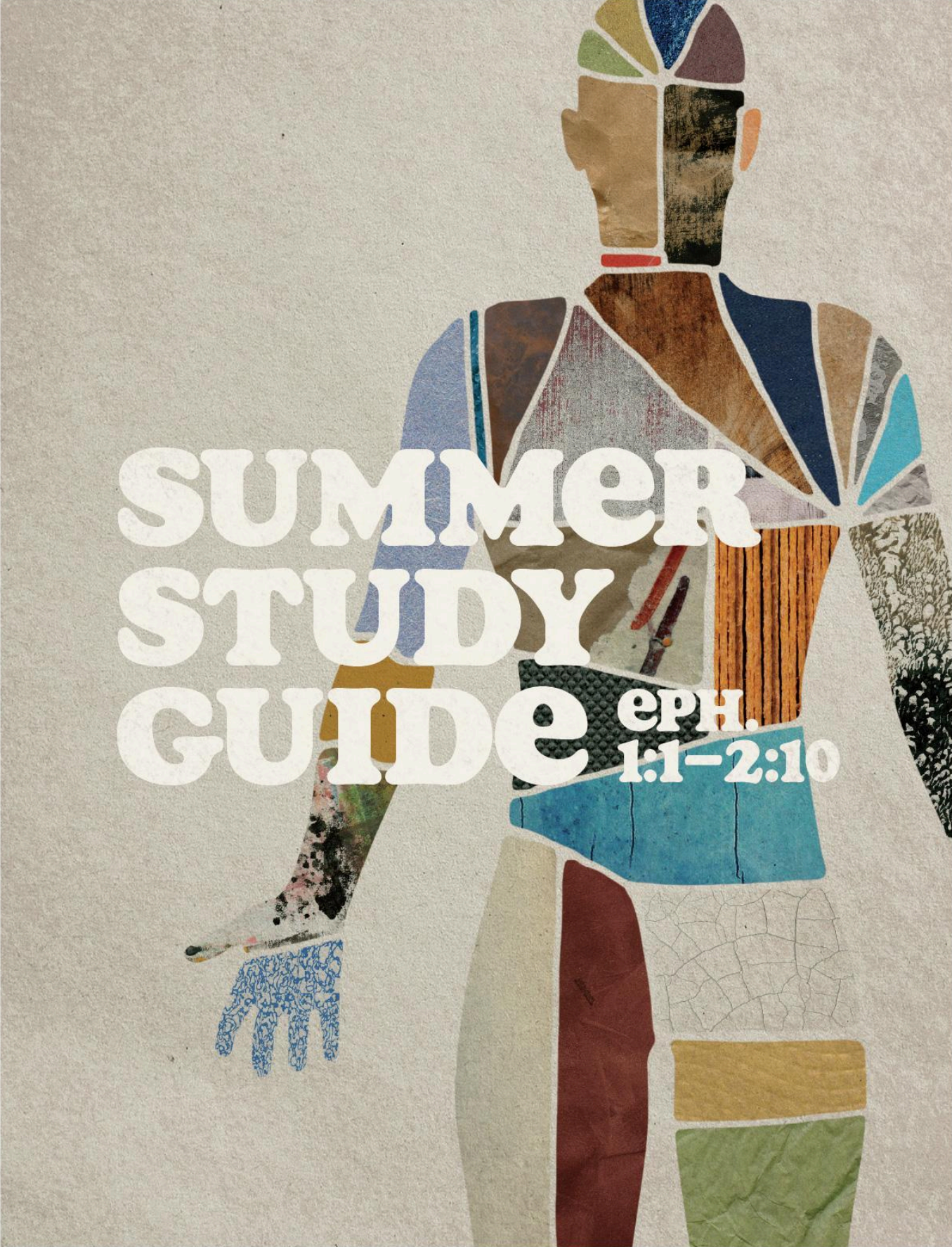




SUMMER STUDY GUIDE

EPH.
1:1-2:10

Summer Study Guide for Ephesians

We begin this summer studying and preaching through Ephesians. Ephesians is a magnificent letter from the Apostle Paul describing the great blessings we have in Christ. This leads Paul to praise God and to pray that his readers would understand the greatness of these blessings and live in the reality of them. As he unfolds the blessings every believer in Christ has, we see that God the Father has loved us the same way He loved His Son. We have every blessing that the Son has from the Father because we are in Him. Paul prays that they would be strengthened so that by faith, Christ would dwell powerfully and effectively in them, and they would grasp His love and be filled up with His love in how they treat each other and live in the world. May we all be further transformed into the image of Christ through our study of Ephesians so that God will be glorified in the church and in Christ Jesus!

This summer growth guide is not designed to be used for a larger growth group gathering. It is meant to be used individually or even better with one or two others so that all of us grow in the skill of reading the Bible together. A goal the elders have for all our members is that each of us would be able to read the Bible faithfully on our own and in turn read it together with others. One of the best ways for us to encourage each other in our faith is to read the Bible together, so this guide is aimed at helping us to do that.

Preaching Schedule

Week 1	Ephesians 1 Overview	May 31, 2026
Week 2	Ephesians 1:3	June 7, 2026
Week 3	Ephesians 1:4-6	June 14, 2026
Week 4	Ephesians 1:7	June 21, 2026
Week 5	Ephesians 1:8-10	June 28, 2026
Week 6	Ephesians 1:11-12	July 5, 2026
Week 7	Ephesians 1:13-14	July 12, 2026
Week 8	Ephesians 1:15-17	July 19, 2026
Week 9	Ephesians 1:18-20	July 26, 2026
Week 10	Ephesians 1:21-23	August 2, 2026
Week 11	Ephesians 2:1-3	August 9, 2026
Week 12	Ephesians 2:4-5	August 16, 2026
Week 13	Ephesians 2:6-7	August 23, 2026
Week 14	Ephesians 2:8-9	August 30, 2026
Week 15	Ephesians 2:10	September 6, 2026

How to Read the Epistles



Observation

- Epistles are written with a linear, logical structure that presents key arguments and their implications. What are the main topics and themes addressed in this letter? In this paragraph? In this verse?
- What are the repeated words or phrases?
- What problems does the author seem to be addressing? What might be the situation of those to whom he is writing?
- Is this section teaching key truths or telling you what to do in light of the key truths already explained?



Interpretation

- What are the main ideas in this section, and which ideas are the supporting ideas?
- What words need to be defined? How does the context help you define them?
- How does the section you are reading connect with the sections that precede and follow it?
- How might the culture or context of the original audience be different than our context? How will those differences impact our application of this text?



Application

- What truths about God are being taught here that you need to believe? Praise God.
- What do you learn about humans and our needs and purposes? Do you see any sin you need to confess?
- What do you learn about salvation in Christ and our relationship with God? Give thanks to God.
- Are there any specific commands to put into practice, things to stop doing or to start doing? What could applying these commands look like in your life?
- How should you pray considering this passage?

Week 1

May 31-June 6

OVERVIEW of Ephesians and Ephesians 1:1-2

Ephesians 1:1-2

"¹Paul, an apostle of Christ Jesus by the will of God, To the saints who are in Ephesus, and are faithful in Christ Jesus: ²Grace to you and peace from God our Father and the Lord Jesus Christ."

Memory Challenge: Memorize Ephesians 1:1-2 this week.

*Try writing out the verses several times in your notebook or on a notecard. Then write the first letters of each word and use that to review and memorize the verse.

Reading Challenge

Read the entire book of Ephesians at least 5 times. If you read straight through the book it takes about 20 minutes, so this is doable. Each time you read, use a different translation if possible. Try listening to the audio Bible (ESV Bible app has a free version of this, as does YouVersion app) for some of your repeated reading.

- 1st read: Look for key themes and repeated ideas. Write these down as you read or when you are done (keep a Bible study notebook for Ephesians).

- 2nd read: Listen or look for what you learn about the author. Write it down.
- 3rd read: Listen or look for what you learn about the audience. Write it down.
- 4th read: Listen or look for changes in topics. Write down the main sections of the book.
- 5th read: Look or look for why Paul has written this book to this audience. Write down your idea for what the purpose of the book is.

For the rest of the summer, read through the entire book at least once a week to continue observing the entire structure and content of the book and to help you keep your study of the smaller passages in context.

Study Challenge

- If you have a study Bible (MacArthur Study Bible or ESV Study Bible or a commentary on Ephesians or a New Testament survey), read the introduction to Ephesians and take notes about what you learn about the author, audience, setting, date and themes of the book.
- You can download apps for your phone or software for your computer that will have free resources for Bible study. Olivetree.com is one place you can get some good resources. Bibleproject.com also has some good resources for understanding the structure of the books of the Bible. YouVersion Bible app has some helpful resources also. The church library upstairs in room 261 has some good Bible introduction books and Ephesians commentaries you could check out. Keep in mind all of these resources are meant to help you understand the context of the book, but they are not infallible. Each of these resources must be evaluated based on what Scripture itself says.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:1-2 with a friend, family member, roommate or someone in your growth group. If meeting in person is not possible, consider sharing what you are learning with your friend via text or email or even some kind of video chat. The goal is to encourage and help each other as we read, meditate on and apply the Bible together.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing your “light bulbs” or observations with each other. Feel free to comment on each other’s observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It’s okay if you cannot answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share what you learned about the book of Ephesians from reading an introduction to the book, if you were able to do that.
- Share your conclusions about the theme of Ephesians.
- Share Ephesians 1:1-2 by memory if you have been able to memorize it.

Pray

- Take time to adore God because of what you see here in Ephesians.
- Confess the ways you see that you fall short of loving God and others as God has loved you.
- Thank God for how He has loved us in Christ!
- Ask God to help you to grasp His love and to be filled up with Him.

Week 2

June 7-June 13

Ephesians 1:3

“Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places,”

Memory Challenge: Memorize Ephesians 1:3 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:3-14 and write down your observations and questions.
 - Read Ephesians 1:3-14 and observe the structure and main sections of Paul’s praise to God.
 - Read Ephesians 1:3 and look up any cross references* given in your Bible.
- *A cross reference is another Bible passage that mentions the same word, topic or theme. Some Bibles have cross references suggested in the margin or you can look up a key word from the verse and see what other verses mention it. Of course, you always need to use discernment and understand the context of each cross reference as much as possible.
- Read Psalm 103 and observe how it is similar to Ephesians 1:3-14.

- Read the book of Ephesians thinking about how it relates to Ephesians 1:3.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:3 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.

- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:3 by memory if you have been able to memorize it.
- Share what you saw in Psalm 103 as it relates to Ephesians 1:3-14.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 3

June 14-June 20

Ephesians 1: 4-6

“⁴even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love ⁵he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, ⁶to the praise of his glorious grace, with which he has blessed us in the Beloved.”

Memory Challenge: Memorize Ephesians 1:4-6 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:4-6 and write down your observations and questions.
- Read Ephesians 1:4-6 and look up any cross references* given in your Bible.
- Read Romans 9 and observe how it explains the reality of God electing His people before the foundation of the world.
- Read the book of Ephesians thinking about how it relates to Ephesians 1:4-6.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:4-6 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:4-6 by memory if you have been able to memorize it.
- Share what you saw in Romans 9 as it relates to Ephesians 1:3-14.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 4

June 21-June 27

Ephesians 1:7

“In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace,”

Memory Challenge: Memorize Ephesians 1:7 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:7 and write down your observations and questions.
- Read Ephesians 1:3-14 and observe the structure and main sections of Paul's praise to God.
- Read Ephesians 1:7 and look up any cross references given in your Bible.
- Read Hebrews 9 and observe what you learn about redemption, about what Christ did to purchase His people for Himself.
- Read the book of Ephesians thinking about how it relates to Ephesians 1:7.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:7 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:7 by memory if you have been able to memorize it.
- Share what you saw in Hebrews 9 as it relates to Ephesians 1:3-14.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 5

June 28-July 4

Ephesians 1:8-10

⁸“which he lavished upon us, in all wisdom and insight ⁹making known to us the mystery of his will, according to his purpose, which he set forth in Christ ¹⁰as a plan for the fullness of time, to unite all things in Christ, things in heaven and things on earth in him.”

Memory Challenge: Memorize Ephesians 1:8-10 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:8-10 and write down your observations and questions.
- Read Ephesians 1:8-10 and look up any cross references given in your Bible.
- Read Psalm 2 and observe what you learn about all things being summed up in Christ or under Christ.
- Read the book of Ephesians thinking about how it relates to Ephesians 1:8-10.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:8-10 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:8-10 by memory if you have been able to memorize it.
- Share what you saw in Psalm 2 as it relates to Ephesians 1:3-14.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 6

July 5-11

Ephesians 1:11-12

“¹¹In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, ¹²so that we who were the first to hope in Christ might be to the praise of his glory.”

Memory Challenge: Memorize Ephesians 1:11-12 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:11-12 and write down your observations and questions.
- Read Ephesians 1:11-12 and look up any cross references given in your Bible.
- Read John 10 and think about what Jesus teaches us about how He makes us His inheritance. What do you learn in John 10 about what it means to belong to Christ?
- Read the book of Ephesians thinking about how it relates to Ephesians 1:11-12.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:11-12 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:11-12 by memory if you have been able to memorize it.
- Share what you saw in John 10 as it relates to Ephesians 1:3-14.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 7

July 12-18

Ephesians 1:13-14

"¹³In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, ¹⁴who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory."

Memory Challenge: Memorize Ephesians 1:13-14 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:13-14 and write down your observations and questions.
- Read Ephesians 1:13-14 and look up any cross references given in your Bible.
- Read John 14:15-31. Write down what you learn about the Holy Spirit there. If you have time, read through John 15 and 16 and observe what you learn about the Holy Spirit.
- Read the book of Ephesians thinking about how it relates to Ephesians 1:13-14.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:13-14 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:13-14 by memory if you have been able to memorize it.
- Share what you learned in John about the Holy Spirit.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 8

July 19-25

Ephesians 1: 15-17

“¹⁵For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, ¹⁶I do not cease to give thanks for you, remembering you in my prayers, ¹⁷that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him”

Memory Challenge: Memorize Ephesians 1:15-17 this week.

Reading & Study Challenge

- Read Ephesians chapter 1 and write down your observations and questions.
- Read Ephesians 1:15-23 and observe the structure and main sections of Paul's prayer.
- Read Ephesians 1:15-17 and look up any cross references given in your Bible.
- Read 1 Corinthians 2. What do you learn there about the role of the Holy Spirit in helping believers to understand the Bible?

- Read the book of Ephesians thinking about how it relates to Ephesians 1:15-17.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:15-17 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:15-17 by memory if you have been able to memorize it

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 9

July 26-August 1

Ephesians 1:18-20

“¹⁸having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, ¹⁹and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might, ²⁰that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places,”

Memory Challenge: Memorize Ephesians 1:18-20 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:15-20 and write down your observations and questions.
- Read Ephesians 1:18-20 and look up any cross references given in your Bible.
- Read Ephesians 2:1-10 and consider how it relates to what Paul prays in Ephesians 1:19-20.
- Read the book of Ephesians thinking about how it relates to Ephesians 1:18-20.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:18-20 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:18-20 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 10

August 2-8

Ephesians 1:21-23

“²¹far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. ²²And he put all things under his feet and gave him as head over all things to the church, ²³which is his body, the fullness of him who fills all in all.”

Memory Challenge: Memorize Ephesians 1:21-23 this week.

Reading & Study Challenge

- Read Ephesians chapter 1:21-23 and write down your observations and questions.
- Read Ephesians 1:21-23 and look up any cross references given in your Bible.
- Read Colossians 1:15-19 and consider how the greatness of Christ is described.
- Read the book of Ephesians thinking about how it relates to Ephesians 1:21-23.

Reading the Bible with Someone Else Challenge

Read Ephesians 1:21-23 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 1:21-23 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 11

August 9-15

Ephesians 2:1-3

“¹And you were dead in the trespasses and sins ²in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience— ³among whom we all once lived in the passions of our flesh, carrying out the desires of the flesh and the mind, and were by nature children of wrath, like the rest of mankind.”

Memory Challenge: Memorize Ephesians 2:1-3 this week

Reading & Study Challenge

- Read Ephesians chapter 2 and write down your observations and questions.
- Read Ephesians 2:1-10 and observe the structure and main sections of this paragraph.

- Read Ephesians 2:1-3 and look up any cross references given in your Bible.
- Read Romans 3:1-20 and write down what you learn about the sinfulness of humanity.
- Read the book of Ephesians thinking about how it relates to Ephesians 2:1-3.

Reading the Bible **with** Someone Else Challenge

Read Ephesians 2:1-3 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
- Take turns sharing a question you came up with. See if you can answer the question together using the passage itself, the context around it, or a study Bible. It's okay if you are not able to answer a question. The most important questions will usually be able to be answered from the text, but sometimes you will need to look at other passages or get help from someone who knows the Bible better.
- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 2:1-3 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

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Week 12

August 16-22

Ephesians 2:4-5

"But God, being rich in mercy, because of the great love with which he loved us, ⁵even when we were dead in our trespasses, made us alive together with Christ—by grace you have been saved—"

Memory Challenge: Memorize Ephesians 2:4-5 this week.

Reading & Study Challenge

- Read Ephesians chapter 2:1-5 and write down your observations and questions.
- Read Ephesians 2:4-5 and look up any cross references given in your Bible.
- Read Mark 1:40-45 and consider the mercy of God as it is revealed by Jesus. What other examples of mercy and love do you see from Jesus in the gospels?
- Read the book of Ephesians thinking about how it relates to Ephesians 2:4-5.

Reading the Bible with Someone Else Challenge

Read Ephesians 2:4-5 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

- Each of you take turns sharing observations with each other. Feel free to comment on each other's observations.
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- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 2:4-5 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 13

August 23-29

Ephesians 2:6-7

“⁶and raised us up with him and seated us with him in the heavenly places in Christ Jesus, ⁷so that in the coming ages he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus.”

Memory Challenge: Memorize Ephesians 2:6-7 this week.

Reading & Study Challenge

- Read Ephesians chapter 2:6-7 and write down your observations and questions.

- Read Ephesians 2:6-7 and look up any cross references given in your Bible.

- Read the book of Ephesians thinking about how it relates to Ephesians 2:6-7.

Reading the Bible with Someone Else Challenge

Read Ephesians 2:6-7 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

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- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 2:6-7 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 14

August 30-September 5

Ephesians 2:8-9

“⁸For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, ⁹not a result of works, so that no one may boast.”

Memory Challenge: Memorize Ephesians 2:8-9 this week.

Reading & Study Challenge

- Read Ephesians chapter 2:8-9 and write down your observations and questions.

- Read Ephesians 2:8-9 and look up any cross references given in your Bible.

- Read the book of Ephesians thinking about how it relates to Ephesians 2:8-9.

Reading the Bible with Someone Else Challenge

Read Ephesians 2:8-9 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

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- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 2:8-9 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

Week 15

September 6-12

Ephesians 2:10

“¹⁰For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”

Memory Challenge: Memorize Ephesians 2:10 this week.

Reading & Study Challenge

- Read Ephesians chapter 2:1-10 and write down your observations and questions.

- Read Ephesians 2:10 and look up any cross references given in your Bible.

- Read the book of Ephesians thinking about how it relates to Ephesians 2:10.

Reading the Bible with Someone Else Challenge

Read Ephesians 2:10 with someone else.

Take 10 minutes and each of you read the passage and write down the following things:



What do you see in the passage? Write down your observations. What stands out to you from the passage because it seems important or interesting?



What questions do you have about the passage? What is not easy to understand or what would be good to study further?



What should you do or believe based on what you see in this passage? How does this passage apply to your life right now?

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- Share your applications with each other. Talk about what it would look like specifically to live out those applications. What other passages might help you? What practical steps do you need to take? What do you need to be praying or thinking? How do you need God to work in your heart?
- Share Ephesians 2:10 by memory if you have been able to memorize it.

Pray

- Adore God for who He is.
- Confess your sins and the ways that you fall short of being who God calls you to be.
- Thank God for what He has done for you according to what you see here.
- Ask God for whatever you see in this passage that is His will for His children. Pray the same way for others in your life.

GROUPS

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