready to wrestle (Rule 7-3-5).

### B. OFFICIALS

1. All varsity matches and tournaments shall be officiated by Colorado Wrestling Officials Association officials registered with the CHSAA. It is recommended that officials registered with the CHSAA referee all matches below the varsity level. In order to deviate from the above, special permission must be secured prior to the contest from the CHSAA office.

2. Officials Fees [LINK](#)

### C. EJECTION OF A WRESTLER

1. Any wrestler ejected at any time (for a dual meet, for a one-day tournament, or a multi-day tournament) by a referee for repeated unsportsmanlike acts or a flagrant misconduct will be removed from the remainder of the contest and/or multi-school event and will be ineligible for the next match, tournament or multi-school event. The playing of any ineligible will cause the school to forfeit the match in which the ineligible athlete participated. There is no appeal to this rule, and coaches are urged to review the rule with team members prior to the start of the season and provide a constant reminder as the season progresses.
2. If the ejection occurs during a tournament, the wrestler will be ineligible for the remainder of the tournament and the next scheduled match or tournament at the level from which he was ejected. Further, the matches for which the participant has been declared ineligible will decrease the stated maximum allowable matches for the disqualified competitor (2200.12 of the CHSAA By-laws). All points previously earned by the wrestler in the tournament will be negated (Rule 8-1-6). He may not wrestle at any level until the suspension is completed. The second ejection during a season results in a two-match suspension. A third ejection will result in a review by the Commissioner.

3. A triangular, quadrangular or team tournament is considered to be one multi-school contest. As a result, if a wrestler is ejected from the first segment of a quadrangular, he is ineligible for the remainder of the triangular/quadrangular. Further, the wrestler must miss the next regularly scheduled match, multi-school event or tournament following the quadrangular.

Q1: What will be the penalty if a wrestler is ejected in the first round of a 16-team double elimination tournament?

A1: He will miss the remainder of the current tournament, plus the next tournament or regularly scheduled dual (wrestling date) meet of the same level. Further, if there is a meet of a different level before the next meet of the same level in which the wrestler was ejected, he will also miss those events. All team points earned by the wrestler in the tournament will be negated.

Q2: If a wrestler is ejected from the first segment of a triangular meet, what additional matches must the wrestler miss?

A2: The wrestler must sit out the remainder of the triangular, plus the next regularly scheduled event at the same level, and may not compete at any other level.

Q3: A wrestler is ejected from a varsity match on Friday. The school has JV meets on the next Tuesday and Wednesday, followed by a varsity meet on Thursday. Is the wrestler eligible to wrestle in the varsity meet on Thursday?

A3: No. The wrestler must sit out one date at the level from which he was ejected. During the period of ineligibility, he/she may not compete at any level.

Q4: A wrestler receives a second unsportsmanlike conduct penalty after the conclusion of his match, but before he leaves the mat. What is the penalty?

A4: One team point will be deducted, plus the wrestler will be ejected for the remainder of the dual meet or multi school event. Further, the wrestler must miss the next meet or tournament of the same level.

**Coaches please note: If an athlete is ejected from the final event of the end of the regular season, he/she will not be eligible to compete in the regional qualifying tournament.**

#### C. EJECTION OF A COACH

1. If it becomes necessary for a referee to eject a coach from a meet for any reason, the coach must miss the remainder of the current event (1, 2 or 3 days) and the next two contests of the same level (as well as, all other matches of different levels during this time) and shall be placed on CHSAA probation in accordance with the policies established by the CHSAA Board of Directors (CHSAA By-law 2420(b)). This also applies to a coach who is ejected from a tournament session due to receiving two unsportsmanlike penalties during the dual meet or tournament.

#### D. SUNDAY CONTACT:

1. No high school interscholastic contests, practices for interscholastic contests, camps, nor association between participants and coaches/directors of any CHSAA sanctioned activity from the student's school shall take place on Sunday at any time during the season. The Commissioner may, when deemed advisable, allow postponed state level events to be played on Sunday.

2. Travel Exception: Teams may travel on Sunday if they are competing in an event that ends late Saturday night. No practice or reference to wrestling may be made on the Sunday travel day.

#### F. DETERMINING WIN/LOSS RECORD

The following matches count toward determining a wrestler's season won-loss record which should be entered into Trackwrestling following each dual/tournament:

1. All interscholastic matches as a varsity wrestler at or above the wrestlers certified weight, up to the regional tournament.
2. All matches won or lost by default.
3. All matches won by forfeit.
4. All matches won or lost by forfeit due to the ineligibility of a wrestler.

Q1: Can a wrestler on a varsity team entered in a junior varsity tournament count his wins or losses on his varsity record?

A: No, because it is a junior varsity tournament.

#### E. OVERTIME PROCEDURE:

The procedure for overtime is explained in the National Federation Wrestling Rule 6-7-1, 6-7-2, 6-7-3. Please note the rule for stalling or simultaneous penalties for purpose of tie breaker.

#### H. FORFEITURES

1. National Federation Rule 5-13: When the opponent, for any reason, fails to appear for a match. In order to receive a forfeit the wrestler shall be dressed in a legal wrestling uniform and appear on the mat. Forfeits do not count as matches when considering the five-match in-one-day limit.
2. The coach of the wrestler receiving a forfeit must have his wrestler prepared to receive the forfeit in weight class order. Forfeits cannot be given after the match of the next weight class has begun.
3. Forfeitures are included in the wrestler's season record, for both wins and losses.
4. Any wrestler that forfeits will receive a loss on their record, unless the forfeit is due to an injury, illness or 6 match limit that occurs in the current tournament.

#### I. SPOTLIGHTS

If a school uses a spotlight to highlight wrestling at home events, sufficient light must be provided (as determined by the meet referee) so that a fair contest can be conducted. This includes elimination of shadows that make it difficult to determine pins, locked hands, etc. Please cooperate with officials to make the use of spotlights a safe and fair experience for all participants.

## J. TEAM DEFINITIONS AND INTERPRETATIONS

Q1: What is the definition of a team?

A1: A team is a competitive unit sponsored by a school, composed of at least two undergraduates of that school, under the direct supervision of a coach hired by the school district and which participates interscholastically in a representative schedule, as determined by the CHSAA Commissioner.

Q2: May a school sponsor a team for a single competitor?

A2: No.

Q3: May a school have more than one varsity team?

A3: No.

## K. GENDER QUALIFICATION

Both boys and girls may wrestle on the school's wrestling team if a girls team or co-op is not offered. If girls wish to participate on the boys wrestling team because a girl's team is not offered, the following matters should be addressed:

1. All contestants (male and female) shall weigh in wearing a suitable undergarment that completely covers the buttocks and the groin area. Female contestants must also wear a suitable undergarment that covers their breasts. Any contestant, who has been authorized to wear an artificial limb, shall weigh in with the artificial limb.
2. If a girl wrestles for a boys' team, she will need to compete the entire season wrestling against boys including the postseason.

## L. REPORTING TO TABLE - READY TO WRESTLE

All wrestlers in tournaments and dual meets must report to the score table immediately prior to their match. In an effort to keep on schedule and the event action transpires in an even fashion; please have your athletes ready to wrestle when they report to the table. This will be the procedure at the State Tournament. Consistency during the regular season will help athletes understand this expectation. The National Federation Wrestling Book, Rule 7-3-5 now addresses this. Reporting to the scorer's table, not properly equipped, or not ready to wrestle or any equipment that is detected as being illegal after the match has started is a technical violation.

## M. INTERSTATE COMPETITION

Because there is no longer an option to add or delete weights, all wrestling competition, whether conducted in Colorado or another state, shall be conducted according to the weights adopted by the NFHS.

## N. GENERAL INFORMATION/Q & A's:

The CHSAA has had reports of some unusual forms of competition in wrestling. Some of these could be serious violations, which could lead to a school's wrestling program being placed on restriction. Please consider the following when scheduling competition:

1. There is no such thing as an exhibition match in wrestling. A wrestler is involved in either a JV or Varsity match. Wrestlers are limited to 10 duals and 12 days of tournaments; competition is either a Varsity or JV match.
2. A JV match against another school does not have to include all weight classes, but a team score should be tabulated.
3. UNDER NO CONDITIONS MAY AN INELIGIBLE WRESTLER SCRIMMAGE OR COMPETE IN ANY WAY AGAINST A WRESTLER FROM ANOTHER SCHOOL.
4. Be considerate of your fans when scheduling additional matches. They should be aware of the starting time for varsity competition.
5. Removal of the school uniform does not make the above points inoperable. To reiterate: when wrestlers from two schools meet, it is either a Varsity or JV match. Regulations concerning scrimmages are very specific.
6. If a participant receives a forfeit in a varsity contest then wrestles against someone from a different weight class after the varsity match, the wrestler will use one match point for the forfeit and one match point for the subsequent match.

Q1: Two schools are scheduled to compete in a dual varsity meet. In addition to having wrestlers in each of the 14 weights, each team has an additional wrestler at 152 and 182. May the additional 150 and 175-pounders wrestle?

A1: Yes. The varsity meet would consist of 14 matches. The JV "dual" would consist of two matches, one each at 150 and 175.

Q2: In a situation similar to Q2, each team has three 150-pounders. May all three wrestle?

A2: Yes. The second 150-pounder would be considered the "B" match; the third 150-pounder would be considered the "C" match.

Q4: Any match wrestled below a wrestler's certified weight may not count toward regional seeding.

A4: True

Q5: An academically ineligible student, who will become eligible in one week at the quarter, is matched against another similarly situated wrestler from another school in (a) an interscholastic scrimmage, (b) a JV match, or (c) an "exhibition" match which takes place prior to a regular meet. Is this participation legal?

A5: No in (a), (b) and (c).

## VII. Weigh Ins

### **NATIONAL FEDERATION WEIGHT CLASSIFICATIONS**

Boys competition shall be divided into **14 weight classes** as follows:

106-113-120-126-132-138-144-150-157-165-175-190-215-285

Girls competition shall be divided into **14 weight classes** as follows:

100-105-110-115-120-125-130-135-140-145-155-170-190-235

**IMPORTANT: THESE WEIGHT CLASSES APPLY TO ALL LEVELS - FRESHMAN, SOPHOMORE, JV, AND VARSITY. VARSITY CONTESTS MAY NOT DELETE OR ALTER ANY OF THE WEIGHT CLASSES.**

- A. Schools or leagues may add weights beyond those prescribed in Rule 4-4 of the National Federation rules ONLY UNDER THE FOLLOWING CONDITIONS:
  - 1. Additional weight classes shall apply only to non-varsity competition.
  - 2. Additional weight classes at the sub-varsity level must be below 106 pounds.
  - 3. All National Federation and CHSAA rules related to weights shall be followed.
  - 4. Leagues or schools may establish a minimum weight requirement for the lowest weight class wrestled.
  - 5. League members, tournament entries, and other opponents shall be notified well in advance of competition of additional weight classes to be contested.
- C. Coaches are required to provide the track-wrestling weigh-in form at ALL weigh-ins.
- D. Any wrestler not listed on the weigh-in form is not eligible to weigh -in.
- E. A copy of the signed weigh-in form must be retained by each coach to present at regionals.
- F. Dual Meets:
  - 1. Shall be conducted a maximum of 1 hour and a minimum of 1/2 hour before the time a dual meet begins.
  - 2. Particulars:
    - a. When a preliminary meet is followed by a varsity meet, the 30-minute weigh-in period for the second meet may, by mutual consent, precede the preliminary meet.
    - b. A contestant may step on and off the scale two times to allow for mechanical inconsistencies, but may not do anything to promote dehydration during this time.
    - c. Any contestant who has been authorized to wear an artificial limb, shall weigh-in with the artificial limb.
    - d. Any contestant failing to make weight during the designated weigh-in time shall be ineligible for that weight class.
- G. Official Representative

In some cases, weigh-ins are conducted at a time, which is very difficult for the match referee to attend. By National Federation Wrestling Rule 4-5-4, the referee, or other authorized person, shall supervise the weigh-ins.” This should be a school administrator or other neutral person. For the 2024 season, CWOA referees will not oversee weigh-ins at Duals and are available via a weighmaster stipend to oversee tournament weigh-ins.

Q1: A school wishes to host a JV tournament using the 14 prescribed weight classes, plus an 86, 92, and 98-pound class. Is this legal?

A1: Yes. The host school, when contracting teams to enter the tournament, must notify them of the additional weights. In addition, all National Federation and CHSAA rules pertaining to weight must be followed, and a minimum weight may be established in advance for each of the additional classes.

Q2: A school wishes to add a super heavyweight (over 285 pounds) class to its JV tournament. Is this legal?

A2: No.

Q3: A varsity invitational tournament plans to offer a 95-pound class. Is this legal?

A3: No.

Q4: In a JV dual meet, the two coaches agree to have a 167-pound match. Is this legal?

A4: No.

H. MINIMUM WEIGHTS - NFHS Rule 4-4-2:

1. There is no minimum weight for a 106-pound contestant. A contestant shall not wrestle more than one weight class above that class for which the actual weight, at the time of weigh-in, qualifies the competitor.
2. A contestant shall not wrestle more than one weight class above that class for which his actual stripped weight, at the time of weigh-in, qualifies him. Wrestlers can only qualify for two weight classes based on their actual stripped weight at the time of weigh-in.
3. The minimum weights do not change with consecutive days of competition, including the 285-pound, which will use **192** (including growth allowance on or after January 2) as the minimum weight on the first and second day.
4. If a wrestler qualifies for a weight class on the first day of a two-day tournament, he is not required to gain weight to reach the minimum weight on the second day of the tournament.
5. The use of sweat boxes, hot showers, whirlpools, rubber, vinyl and plastic type suits, or similar **artificial** heating devices, diuretics and/or other drugs for weight reduction purposes at any time is prohibited and shall disqualify an individual from competition.

I. WEIGHT ALLOWANCE FOR CONSECUTIVE DAYS OF COMPETITION

1. Rule 4, Section 5, Article 5 states:

"When there are consecutive days of team competition, there shall be a one-pound additional allowance granted each day for all wrestlers up to a maximum of two pounds. In order to be granted this one-pound additional allowance, a minimum of 48 hours advance notice is required for your opponents(s)."

When there are consecutive days of competition such as: (a) dual meet followed by a dual meet, (b) dual meet followed by a tournament, (c) tournament followed by a dual meet, (d) tournament followed by a tournament, there shall be a one-pound allowance (for each consecutive day) granted over scratch weight to all wrestlers provided the proper notification is given. (Up to a maximum of 2 lbs.)

2. IN ORDER FOR ALL TEAMS WHICH WILL BE AFFECTED BY THIS RULE TO KNOW WHEN ALLOWANCES WILL BE PERMITTED, IT WILL BE NECESSARY FOR TEAMS WHICH WILL BE WRESTLING ON SUCCESSIVE DAYS TO EXCHANGE SCHEDULES PRIOR TO THE BEGINNING OF THE WRESTLING COMPETITIVE SEASON. A MINIMUM OF 48 HOURS NOTIFICATION TO YOUR OPPONENT IS REQUIRED IN ORDER TO BE GRANTED THIS ONE-POUND ALLOWANCE.

3. The additional weight allowance **DOES** affect the maximum for the heavyweight class. A heavyweight can compete at 286 pounds on the second consecutive day of competition provided proper notification is given. (48 HOUR NOTICE OF 2 CONSECUTIVE DAYS)

Situation: Before January 1<sup>st</sup>, if a school has a dual meet on Wednesday, a dual meet on Thursday, followed by a tournament on Friday and Saturday, what are the weight allowances for these four days of competition?

Ruling: Assuming proper notification has been given to all teams involved in the tournament, each wrestler from each team would be given a two-pound allowance for the first day of tournament competition. Therefore, as an example, all 113-pound contestants would be allowed to weigh a maximum of 115 pounds on the first day of the tournament and 115 pounds on the second day.

4. A wrestler may only qualify to wrestle in two weight classes. Thus, a wrestler weighs 113.5 pounds for a dual match on Friday; he can wrestle either in the 120 or 126 pound weight class that day. The very same wrestler weighs 113.5 pounds on Saturday when his team wrestles in a tournament. All teams have been given proper notice of the added pound allowance for this event. On Saturday, this wrestler can participate at either 113 or 120 and not at 126.

5. Perhaps the best way to remember this factor is by two points:

- a. Wrestlers can qualify for only two weight classes and never three.
- b. When teams are allowed extra pounds for consecutive days of competition, every weight class grows by that same amount.

6. The second day of a two-day tournament would not require the wrestler to meet extra poundage because this is a continuing competition and not the start of a new event.

Example:

|                                     |                                                      |
|-------------------------------------|------------------------------------------------------|
| Weight certified                    | -- 144 lbs.                                          |
| January 2 growth allowance          | -- +2 lbs.                                           |
| 3 consecutive days of competition-- | +2 lbs.                                              |
| Total --                            | 4 lbs. allowance for each wrestler on the fourth day |

On the fourth consecutive day of competition, a wrestler certified at a minimum of 145 pounds and who weighs 144 pounds cannot wrestle at the 138 pound (+4 lbs. = 142 lbs.) weight class. By weight certification cards, the lowest weight class in which he could wrestle is the 144 pound (144 lb. + 2 lb. = 146) weight class.

**NOTE: The CHSAA has adopted no alternative weigh-in procedures. Schools or leagues may not set aside this rule.**

## VIII. WEIGHT CERTIFICATION

- A. For health and safety reasons, the state's weight control program shall **require hydration testing with a specific gravity not greater than 1.025**, which immediately precedes the body fat assessment. A wrestler that is at or below scratch weight at the time of assessment **and is below 7 percent for males and 12 percent for females** shall have a physician's and parent's release to participate. This release shall not allow a wrestler to participate at a weight class below that for which the initial assessment allows, if the wrestler is not already at scratch weight.
- a. Example: A boy wrestler's minimum weight with a body fat of 6% is 113 lbs. With the approval of the physician and parent he may certify at 113 lbs. If his minimum weight would have been 113.1 or higher he would have had to certify at 120 lbs. **No appeals will be granted and a doctor's note will not allow the wrestler to recertify at any lower weight class.**
- B. Implementation:
- a. Each wrestler below 7% (male) 12% (female) must have **on file with the school administration** prior to competition the Weight Certification sheet signed by a parent and examining physician indicating the lowest weight at which the wrestler may participate for the remainder of the season. This card may not be revised downward by a subsequent evaluation.
- b. Once the physician has approved participation and the form is given to school administration, the coach should indicate in track wrestling that the participant has been approved for participation. This can be accessed on the "alpha master" page under the "clearance" column.
- C. OPTIMAL PERFORMANCE CALCULATOR (OPC)
- Each team is required to subscribe and use the Optimal Performance Calculator, found on the "OPC Patent" tab on the team's Trackwrestling homepage. The OPC shall be used for all weight management issues, including weight certification and the printing of weigh-in sheets **the day of your weigh-in for competition**. Weigh-in sheets printed early will have the wrong information listed with regard to weight descent plans and minimum allowable weight for that day.

D. MINIMUM WRESTLING WEIGHT CLASS

A wrestler's minimum wrestling weight class CANNOT be less than their minimum wrestling weight as predicted by body composition assessment.

- a. If a wrestler's minimum wrestling weight is between two weight classes, the wrestler must certify, and wrestle, at, or above, the higher weight class.
- b. If a wrestler's minimum wrestling weight is exactly that of one of the weight classes, the wrestler may certify, and wrestle, at, or above, that weight class.
- c. A wrestler having less than 7%/12% body fat at the time of body composition assessment cannot certify, or wrestle, at a weight class less than their actual weight at the time of assessment, even with a physician's written release. If a wrestler's percent body fat at the time of body composition assessment is below 7% (12% for females) the wrestler shall wrestle at their minimum wrestling weight class as determined by body composition assessment at 7%/12% body fat, or, if their sub-7% body fat weight is exactly that of one of the weight classes, the wrestler may wrestle at that weight providing they have a physician's written release stating they are naturally below 7%/12%.

**NUMBER OF REGIONAL QUALIFIERS PER WEIGHT CLASS  
TO STATE FOR EACH REGIONAL**

|                              |   |
|------------------------------|---|
| Class 2A (4 regionals).....  | 4 |
| Class 3A (4 regionals).....  | 4 |
| Class 4A (4 regionals).....  | 4 |
| Class 5A (4 regionals).....  | 4 |
| Girls 5A (4 regionals )..... | 4 |
| Girls 4A (4 regionals )..... | 4 |

Q1: May a coach weigh-in a wrestler that is not listed on the Trackwrestling weigh-in form for that day's event?

A1: No, all eligible wrestlers must be listed on the Trackwrestling form in order to be eligible to weigh-in, no other forms are permitted.

Q2: What happens if a wrestler competes at a weight lower than which was certified?

A2: Those matches do not count toward regional seeding. The matches will count toward the dual/tournament day limit. Sanctions may be imposed.

Q3: Can a wrestler be withdrawn from a weigh-in?

A3: Yes, but only during the designated time limit of the weigh-in.

Q4: Can a wrestler weigh in, be credited with a weigh-in, then not wrestle in that event?

A4: Yes, as long as he/she is an eligible wrestler.

Q5: (a) What is the date on which weight certification is due; (b) What is the date on which the 2-pound growth allowance is given?

A5: (a) Prior to Competition; (b) January 1, 2025

Q5: When should weight certification forms be completed and on file with the school?

A5: A wrestler may not compete interscholastically until he/she has a completed weight certification on file with the school and CHSAA via Trackwrestling.

Q6: When a wrestler recertifies to a higher weight, what must be done?

A6: The coach must not allow that individual to wrestle at a weight lower than the recertified weight. No doctor exam or parent signatures are needed when recertifying at a higher weight.

Q7: Can a wrestler recertify at a lower minimum weight after the original certification?

A7: No.

Q8: Is there a 2-pound growth allowance on January 1?

A8: Yes, but it does not permit a wrestler to recertify to a lower weight class.

Q9: Can a physician certify an athlete to wrestle at a weight class lower than that indicated on a wrestler's descent plan?

A9: No.

## IX. Regional Information

### A. PHILOSOPHY

1. Each regional wrestling tournament should provide a proper culminating activity for the wrestling programs of our member schools. All should provide equitable opportunities for wrestlers to qualify for the final state tournament. All should enable participating students to take advantage of the wholesome educational experiences, which are an important part of a good tournament program. Good sportsmanship should always be emphasized.
2. Because local recommendations are considered and because tournament rosters are sometimes the same as league membership, some school officials forget that **regional tournaments are a part of the state** tournament program. If these tournaments are to be important parts of the state program, those responsible for planning them should do everything possible to make sure they are conducted on the basis of the policies and objectives established by the CHSAA Legislative Council.
3. Tournaments must be a two-day event. It is recommended that rounds one and two be on the first day and the remainder of the tournament take place on the second day. Cross bracketing will take place after the quarterfinals.

### B. RESPONSIBILITIES:

There are three key persons who are responsible for the maintenance of good, wholesome competitive athletics -- the school administrator, the athletic director, and the coach. If these individuals conduct themselves in a sportsmanlike manner, students and fans will follow their example. The Board of Directors has requested the principals and coaches to observe the following rules:

1. The principal or some other school official with comparable status and authority should be in attendance whenever his school participates so that he may assist in seeing that his coaches, students and fans observe the rules of good sportsmanship.
2. The coach shall remain at the seat at mat side assigned to him and not make any display during the match. The coach's business is to coach his team and not to officiate the match. He also must set an example for his team and its followers. (Note that no one, including the coach, may be closer than ten feet to the mat and scoring area.)
3. No persons, including coaches and principals, shall go to the scoring table when matches are in progress (except as outlined in National Federation Rule 6-6-6 or talk to the officials or judges).
4. Coaches are primarily responsible during the tournament for the conduct of their team and others who sit in their corner.

### C. COACHES' ATTIRE:

1. The wrestling committee adopted the following requirements for Coaching attire during the Regional and State tournament. It is strongly suggested it be followed during the regular season as well. Coaches failing to meet these requirements in the post season will not be permitted to coach mat side.

2. During the regional and state tournaments coaches should dress appropriately with a standard of professionalism. Full length pants (Khaki's preferred), a collared shirt or a school issued top with school name or logo (collar preferred) and athletic shoes or dress shoes are appropriate. All apparel must be in good repair. No hats, shorts, flip flops or sandals are permitted. High heels should not be worn on mats.

#### D. CHSAA WEIGHT CERTIFICATION FORMS

1. All regular season Weigh-ins must be entered into TrackWrestling.
2. Weigh-in summaries must be available for review at regional seeding meetings.

#### E. WEIGH INS

1. All wrestlers must weigh in at the start of the designated weigh in time each day of the regional tournament.
2. The regional director shall notify all schools of the weigh-in schedule.

#### F. OFFICIAL RULES

1. The Official Wrestling Rules, as published by the National Federation of State High School Associations, will govern, without deviation, all regular season interscholastic competition as well as the regional and state wrestling tournaments.

#### G. TEAM BENCHES & FLOOR AREA

1. During regional and state competition, a maximum of two team personnel (coaches and/or non-participating contestants) will be permitted on chairs at the edge of the mat.
2. Coaches shall be seated at least 10 feet from the officials' table and the edge of the mat, where facilities permit.
3. In an effort to highlight the efforts of the wrestlers in competition, it is asked that the floor area at all regional and state tournament events be kept clear of all coaches and wrestlers who are not competing at that time.
4. Further, when you have a wrestler competing; only 2 coaches may be on the floor.

By National Federation Rule 2-1-5, the mat area includes the wrestling mat and a space around it of at least 10 feet surrounding the mat, as well as the team benches and scorer's table where facilities permit. **THIS AREA SHOULD BE FREE OF SPECTATORS, PHOTOGRAPHERS AND CHEERLEADERS.**

#### H. INCLEMENT WEATHER POLICY

1. The following policy statements represent the general operating procedures of the CHSAA regarding post-season games/events, tournaments/conferences that are threatened by inclement weather. Circumstances not covered by this policy are left to the discretion of the CHSAA office for directions and/or discussions when deemed appropriate.

*Note: Schools and individuals have the added responsibility of making alternative travel plans to contest/tournament sites based upon weather forecasts, etc. As a common factor, input and recommendations are to be sought from the Highway Patrol Division of Highways and Travel.*

2. Tournaments/Conferences - In the event inclement weather prevents an individual(s) from arriving on time for a scheduled match as part of a post-season tournament, the following will apply:

- a. In cases where less than 10% of participants are affected, the event/tournament will continue as scheduled and the individual will forfeit his/her position in the draw. When a consolation bracket is involved, the participant(s) unable to make the scheduled match will enter the consolation bracket.
- b. If a number of participants in excess of 10% cannot be present prior to the official check-in period, but are planning to attend and contact the tournament director a minimum of four hours in advance of the tournament, the tournament director--in consultation with the CHSAA --may adjust the overall bracketing and schedule for the purpose of allowing maximum participation.
- c. When the number of participants is 25% or more who are unable to be present, the tournament director-- in consultation with the CHSAA --shall postpone all or part of the day's contests/activities. Schedule/brackets and alternative plans shall be determined by the director-- in conjunction with the CHSAA --which may include extending the activity.

#### I. SCHOOL ENTRIES

1. Each school may enter only one contestant in each weight classification. Each contestant must wrestle in regional and state competition in the weight classification in which he qualifies at the regional tournament.
2. Regional directors must receive entries by the **Wednesday before regionals, 7 PM.**
3. After rosters are submitted, a wrestler may only be replaced, not moved. Coaches are not permitted to replace wrestlers for any reason other than an injury, illness or administrative withdrawal such as academic ineligibility or disciplinary action. A wrestler off after rosters are submitted is not a valid administrative withdrawal.

#### J. COACHES MEETING

1. With the use of TrackWrestling, a coaches' meeting for the regional tournament is not required, but site directors may choose to hold one as needed for their tournament. What is required is that by 9:00 p.m. on the Thursday night before the tournament, regional site directors will release a list of all seeded wrestlers by weight class (to the coaches only, not released to the public) for review of accuracy and to request necessary changes prior to Friday's weigh-ins.
2. After weigh-ins, the site director will finalize each individual wrestler entered in the regional tournament on the bracket based on the seeding criteria developed by the wrestling committee and approved at the Legislative Council. Only then will brackets be released to the public.

#### K. PROTOCOLS FOR ASSIGNING REGIONALS HOSTS

1. The school at the top row of each region is assigned to reach out to all schools in their region to ask for volunteer hosts (effective for girls classifications starting 2024-2025 season)
2. This school will then survey the region for who will host and report the information to the CHSAA wrestling commissioner.
3. Points for determining regional placement of each team :
  - a. Previous year state placer: 1st-6 2nd- 5.5, 3rd-5, 4th-4.5, 5th- 4, 6th-3.5
  - b. State qualifiers from each region: 1st-3 2nd- 2.5, 3rd-2, 4th-1.5

## J. INDIVIDUAL WRESTLER REGIONAL SEEDING CRITERIA

*As approved by the CHSAA Wrestling Advisory Committee and adopted by the CHSAA Legislative Council, schools in each region will use the seeding criteria below.*

***It is the responsibility of the coaches to be familiar with the seeding procedure prior to the regional seeding meeting.***

1. Returning state champion - state placer (the higher place has preference)-any previous years.
  - a. If two place winners from different weights were in the same classification (5A) and finished in the same place (2nd), the wrestler at the higher weight class has precedence.
  - b. If two place winners are from different classifications; the larger classification has precedence.
2. Returning state qualifier. In the case of multiple state qualifiers, the following will be used as order of preference
  - a. Higher regional place
  - b. If two place winners from different weights were in the same classification (5A) and finished in the same place (2nd), the wrestler at the higher weight class has precedence.
  - c. If two place winners are from different classifications, the larger classification has precedence.
3. Place wrestlers in order (1-16) by win percentage listed in Trackwrestling for varsity matches. Once order is established use head to head criteria to move a wrestler no more than one position or seed at a time. Once placed, head to head comparisons must start at the top (#1 position) and work your way down. 15 match minimum. Wrestlers with less than 15 matches will be assessed losses to get to the 15 match minimum.
4. Most wins
5. Varsity win percentage at the weight the wrestler is entered in at the regional meet.
6. Most falls
7. Most technical falls
8. Most major decisions in overall varsity record
9. Coin Flip

Coaches must be able to provide all weigh-in sheets and match results for every regular season event at the regional wrestling tournament.

Any matches wrestled below a wrestlers certified weight may not count toward regional seeding. This is a safety regulation and coaches may be sanctioned for failure to comply.

Questions related to the record of individual wrestler(s) should be directed to the regional tournament director at least three days prior to the seeding meeting.

All matches to be included for regional seeding should be included as varsity matches in Trackwrestling

Q1: If a wrestler entered in the regional tournament wrestled in a sub-varsity tournament, does the record from these matches count in the overall record for seeding purposes?

A1: No.

Q2: Does the varsity record of a varsity wrestler who has participated in a varsity tournament with junior varsity teams also entered count in his overall record?

A2: Yes.

Q3: Does the record of a junior varsity wrestler (at that time) who has participated in a varsity tournament count those matches in his overall record?

A3: Yes.

Q4: Any Matches wrestled below a wrestlers certified weight may not count toward regional seeding?

A4: True

#### K. BRACKETS

1. A sixteen-man bracket with byes will be seeded as follows:
  - a. The top eight wrestlers will be placed on the bracket.
  - b. Bye placements will be randomly placed on the bracket.
  - c. The rest of the seeds will be placed on the bracket in seed order.
2. An eight-man bracket with byes will be seeded as follows:
  - a. The top four wrestlers will be placed on the bracket.
  - b. The remaining unseeded wrestlers and bye placements will be randomly placed on the bracket.
3. Double elimination will be the required format for all regional qualifying tournaments.
4. Brackets should be set up in Trackwrestling using a True 4<sup>th</sup> place
  - a. if a 5th place finisher has defeated a 4th place finisher in a previous round or if a 4th and 5th place finisher split victories with each other, or if the 4th and 5th place finishers have not yet wrestled each other in the tournament, a one match wrestle back will occur to determine the state qualifier.
  - b. This match will be included as part of the tournament.

#### L. LENGTH OF MATCHES

1. All regular regional championship matches shall be 6 minutes in length (2 minutes, 2 minutes, 2 minutes).
2. All consolation matches shall be 5 minutes in length. (1 min., 2 min, 2 min.)

#### M. OVERTIME PROCEDURE

1. The procedure for overtime is explained in the National Federation Wrestling Rule Book 6-7-1, 6-7-2, 6-7-3.

#### N. OFFICIALS TABLE

1. Each regional director has the responsibility of securing the services of competent and experienced adults to serve as announcers, official scorers, match scorers, and match timekeepers for the regional tournament they are directing.

#### O. MEDICAL SERVICE

1. Proper medical services should be provided as warranted. It is the responsibility of the regional director to provide for the presence of competent medical personnel.
2. CHSAA recommends that medical personnel, qualified under NFHS guidelines, be present during weigh-ins for regional tournaments so that any skin conditions can be evaluated at that time.
3. All coaches, as well as the tournament director should be familiar with National Federation Rule 10 (Conduct of Tournaments), Section 2, Article 4, which states:

*In case of injury or illness after verification or entries, the tournament director, in consultation with available medical personnel and the coach of the injured or ill contestant, shall determine the contestant's ability to continue. Extenuating circumstances concerning the injury or illness as it relates to default or forfeit for scoring purposes shall be considered by the tournament director.*

#### 4. Handling of Blood

As in the universal precautions for health workers, you should make an effort to minimize exposure of coaches, trainers, workers and athletes to someone else's blood. It is unavoidable in some situations, especially during competition, but whenever possible, the match should be stopped to wipe up the blood spill and allow the athlete to control the bleeding before competition resumes. Blood should always be handled as a potentially infectious material and wiped up immediately. Wash the area with a diluted household bleach solution (1-part bleach to 10 parts water).

#### P. OFFICIALS

##### 1. Regional Selection:

All wrestling schools and regional directors will receive an electronic ballot In January to vote for regional and state officials. There will be a 1-week window to vote. The CHSAA wrestling commissioner along with 3 or 4 appointed individuals will use the voting results from each region to select regional officials. Each regional director will receive voting results from the CHSAA at the conclusion of the process.

##### 2. Assistant Referees

Please note that assistant referees are to be used during the state qualifying matches only, at no additional cost.

3. Fees [Click Here](#) for full table of officials fees

*Note 1: Lodging will be arranged for as a complimentary room or paid by the regional host as an approved tournament expense. It is expected that officials will be lodged at two officials per hotel room.*

*Note 2: Tournaments with 1-4 mats shall have 1 more official than the number of mats. Tournaments with 5-7 mats shall have 2 more officials than mats. Incorrect staffing of a tournament according to this format will result in paying the assigned officials an additional fee amount. The amount will be an even distribution of what should have been paid for the correct number of assigned officials.*

Q. REGIONAL AWARDS

1. Team Plaques - 1st place, 2nd place
2. Individual Ribbons or medals - Places 1-4

R. VIDEOTAPING REGULATION AND STREAMING

1. The Regional Tournament Director is authorized by the CHSAA Commissioner to grant or deny requests from schools or individuals to videotape regional tournament action.
2. Filming for commercial purposes is prohibited.
3. Videotaping may be done only in the designated area, as determined by the regional host.
4. Due to CHSAA's partnership with the NFHS Network, all postseason live streams **must** be broadcast exclusively on the NFHS Network to avoid postseason streaming rights fees. If you stream on another platform during the regular season (e.g., YouTube, Facebook Live, Hudl, GameChanger) and wish to continue using that platform in the postseason, **a per-game rights fee will apply**. If your venue does not have a Pixellot camera and you would like to avoid the postseason rights fee, you can utilize Broadcast Me (a free app) to send the stream to the NFHS Network. More information on streaming to the NFHS Network—especially if your venue does not have a Pixellot camera—can be found on the [NFHS Network - Postseason Streaming Rights](#) website.

S. FINANCIAL REGULATIONS

1. The principal of each school participating in the regional wrestling tournaments shall be responsible to see that prescribed procedures pertaining to the operation of the regional tournament, as outlined in this bulletin, are followed. If the principal so desires, this responsibility may be delegated to a member of his/her staff.
2. The regional tournament host school will account for the revenue from the tournament, and pay all expenses for the tournament. In regional wrestling tournaments of all divisions, the hosts will retain all revenue and are not responsible for paying travel expenses for schools.

T. CONCESSIONS AND PROGRAMS

1. Where concessions and programs are involved in a playoff contest, the profit or loss from such enterprises shall not be included as part of the financial report. The home school reserves the right to handle the programs and concessions as a separate venture and need not share the profit nor expect the CHSAA or visiting school to share in any loss.
2. If you are planning to sell t-shirts, please contact the Kukulski Brothers at 480.921.1975 or [programs@kukulskibrothers.com](mailto:programs@kukulskibrothers.com) as we have a corporate contract with them that will enable us to order t-shirts at a reduced amount. If selling t-shirts, regions must use Kukulski Brothers.

## U. ADMISSION PRICES

The following are **MAXIMUM** admission prices, which may be charged for regional tournaments:

### Per Session Admission

|                                                |           |
|------------------------------------------------|-----------|
| Pre-school -----                               | no charge |
| Students (K-12) & Senior Citizens (60 +) ----- | \$9.00    |
| General Admission -----                        | \$12.00   |

### All-Session Passes (Minimum of 3 Sessions)

|                                               |         |
|-----------------------------------------------|---------|
| Students (K-12) & Senior Citizens (60+) ..... | \$25.00 |
| General Admission (Adults).....               | \$30.00 |

## X. STATE CHAMPIONSHIP INFORMATION

- ❖ Brackets will be available on the CHSAA Website ([www.chsaanow.com](http://www.chsaanow.com)) after 12 pm, the Monday following the seeding meeting.
- ❖ There will be an additional service charge, per ticket, for all tickets ordered on-line.
- ❖ **Parking is not controlled by CHSAA and is the responsibility of Ball Arena.**
- ❖ Finally, please be advised that the CHSAA does not receive any revenue from concessions, parking, facilities tax or ticket service charges.

### A. State Entries

1. The regional director officially reports regional wrestling tournament results via TrackWrestling. These results are used to ensure accurate information for state wrestling tournament participants.
2. Coaches are responsible to ensure that regional participant personal information (name, grade and record) is accurate.
3. IF A WRESTLER FAILS TO MAKE WEIGHT OR FAILS TO APPEAR AT THE STATE TOURNAMENT WEIGH-IN, A BYE WILL EXIST AND THE BRACKET WILL NOT BE OTHERWISE CHANGED.
4. A final State Tournament Update will be available for those schools with wrestlers who qualify for state. State qualifying schools will get an email with details about passes, schedule and digital parking passes that will be emailed to coaches from the Ball Arena via Account Manager powered by Ticketmaster.

## B. State Seeding Criteria

**In each weight class, regional champions shall receive the top four seeds based upon the following criteria:**

1. Total seeding points earned for that weight class, for that region, based on the following point system.
  - a) The regional champion shall be awarded the cumulative point total for all wrestlers at that weight class in that region.
    - i) Points are awarded for state placers, in any year from any state, as follows: 1st - 10 pts, 2nd - 5 pts, 3rd - 4 pts, 4th - 3 pts, 5th - 2 pts, 6th 1 pt.
    - ii) State qualifiers for the previous year only, who did not place at state, shall be awarded  $\frac{1}{2}$  pt each.

Ex: Wrestler A is a Senior

2023: state qualifier 2024: 6th place 2025: 4th place

Wrestler A would have 0 points from 2023, 1 point from 2024 and 3 points from 2025 for a total of 4 points

Wrestler B is a Junior

2024: state Qualifier 2025: state qualifier

Wrestler B would have 0 points from 2024 and have 0.5 points from 2025 for a total of 0.5 point

- b) The regional champion with the highest point total shall be seeded first, followed by the next highest point total until all regional champions are seeded 1-4.
    - i) If there is a tie after 1, the next seeding criteria will be returning individual's cumulative state place points.
    - ii) If there is a tie after 1, the next seeding criteria will be overall varsity winning percentage for the current season
    - iii) If there is a tie after 2, the next seeding criteria will be total varsity wins for the current season
    - iv) If there is a tie after 3, the next seeding criteria will be varsity winning percentage at the regional weight for the current season
    - v) If there is a tie after 4, the next seeding criteria will be varsity wins at the regional weight for the current season.
    - vi) If there is a tie after 5, a coin flip shall decide the higher seed
2. After the top four seeds are established using the above criteria, head to head criteria, starting from the top down (as done in regional seeding), shall be compared. There must be clear evidence for head to head criteria to change seeds. i.e. Head to head record of 1-0, 2-1, etc is clear evidence. Head to head record of 1-1, 2-2, etc is not clear evidence. Statements of "though they split 1-1 on the year, Wrestler A won the most recent match" will not be considered as evidence while comparing head to head record. Wrestlers can only move one seed at a time. i.e. If the third seed has head to head criteria over the first seed, but does not have head to head criteria over the second seed, the seeds stay as is; the third seed cannot move in front of the second seed.
3. Once the top four seeds are set after head to head comparison, they shall be placed appropriately on the bracket of 16.
4. All other state qualifiers from each region will be placed on the bracket depending on where their regional champion was placed, each in a different quarter bracket. The fourth qualifier from a region will be on the same side but in a different quarter bracket as the regional champion, while the second and third qualifier from that region will be on the opposite side of the regional champion, each in different quarter brackets.
5. In each bracket of 16, each quarter bracket will consist of a wrestler from each of the four regions. The regional champion of one region will face the fourth qualifier from a

different region, while the second and third qualifiers from the other two regions will face each other in the other match in that quarter bracket.

### **SUBSTITUTIONS FOR QUALIFIERS UNABLE TO WRESTLE**

If a qualifier is unable to participate, the individual who finished 5th in your regional tournament may be entered. The CHSAA office (303-344-5050 x1) should be notified immediately if a qualifier is unable to enter the state tournament.

**The DEADLINE FOR ENTERING ALTERNATES IS 3:00 P.M. ON TUESDAY, PRIOR TO THE START OF THE TOURNAMENT. THERE ARE NO EXCEPTIONS.**

### **C. PARKING FOR TEAMS**

1. The negotiated contract will permit school buses only to park at no cost. All other team vehicles (vans, suburban's, cars, etc.) must pay the required regular parking fee as set by the Ball Arena.
2. All schools that have individuals that qualify are entitled to **one parking pass**, which will allow in and out privileges for the tournament. The CHSAA has purchased these passes to help schools ease parking problems. Please do not ask for additional parking passes. Coaches emails will be turned over to Ball Arena Ticket Operations for digital parking passes.

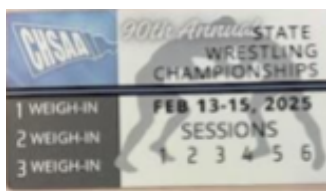
The cost for parking and concessions are set in the contract. The CHSAA receives no income from concessions or parking.

### **D. TEAM PACKETS**

1. Team packets containing passes may be picked up the day of the tournament. A sign in form must be completed when packets are picked up. Specific information on location and time will be sent out to all coaches with qualifiers.

### **E. TEAM ENTRANCE**

1. All personnel entering at the team entrance must have a pass.
2. Floor passes will not be honored for admission.
3. Punch passes for extra coaches, managers and participants (envelopes will have +6 punch cards) will be punched for each admission, including all weigh-ins and must be visible at all times for admission to the coach-wrestler seating areas. Athletes will have their own personal passes.



6 additional passes



Wrestler Punch  
Pass



4 x 6 Coach  
Pass

4. Each punch will be good for one entry per session - no pass outs will be allowed.

#### F. TEAM WARM-UP

1. Warm-up areas will be provided. Wrestlers may begin warmups on the main floor 1 hour prior to the start of each session except for semi-finals. Wrestlers will need to clear the mats 15 minutes prior to the start of each session to allow time for mat cleaning.

#### G. FLOOR PASSES

1. Each school will be given a 4x6 COACH FLOOR PASSES for use during the tournament. Each person MUST wear the floor pass to be permitted onto the arena floor. These passes are not transferable, and your pass may be subject to revocation for misuse.

**1-3 qualifiers – 2 floor passes**  
**4-6 qualifiers – 4 floor passes**  
**7 + qualifiers – 6 floor passes**

#### H. COACH/COMPETITOR PASSES FOR ENTRY

1. Each school competing in the state tournaments will be furnished punch passes (number of competitors + 6).

#### I. COACH AND COMPETITOR SEATING

1. Assigned seating for wrestlers for Thursday and Friday in the lower bowl will be communicated.
2. Finals seating for wrestlers and coaches will be in the 300 level.

#### J. CHEERLEADER ENTRY

1. Main Atrium Entrance
2. 4A/5A= 28 in uniform plus 2 coaches
3. 3A and below = 20 in uniform plus 2 coaches

#### K. DOCTORS AND TRAINERS

1. Doctors and trainers will be provided by the CHSAA.

#### L. OFFICIALS

1. Selection: Officials will be selected and assigned by the CHSAA office.
2. Assistant Referees: Assistant referees will be used only in all sessions.

#### M. STATE AWARDS

1. Team Trophy -- 1st place and 2nd place
2. Individual Medals -- Places 1-6 in each weight classification.
3. Wrestlers will receive medals during the championship session immediately following the match in the next highest weight class. All wrestlers are expected to appear in uniform or team warm-ups for the medal presentation. No Hats Allowed.

#### N. AWARDS PICTURES

1. Designated Photographers will be the sole photographer on the floor taking pictures of all awards presentations. Pictures may be purchased.

#### O. VIDEOTAPING REGULATIONS

1. Videotaping on the floor level (in the wrestling area) is prohibited for parents and spectators.
2. Coaches can videotape from the mat corner for their matches only.
3. Videotaping from the spectator area is permitted. No permission from the CHSAA is needed.
4. Filming for commercial purposes is prohibited.
5. Equipment should be self-contained and require no electrical hook-up.

## **SCALE CERTIFICATION**

Weigh-in scales must be certified for accuracy once each year (National Federation rule 2-4-2, page 11). The following vendors are qualified to check scale accuracy:

- Robert Raleigh, Denver, CO - (303) 594-8576
- Tony Ribaud, Pueblo West, CO - (719) 250-5144
- Hal Wiebers, Canon City, CO - (719) 275-4502
- Fairbanks Scale Company, 4850 Broadway, Denver, CO - (303) 296-1216
- Northern Colorado Scale Service, 10 Oak Ave., Eaton, CO 80615 - (970) 454-0864
- Pikes Peak Scale Service, 6220 Lupine Lane, Colorado Springs, CO 80908 - (719) 495-4229
- Western Slope Scale Service, 365 27 1/2 Road, Grand Junction, CO 81501 - (970) 243-1548

## **Wrestling Weight Certifications (service available in southern CO)**

\*IF INTERESTED Schools must call to schedule time and date

\*Please choose AM or PM

\*Fees: \$100.00 per school plus \$2.00 per student.

\*For consistency, we suggest that the same brand of reagent strips be used as well as the same color chart to determine hydration.

\*Concern has been expressed that a large number of athletes will not be able to pass the hydration test. Coaches must be sure that the athlete has been drinking sufficient water to pass the test.

\*Test schedule times must be established by each individual school. As we are trying to provide a service, we will schedule on a first-come-first-serve basis.

To schedule and confirm dates, sites and times, you must contact:

|                                                                                                                                                                      |                                                                                                                                                         |                                                                                                                    |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| Hal Wiebers<br>719-275-4502<br>Cell: 719-242-8165<br>346 Cedar Ridge Drive<br>Canon City, CO 81212<br><a href="mailto:hwiebers@bresnan.net">hwiebers@bresnan.net</a> | Anthony Ribaud<br>Cell: 719-250-5144<br>1037 Covered Wagon<br>Pueblo West, CO 81007<br><a href="mailto:ribaudo1951@gmail.com">ribaudo1951@gmail.com</a> | Stephanie Wade<br>970-208-7641<br><a href="mailto:Stephanie.wade@d51schools.org">Stephanie.wade@d51schools.org</a> |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|

**RALEIGH SCALE  
CERTIFICATION**  
*(NORTHERN PART OF THE  
STATE FROM CASTLE ROCK  
NORTH)*

**WRESTLING SCALE  
CERTIFICATION**  
HAVE WEIGHTS - WILL TRAVEL AND  
CERTIFY  
Befour Digital Scales for sale and service.

**CALL:** ROB RALEIGH: 303-594-8576

**RATES:** Determined by school.

PLUS MILEAGE (Mileage will  
be worked out according to  
your area, number of scales  
and/or number of schools)

**REPAIRS:** Repairs and parts are available  
on request. Prices will vary  
according to the time and/or  
parts required to fix the  
problem.

**Western Slope Scales  
Stephanie Wade**

970-208-7641

[Stephanie.wade@d51schools.org](mailto:Stephanie.wade@d51schools.org)

Stephanie is a certified scale master  
and has been certifying wrestling  
scales on the western slope for over  
7 years. Family run and operated  
for over 25 years by her dad,  
Stephanie will get the job done.

**RIBAUDO & WIEBERS**

FEDERAL TAX NUMBER 84-1156032  
*(SOUTHERN PART OF THE  
STATE FROM CASTLE ROCK  
SOUTH)*

**WRESTLING SCALE  
CERTIFICATION**  
HAVE WEIGHTS - WILL TRAVEL AND  
CERTIFY

Befour Digital Scales for sale and service.

[ribaudo1951@gmail.com](mailto:ribaudo1951@gmail.com)

**CALL:** HAL WIEBERS: 719-275-4502

Cell phone: 719-242-8165

ANTHONY RIBAUDO:

Cell phone: 719-250-5144

**RATES:** Determined by school.

PLUS MILEAGE (Mileage will be  
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number of scales and/or number of  
schools)

**REPAIRS:** Repairs and parts are available on  
request. Prices will vary according  
to the time and/or parts required to  
fix the problem.

**GIVE THEM A CALL TO  
CERTIFY YOUR SCALES**



# Regional Placements

| 5A 1485 + *Regional Host |      |                    |      |                |      |                        |      |
|--------------------------|------|--------------------|------|----------------|------|------------------------|------|
| Region 1                 |      | Region 2           |      | Region 3       |      | Region 4               |      |
| Pomona                   | 83.5 | Grandview          | 54   | Ponderosa      | 43   | <b>Cherokee Trail*</b> | 23.5 |
| Chatfield                | 15   | Fruita Monument    | 18   | Pine Creek     | 21.5 | Brighton               | 23   |
| Loveland                 | 15   | <b>Broomfield*</b> | 13.5 | Northglenn     | 12   | Vista Peak             | 12   |
| Denver North             | 8.5  | Chaparral          | 9    | <b>Legacy*</b> | 9.5  | Fountain-Fort Carson   | 11   |
| <b>Horizon*</b>          | 8.5  | Rocky Mountain     | 8.5  | Central-GJ     | 8    | Erie                   | 8    |
| Denver South             | 7.5  | Cherry Creek       | 7.5  | ThunderRidge   | 8    | Legend                 | 8    |
| Rock Canyon              | 7.5  | Denver East        | 7    | Monarch        | 7    | Fossil Ridge           | 5.5  |
| Mountain Range           | 3    | Fort Collins       | 3    | Lakewood       | 4.5  | Castle View            | 4.5  |
| Valor Christian          | 3    | Columbine          | 2.5  | Adams City     | 2    | Fairview               | 2    |
| Vista Ridge              | 2    | Smoky Hill         | 2    | Mountain Vista | 2    | Grand Junction         | 2    |
| Arvada West              | 1.5  | Doherty            | 1.5  | Douglas County | 1.5  | Eaglecrest             | 1.5  |
| Arapahoe                 | 0    | Regis Jesuit       | 1.5  | Prairie View   | 1.5  | Greeley West           | 1.5  |
| Boulder                  | 0    | Centaurus          | 0    | Heritage       | 0    | Highlands Ranch        | 0    |
| Poudre                   | 0    | Overland           | 0    | Northfield     | 0    | Liberty                | 0    |
| Ralston Valley           | 0    | Rangeview          | 0    |                |      |                        |      |

\*\*\* Regional hosts are bolded

| 4A 899 - 1484 *Regional Host |      |                  |      |                   |      |                  |      |
|------------------------------|------|------------------|------|-------------------|------|------------------|------|
| Region 1                     |      | Region 2         |      | Region 3          |      | Region 4         |      |
| Pueblo East                  | 46   | Roosevelt        | 42.5 | <b>Windsor*</b>   | 42.5 | <b>Falcon*</b>   | 37.5 |
| Air Academy                  | 24.5 | Severance        | 25.5 | Sand Creek        | 27   | Palisade         | 37   |
| <b>Thompson Valley*</b>      | 22   | Greeley Central  | 18   | Cheyenne Mountain | 17   | Canon City       | 16.5 |
| Pueblo County                | 12   | Riverdale Ridge  | 13   | Bear Creek        | 13   | Widefield        | 14.5 |
| Battle Mountain              |      | Evergreen        |      | Aurora Central    |      | Coronado         |      |
| Gateway                      |      | Frederick        |      | George Washington |      | Discovery Canyon |      |
| Hinkley                      |      | Glenwood Springs |      | Golden            |      | Durango          |      |
| Littleton                    |      | Mead             |      | Longmont          |      | Eagle Valley     |      |
| Lutheran                     |      | <b>Niwot*</b>    |      | Montbello         |      | Harrison         |      |
| Mesa Ridge                   |      | Northridge       |      | Montrose          |      | Lewis-Palmer     |      |
| Pueblo Central               |      | Silver Creek     |      | Mountain View     |      | Palmer           |      |
| Pueblo South                 |      | Standley Lake    |      | Skyline           |      | Palmer Ridge     |      |
| Pueblo West                  |      | Summit           |      | Thomas Jefferson  |      | Rampart          |      |
| Westminster                  |      | Wheat Ridge      |      | Thornton          |      |                  |      |

\*\*\* Regional hosts are bolded

| 3A 297 - 898 Regional Host* |      |                           |      |                   |      |                       |      |
|-----------------------------|------|---------------------------|------|-------------------|------|-----------------------|------|
| Region 1                    |      | Region 2                  |      | Region 3          |      | Region 4              |      |
| <b>Eaton*</b>               | 33   | Brush                     | 31.5 | Alamosa           | 29.5 | <b>Fort Lupton*</b>   | 27   |
| Bennett                     | 23   | La Junta                  | 23.5 | Mullen            | 25   | Holy Family           | 25.5 |
| The Classical Academy       | 21   | Jefferson                 | 20.5 | Valley            | 20.5 | Gunnison              | 17   |
| Fort Morgan                 | 13.5 | University                | 14   | Skyview           | 15   | Alameda International | 15   |
| Berthoud                    |      | Florence High School      |      | Basalt            |      | Abraham Lincoln       |      |
| Estes Park                  |      | James Irwin Charter       |      | Bayfield          |      | Arvada                |      |
| Liberty Common              |      | Lamar                     |      | Coal Ridge        |      | Centauri              |      |
| Platte Valley               |      | Manitou Springs           |      | <b>Delta*</b>     |      | Conifer               |      |
| Resurrection Christian      |      | Middle Park               |      | Grand Valley      |      | Denver West           |      |
| Sterling                    |      | Mitchell                  |      | Moffat County     |      | Elizabeth             |      |
| Timnath                     |      | <b>Pueblo Centennial*</b> |      | Montezuma-Cortez  |      | Englewood             |      |
| Weld Central                |      | Salida                    |      | Pagosa Springs    |      | John F Kennedy        |      |
| Wellington                  |      | Sierra                    |      | Rifle             |      | <del>Sheridan</del>   |      |
|                             |      | Woodland Park             |      | Steamboat Springs |      | Strasburg             |      |

\*\*\* Regional hosts are bolded

| 2A 2-296 Regional Host*  |      |                          |      |                             |      |                                |    |
|--------------------------|------|--------------------------|------|-----------------------------|------|--------------------------------|----|
| Region 1                 |      | Region 2                 |      | Region 3                    |      | Region 4                       |    |
| <b>Cedaredge*</b>        | 35.5 | Highland                 | 33.5 | <b>Rocky Ford*</b>          | 28   | North Fork                     | 27 |
| Mancos                   | 15.5 | Center                   | 15.5 | Sedgwick County/Fleming     | 18.5 | Buena Vista                    | 19 |
| Wray                     | 15.5 | Yuma                     | 15   | Burlington                  | 14.5 | <b>Monte Vista*</b>            | 14 |
| Clear Creek              |      | <b>Akron*</b>            |      | Calhan                      |      | Antonito                       |    |
| Dolores                  |      | Byers                    |      | Cheyenne Wells <i>(new)</i> |      | Custer County                  |    |
| Dove Creek               |      | Dayspring Christian Acad |      | Colorado Springs Christian  |      | Del Norte                      |    |
| Hayden                   |      | Forge Christian          |      | County Line                 |      | <del>Dolores Huerta Prep</del> |    |
| Ignacio                  |      | Gilpin County            |      | Crowley County              |      | Hanover                        |    |
| Lake County <i>(new)</i> |      | Golden View Classical    |      | Ellicott                    |      | La Veta                        |    |
| Meeker                   |      | Holyoke                  |      | Fowler                      |      | Primero                        |    |
| Norwood                  |      | Kiowa                    |      | Holly                       |      | Rye                            |    |
| Nucla                    |      | Liberty Joes             |      | Las Animas                  |      | Sargent                        |    |
| Olathe                   |      | Limon                    |      | Manzanola                   |      | Sierra Grande/Centennial       |    |
| Platte Canyon            |      | Lyons                    |      | Peyton                      |      | Swink                          |    |
| Rangely                  |      | Merino                   |      | Simla                       |      | Trinidad                       |    |
| Sorocco                  |      | North Park               |      | Springfield <i>(new)</i>    |      | Walsenburg                     |    |
| West Grand               |      | Wiggins                  |      | Stratton                    |      |                                |    |

\*\*\* Regional hosts are in bold

| 4AG 2- 1051 *Regional Host |      |                                  |      |                              |      |                                |      |
|----------------------------|------|----------------------------------|------|------------------------------|------|--------------------------------|------|
| Region 1                   |      | Region 2                         |      | Region 3                     |      | Region 4                       |      |
| Pueblo Central             | 64.5 | Canon City                       | 28   | Moffat County                | 25.5 | Calhan                         | 24.5 |
| <b>Lamar*</b>              | 19.5 | Severance                        | 24.5 | Alamosa                      | 22.5 | Strasburg                      | 23   |
| La Junta                   | 18.5 | Fort Lupton                      | 19   | Olathe                       | 16   | Skyview                        | 17.5 |
| Antonito                   |      | Berthoud                         |      | Basalt                       |      | Abraham Lincoln                |      |
| Centauri                   |      | Brush                            |      | Battle Mountain              |      | Arvada                         |      |
| Center                     |      | Burlington                       |      | Bayfield                     |      | Bennett                        |      |
| County Line                |      | Estes Park                       |      | Coal Ridge                   |      | Conifer                        |      |
| Custer County              |      | Fort Morgan                      |      | <del>Delores (no team)</del> |      | Denver West                    |      |
| Del Norte                  |      | Liberty (Joes)                   |      | Eagle Valley                 |      | Englewood                      |      |
| Florence                   |      | Liberty Common                   |      | Gunnison                     |      | Evergreen                      |      |
| Holly                      |      | Platte Valley                    |      | Ignacio                      |      | <del>Gilpin Co (no team)</del> |      |
| Las Animas                 |      | Sedgwick<br>County/Fleming Girls |      | Lake County (new)            |      | <b>Holy Family*</b>            |      |
| Manitou Springs            |      | Sterling                         |      | Meeker                       |      | James Irwin Charter            |      |
| Mitchell                   |      | University                       |      | Montezuma-Cortez             |      | Jefferson                      |      |
| Monte Vista                |      | Valley (new)                     |      | <b>North Fork*</b>           |      | John F Kennedy                 |      |
| Rocky Ford                 |      | Weld Central                     |      | Nucla                        |      | Kiowa                          |      |
| Trinidad                   |      | Wiggins                          |      | Pagosa Springs               |      | Middle Park                    |      |
| Walsenburg                 |      | Wheat Ridge (new)                |      | Rifle                        |      | Mullen                         |      |
| Woodland Park              |      | Wray                             |      | Soroco                       |      | Salida (new)                   |      |
|                            |      | <b>Yuma*</b>                     |      | Steamboat Springs (new)      |      | Sierra                         |      |
|                            |      |                                  |      | West Grand                   |      |                                |      |

| 5AG 1052 + Regional Host* |      |                      |      |                   |      |                                |      |
|---------------------------|------|----------------------|------|-------------------|------|--------------------------------|------|
| Region 1                  |      | Region 2             |      | Region 3          |      | Region 4                       |      |
| Central-GJ                | 57   | Widefield            | 44.5 | Chatfield         | 39   | Thornton                       | 35.5 |
| Loveland                  | 25   | Vista PEAK           | 28   | Brighton          | 28   | Pomona                         | 32   |
| Pine Creek                | 23   | <b>Lewis-Palmer*</b> | 21.5 | Arapahoe          | 20.5 | Ponderosa                      | 20.5 |
| <b>Poudre*</b>            | 17.5 | Eaglecrest           | 17.5 | Douglas County    | 17.5 | Discovery Canyon               | 18.5 |
| Coronado                  | 16.5 | Castle View          | 16   | <b>Littleton*</b> | 15.5 | <b>Fountain-Fort Carson*</b>   | 14.5 |
| Broomfield                | 12   | Regis Jesuit         | 13.5 | Columbine         | 13.5 | Arvada West                    | 14   |
| Mead                      | 12   | Prairie View         | 12   | Greeley West      | 11.5 | Adams City                     | 10.5 |
| Roosevelt                 | 7    | Doherty              | 8    | Denver North      | 9    | Vista Ridge                    | 10.5 |
| Standley Lake             | 5    | Durango              | 4.5  | Mesa Ridge        | 4.5  | Thomas Jefferson               | 4.5  |
| Heritage                  | 2    | Overland             | 3.5  | Mountain Vista    | 3.5  | Palmer Ridge                   | 4    |
| ThunderRidge              | 2    | Riverdale Ridge      | 1.5  | Smoky Hill        | 1.5  | Denver South                   | 0    |
| Denver East               | 0    | Falcon               | 0    | Westminster       | 0    | Harrison                       | 0    |
| George Washington         | 0    | Summit               | 0    | Sand Creek        | 0    | Aurora Central <i>(new)</i>    | 0    |
|                           |      | Palmer <i>(new)</i>  | 0    |                   |      | Cheyenne Mountain <i>(new)</i> | 0    |

# Officials

## **REGISTERED OFFICIALS**

All varsity matches and tournaments shall be officiated by Colorado Wrestling Officials Association officials registered with the CHSAA. It is recommended that officials registered with the CHSAA referee all matches below the varsity level. In order to deviate from the above, special permission must be secured prior to the contest from the CHSAA office.

## **OFFICIALS' FEES**

In excess of 16 teams-Tournaments having in excess of 16 teams entered may negotiate a flat fee with the individual official for services to be provided.

## **INDIVIDUAL MILEAGE BUFFER AND TRAVEL FEES LINK**

## **NATIONAL FEDERATION WRESTLING RULES**

All matches -- regular season through state -- shall be wrestled under the National Federation rules. Please be aware that neither a league nor competing schools have the authority to modify rules.

Please pay particular attention to the National Federation K HutWrestling Rules Changes shown in the NFHS Rule Book and the Comments on Rules section of this bulletin.

## SPORTSMANSHIP AND GAME CONDUCT

### **Game Conduct:**

1. When the National Anthem is played or the Pledge of Allegiance is recited, students, fans, coaches and players are asked to remove their hats, stand, and face the flag.
2. The Officials shall provide each varsity coach with a business size card with their sports officiating association's sportsmanship statement. This card, which also contains the names of the officiating crew, shall be presented at a time that is designated by that sports pre-game procedure.
3. Spirit Teams/Fans/Spectators - It is recommended that there be positive cheers only. Only spirit leaders may use megaphones. All attendees must wear shirts and shoes. Face painting is allowed. Cheer and tumbling routines must not be in front of the opponents' student body. Routines that spill onto the area of the opposing team are prohibited.

### **Banners:**

1. Banners may be used, but must be sanctioned by the game management, principal, and/or athletic director before the contest. *Note: Some facilities, including venues used for CHSAA playoffs, may not allow any banners, especially paper banners.*
2. The words and graphics on banners must be positive: i.e. "beat", "outscore", "conquer", etc; Negative banners: i.e. "kill", "maim", "scalp", etc, will be confiscated and may result in no future use of banners.
3. Banners must not block the view of others.

### **Noisemakers;**

1. All artificial noisemakers are prohibited. This includes: cowbells, drums, whistles, horns, plastic clackers, thunder sticks, etc. Exception: bleacher kicking.
  - a. An air horn or cannon may be used on the field and only if supervised by a school designee. They should never be disruptive to the playing of the match and only at the end of playing action.
2. No musical instruments and/or amplified music, including drums, shall play while the game clock is running or when a 'live match' situation is applicable by rule, whether the game is indoor or outdoor. This includes fanfares, drum rolls, etc. The only time the game, once started, is not "in progress" is during a timeout or intermission.
  - a. This applies to the use of outdoor, in-gym, or inarena sound systems and public address announcements. The announcer is an integral member of game administration and is a reporter of information not necessarily obvious to spectators. Great care must be exercised to see that neither team gains an advantage from announcements over the public address system. Announcers are not "play-by-play" announcers.
3. There shall be no amplified instruments at any CHSAA playoff events.
  - a. CHSAA By-Law-2240: The host school has the responsibility to ensure that an event is governed in a manner that emphasizes the educational values inherent in interscholastic activities.
  - b. It is the host school's responsibility to remove any individual(s) creating a disturbance, which disrupt (s), the educational goals of the event.

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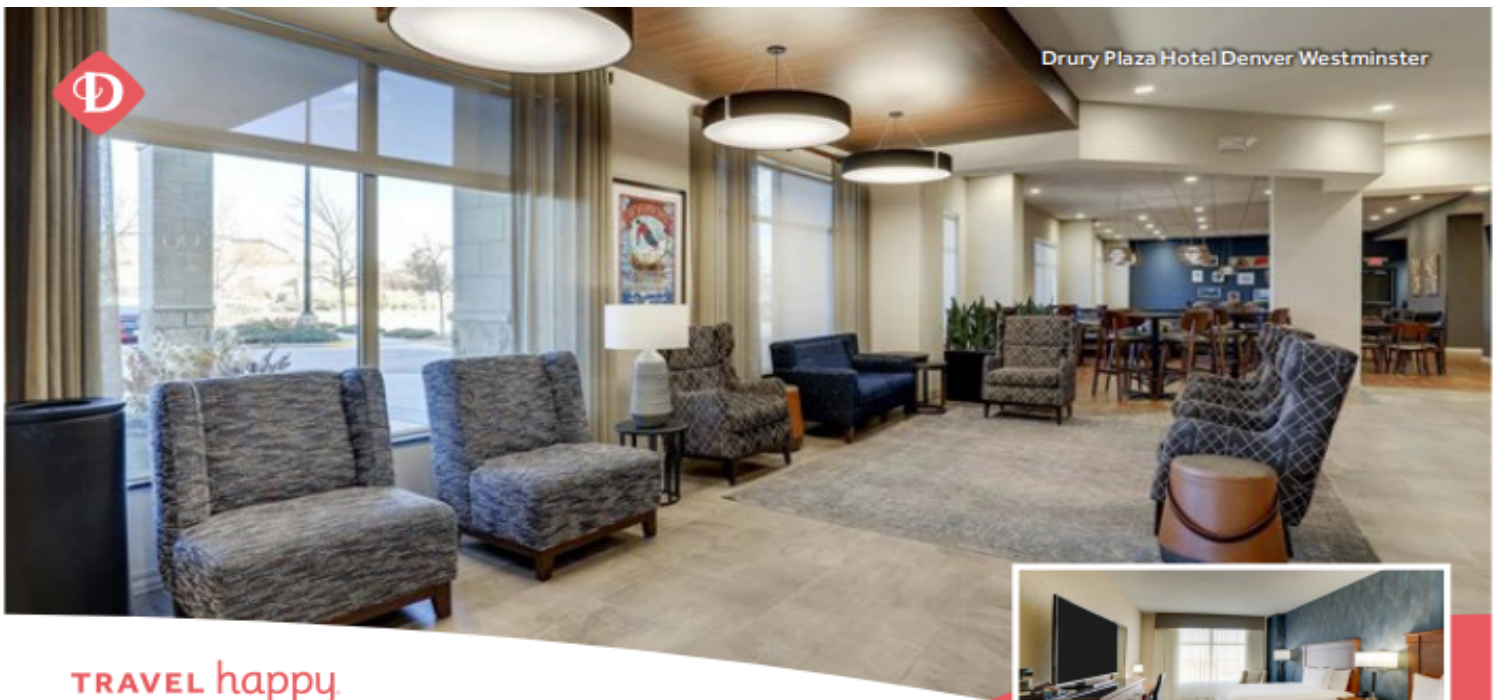
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## **SpringHill Denver Downtown**



- To view location and hotel, click [HERE](#).
- To book and secure your CHSAA Room rate based on availability, [CLICK HERE](#) to view flyer with tiered rates [CLICK HERE](#). You may also reach out to Nikki Collaso directly at 720-439-2885.
- Via email: [nikki.collaso@springhillsuitesdenver.com](mailto:nikki.collaso@springhillsuitesdenver.com). *Please note the Springhill Suites Denver cancellation policy is 48 hours prior to arrival.*



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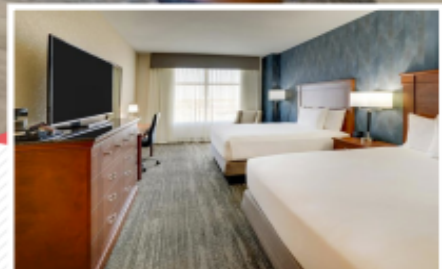
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