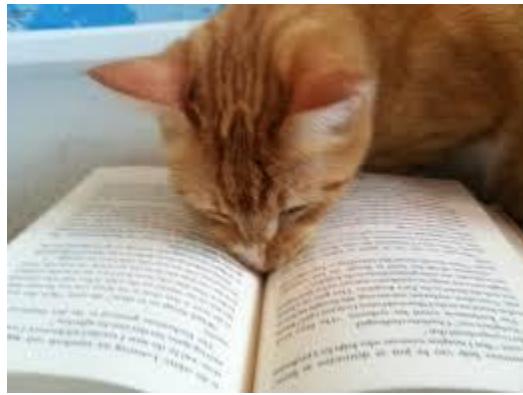


# Book Club Socratic Seminar



A Socratic Seminar is a discussion with the purpose of achieving a deeper understanding about the ideas and values in a text through critical reading and thinking. In the Seminar, participants question and examine issues and principles related to a particular content, and articulate different points of view.

## Expectations:

- Each question is answered with several sentences or bullet-pointed ideas
  - Citing passages from your text is also very helpful!
- All students talk and respond during the seminar. All ideas are welcome. It is not a debate, but a discussion to listen to all varying ideas.

## Discussion Questions

I created these off of the main themes that are present in most of your books. All of them can technically be answered by anyone, but some go along with your book more than others. You must answer the highlighted questions, and then choose any other 4 to answer in writing. You can still participate in the discussion for all of them even if you did not write those answers.

1. How are mental health issues different from physical health issues? How are they similar?
2. Do you feel you have been sufficiently taught by school, teachers, parents or other adults about warning signs of mental illness? Why or why not?
3. Do you feel you have been sufficiently taught by school, teachers, parents or other adults about what a healthy relationship looks and feels like? Why or why not?
4. What are your recommendations for how we could help solve these problems in a way that others would actually take it seriously and improve their behaviors?
5. What are some healthy coping skills that one can try if they are experiencing troubles, and what are some ways that those around them can be supportive?
6. What are some reasons a person might build more of a bond with someone online than in person?
7. Do you think your generation “bonds” more over social media contact or in-person contact? Explain.
8. What are the main reasons teenagers experiment with drugs? What are they seeking?
9. What is something from your book that you think other people who have not read it should know or be aware of?
10. Does history repeat itself? How so? Consider evidence from your book and things that are happening today.
11. What do you think is content that more high school English classes should be talking about?
12. Write your own open-ended discussion question about a topic in your book that you think is “discuss-able.”