

Kristine E. Reynolds
Licensed Clinical Social Worker
Charlotte, VT
970-443-2502 (cell)
kris.eliz.reynolds@gmail.com

Education:

- Champlain Valley Union High School: (Hinesburg, VT) 2001
- Champlain College- Bachelor's degree in Social work: (Burlington, VT) 9/2001-5/2005
- Colorado State University- Master's degree in Social Work: (Fort Collins, CO) 7/2007-9/2008

Licensure:

Licensed Independent Clinical Social Worker State of Vermont #089.0085622-Expires: 1/31/2024

Current Employment:

-Vermont State University-Lyndon, VT-- Assistant Professor- Applied Psychology and Human Services
July 2023- Present

- Courses Taught
Fall 2023- PSY- Intro to Psychology (3 credits), -PSY-Intro to Human Services (3 credits), PSY- Abnormal Psychology (3 credits), PSY- Psychology Research (3 credits), PSY- Fundamentals of Community Mental Health (3 credits/online asynchronous)

-Vermont Center for Resiliency--Director and Founder

March 2019-Present

Group psychotherapy practice, with four locations, focusing on trauma-informed resiliency-based care.

- Job Description: Providing clinical supervision and general oversight to clinicians within the Vermont Center for Resiliency. Program design, implementation, and assessment of trauma-aware programming. Also caring for a caseload of clients, specializing in working with survivors of violence.

-Champlain College, Burlington, VT--Adjunct Faculty

August 2015- May 2023

- **Other**
-Member of the advisory committee for the Social Work Program, since Spring 2016. The primary purpose of the advisory committee is to help the Social Work program further develop and main high-quality curricula that prepare potential social work leaders in Vermont and nationally. The committee advises the program on a variety of topics such as mission and goals, program development, and emerging areas of practice opportunities, and assists the program to develop mutually beneficial partnerships within the community.
-Retained as a consultant over the Summer of 2017 to advise curriculum changes to the EHS course Making Connections.

-Matrix Health Systems/Otter Creek Associates, Burlington VT--Private Practice-Clinical Social Worker

March 2014-Present

Employment History:

-Community College of Vermont/Northern Lights--Trainer

February 2019-December 2021

- Trauma-Informed Practice I & II

-H.O.P.E Works, Burlington, VT--Therapeutic Services Director

July 2015- January 2019

A private non-profit agency dedicated to ending all types of sexual violence.

- Job Description:
 - Director of the daily operations both clinical and administrative of the therapeutic program within a rape crisis center.
 - Provide individual psychotherapy to survivors of sexual violence.
 - Provide supervision to per-diem contact employees' field placement students/interns, including MSW and BSW students. Providing on-site clinical training to non-clinical staff who have direct contact with survivors of sexual assault.
 - Administrative duties, including intakes, referrals, insurance billing, interviewing, and hiring of per-diem employees and social work field students.

-Berlin Vet Center/Department of Veterans Affairs, Berlin, NH--Outpatient Clinical Social Worker

December 2012- March 2014

-Department Of Veterans Affairs, Pueblo, CO--Outpatient Clinical Social Worker

December 2010-December 2012

-Northwestern Counseling & Support Services, St. Albans, VT--Outpatient Therapist

July 2010-November 2010

- Northeast Kingdom Human Services, Newport, VT--School Clinician (in three schools)

December 2008-July 2010

-The Jacob Center/Remington House, Fort Collins, CO--Therapist

May 2008-November 2008

Foster care placement agency/adolescent residential treatment facility

-Counseling Services Associates/ Child Safe, Fort Collins, CO--Internship

August 2007- May 2008

Outpatient sex offender treatment/Services for victims of sexual abuse

-CAB Health and Recovery Services, Peabody, MA--Case Manager of the Young Offender Re-entry Program

September 2005- March 2007

Agency providing substance abuse services including; case management, harm reduction, detoxification, and residential programs

-Woodside Juvenile Rehabilitation Facility, Colchester, VT--Internship

September 2004- May 2005

Applied Skills:

Individual therapy, family therapy, and group therapy with the populations of veterans, offenders, survivors of abuse, children, and adolescents, utilizing a variety of theories including but not limited to EMDR, cognitive processing therapy, cognitive behavioral therapy, dialectical behavioral therapy, motivational interviewing, play therapy, art therapy, and strengths-based therapy.

- Group therapy, including psycho-education groups, processing groups, anger management groups, support groups, and Cognitive processing therapy groups.
- Performing intake assessments, mental health assessments, and the development and implementation of treatment plans/goals.
- Diagnosing new clients as well as the continued review of the diagnosis of current and ongoing cases.
- Performing suicide and safety screening/assessments when necessary.
- Facilitating mediation groups and sessions with clients, and their peers, parents, and/or teachers.
- Experience and knowledge of working clinically with adults, children, and adolescents with the diagnosis of post-traumatic stress disorder, dissociative identity disorder, bipolar, anxiety, attachment disorders, personality disorders, and/or depression since 2008.

Active Memberships:

- NASW

Speaking Engagements/Training developed and delivered:

- “Trauma and Resilience”- Summer Webinar Series Champlain College- Summer 2020
- “Building the Resilience to navigate through”- UVM/VCHIP Statewide Conference- Spring 2021
- Resilience Conference-Keynote on “Building Resilience”- Champlain College- Fall 2021
- “How to live a trauma-informed life-10”1- CVU Access - Fall 2021
- “Motivational Interviewing for Survivors” hosted by Steps to End Domestic Violence (internal training)- Spring 2022
- “Trauma-Informed Care” hosted by Vermont Youth Conservation Corps (internal training)-Fall 2022
- “You can do hard things”- Champlain College-Sophomore Summit-Keynote Address- Fall 2022
- “Building Resilience Through Adversity”-New England Federal Credit Union Webinar-Spring 2023
- “Trauma Informed Practices 10”1- PedsPro Webinar Spring 2023
- “Understanding Resilience” Retreat- hosted by Resource- Fall 2023
- “Understanding Resilience”- NAMI Conference-workshop- Fall 2023
- “Trauma Informed Practices”- Resource Webinar- Fall 2023