



[Francesca Gentile](#), Certified Clinical Sexologist and initiated shaman, inspires transformation through combining the science and soul of sexuality. For over 20 years, she's compassionately empowered 1000s of clients, and students around the world to reclaim the spark, bridge sexual differences, heal from trauma, and deepen self love!

An expert in the field of integrating sexuality, consciousness, healing, Tantra, Conscious Non-Monogamy, and the use of BDSM as therapeutic modality. She is professor at the [International Institute of Clinical Sexology](#), where she is studying to receive her PHD. She has conducted workshops, and presented at conferences in the United States, Netherlands, Italy, Malta, Israel, England, Ireland, Canada, Mexico, and Puerto Rico, Spain, and England.

She has developed the [5 Pillar Method Of Holistic Healing](#), and [the Inner Aspect Method](#) of awareness, inner harmony, and authentic choice. Her

training has included: Non-Violent Communication, Somatic Sexology, Psychology, Shamanism, Clinical Sexology, Health Education, Conscious BDSM, Therapeutic Tantra, Psychodrama, Jungian Psychotherapy. Ecospirituality.

Training and mentors have included: Marshall Rosenberg, Dr Clarissa Pinkola Estes, Lori Grace Star, Dr Gina Ogden, Dr Patti Britton, Dr Stephen Braverman, Matthew Fox, Brian Swimme, Joanna Macy, Thomas Hubl, Dr Joe Dipenza.

She is a quoted expert in books such as Esther Perel's "State of Affairs," Dr Judy Kuriansky's "The Idiot's Guide to Tantric Sex," a co-author/editor of "The Marriage of Sex & Spirit," "Mono in a Poly World" by Taxmyn Ozga, and contributing author to "The Jealousy Workbook; Exercises and Insights for Managing Open Relationships" by Kathy Labriola.