Praveen Kenneth Chair on Leadership, CHRIST (Deemed to be University)

Staff Program: Monthly Leadership Conversation, **Edition # 5 Report**

Date of Session: January 7, 2020, 3.00 PM to 4:00 PM

Venue: Council Room, Ground floor, Central Block, Main Campus.

Speaker's Name: Dr Fr Viju P. D. Director, CHRIST (Deemed to be University) NCR Campus, Delhi

Session Brief: The style of leadership adopted by any organization has multi-faceted implications in the domains of productivity, growth and overall well-being experienced by the employees of the organization. Recent research in the domain of leadership styles have almost unanimously pointed that 'relational' models of leadership reap far more benefits than hierarchical or bureaucratic models. Relational models of leadership focus on the nature of the relationships that exist between the leader and followers.

Goleman, Boyatzis and McKee (2002) studied one such model of leadership which they termed as 'Resonant leadership'. This Style of leadership is based on emotional intelligence skills which consist of self-awareness, self-management, social awareness and social management. This foundation of high emotional intelligence permits resonant leaders to be emotionally in tune with the people around them, conserve their own values and live passionately. A truly resonant style of leadership can be identified by the following; engendering inspiration in others, creating an atmosphere characterized by hope, being attuned with oneself and others, having compassion, being mindful and having an authentic self. Resonant leaders are aware about the powerful nature of emotions and seek to create a climate of hope and optimism around them.

This dynamic style of leadership can be negatively impacted by two factors: power distance and power stress. High power distance leads to a lack of synchrony of ideas and feelings between a leader and followers whereas high power stress occurs due to job stress, increasing demands to perform better, tough competition, pressure of constant decision making and loneliness that comes with the leadership role. Consequently, high levels of power stress lead to Sacrifice Syndrome which is characterized by a leaders' responsibility 'to make sacrifices too much for too long and reap too little'. An antidote to the Sacrifice Syndrome is a process of renewal which is characterized by mindfulness, hope and compassion. This process of renewal encompasses mind, body and spirit. Resonant leaders through mindfulness get in tune with oneself and others, more importantly with oneself, through compassion get in tune with others and the world around them and with hope moves the self and others positively for future goals.

Feedback- (Analysis and Action Plan): First leadership conversation session where we had a speaker from CHRIST NCR, Delhi Campus and it was turn for those from the central campus, Bangalore and other to watch it on skype through online. The topic covered mostly the aspects of resiliency which was soon going to be very important for leaders in the next phase of their teaching and leadership responsibilities. All the participants were able to get a conceptual understanding of power and its relevance to exhibiting it in their leadership in the context of relational model. Also, the rhythms of a monthly connect was soon becoming very relevant and good point of connect once a month for leaders at CHRIST.

Attendance: 51 leaders attended the session

Supporting Document # 1: Pictures





Supporting Documents # 2: Attendance

CENTRAL CAMPUS

Leadership Conversations

Fifth Edition – January 7th, 2020

Attendance Sheet

1	Dr. Fr. Abraham V. M.	Vice Chancellor	
2	Dr. Fr. Jose C. C.	Pro Vice Chancellor	
3	Dr. Anil Joseph Pinto	Registrar	
4	Dr. George Thomas C.	Dean, Sciences	
5	Dr. John Joseph Kennedy	Dean, Arts & Humanities	
6	Dr. Tony Sam George	Dean, Humanities and Social Sciences/HOD, Psychology	
7	Dr. Jain Mathew	Dean, Management	
8	Dr. Somu C S	Dean, School of Law	
9	Dr. Iven Jose	Dean, Faculty of Engineering	
10	Dr. Tomy K Kallarakal	Dean, Commerce	
11	Dr. Jyoth. Kumar	Dean, School of Business Studies and Social Sciences	
12	Dr. Georgy Kurien	Associate Dean, Institute of Management	
13	Dr. Jeevananda S	Associate Dean, Institute of Management-Kengeri Campus	
14	Dr. Javadevan S Nair	Associate Dean, School of Law	
15	Dr Sunit Phadke	Dean, International Relations	
16	Mr Sirish Venkatagiri	HOD, Institute of Management	
17	Prof Krishna M C	HOD, Institute of Management (Kengeri Campus)	
18	Dr Jose Cherian	HOD, School of Education	
19	Dr Victor Paul	HOD, Social Work and Sociology	
20	Dr Joshy P J	HOD, Economics	
21	Mr Padmakumar M M	HOD, Media Studies	
22	Mr Prabin Villareesi	HOD, Performing Arts, Theatre Studies and Music	
23	Dr Abhaya N B	HOD, English	

24	Dr Mallika Krishnaswami	HOD, Languages	
25	Dr Wilson Edattukaran	HOD, Philosophy and Theology	
26	Dr Theresa Nithila Vincent	HOD, Commerce	
27	Dr Amalanathan S	HOD, Management Studies	
28	Dr Kavitha D	HOD, Professional Studies	
29	Mr Biju Toms	Director, Professional Studies	
30	Mr Kerwin Savio Nigli	HOD, Hotel Management	
31	Mr Joy Paulose	HOD, Computer Science / HOD, Statistics	
32	Fr Jobi Xavier	CFO, HOD, Life Sciences	
33	Dr Joseph T V	HOD, Mathematics	
34	Dr Anitha Varghese	HOD, Chemistry	
35	Dr K T Paul	HOD, Physics and Electronics	
36	Dr Balachandran K	HOD, Computer Science and Engineering and Information Technology	
37	Mr Raghunandan Kumar	HOD, Civil Engineering	
38	Dr Gurumurthy Hebbar	HOD, Mechanical Engineering	
39	Dr Vijayashankar A V	HOD, Sciences and Humanities	
40	Dr Joseph Xavier Rodrigues	HOD, Electrical and Electronics Engineering	Kengaa
41	Ms Inbanila K	HOD, Electronics and Communication Engineering	
42	Dr Anitha Suseelan	HOD, School of Architecture	
43	Mr Johny Joseph	Controller of Examinations	
44	Dr Fincy Pallissery	Department Coordinator-BBA LLB, School of Law	
45	Dr Shampa I Dev	Department Coordinator-BA LLB, School of Law	
46	Dr Madhumati Deshpande	Coordinator, Dept of International Studies and History (Coordinator)	
47	Dr Kennedy Andrew Thomas	Director, Centre for Education Beyond Curriculum	
~~48~~	~~Dr D N S~~ Kumar	Associate Director, Centre for Research Project	RESIGNED

49	Dr Guydeuk Yeon	Director, Centre for Digital Innovation/Centre for Advanced Research and Training	
50	Fr Antony Puthussery	Director	
51	Dr Fr Benny Thomas	Director, School of Law & Faculty of Engineering	
52	Ms Phinu Mary Jose	Director CSA	
53	Dr Sebastian K A	Associate Director, Centre for Research	
54	Dr Shivappa B Gudennavar	Associate Director, Centre for Research	
55	Dr Fr Joseph Varghese	Director, Centre for Research, and Office of Personnel Relations	
56	Dr Fr Biju K C	Director, Bannerghatta Campus	
57	Fr Sebastian Mathai	International Studies and History	
58	Dr Fr Lijo Thomas	Associate Director, Students Affairs	
59	Fr Vinod Michael	Director, Sports	
60	Fr Peter M V	School of Education	
61	Prof. Chandrasekharan K A	Personnel Officer	
62	Ashokan O	Coordinator, Theatre Studies	
63	Prof. Mary Thomas	Program Coordinator, BBA, Department of Management Studies	
64	Prof. Jimmy Thankachan	Program Coordinator, BBA, Department of Management Studies	
65	Dr Anuradha R.	Program Coordinator BBA, Department of Management Studies	
66	Dr Middi Appala Raju	Program Coordinator, BBA, Department of Management Studies	
67	Dr Suresha B.	Program Coordinator, MBA FM, Department of Management studies	
68	Dr Jacob Joseph K.	Program Coordinator, MBA EX, Department of Management Studies	
69	Dr Hemalatha	Coordinator, Department of Sociology & Social Work	
70	Dr Elizabeth Thomas	Coordinator, Department of Psychology	

71	Dr Deepti Das	Coordinator, Department of Computer Science	
72	Ms. Tulasi J	Coordinator, Department of Computer science	
73	Dr Saleema J.S	Coordinator, Department of BCA	
74	Dr. Pranesh S	Coordinator, Department of Mathematics	
75	Dr Suganthi S	Coordinator PhD, Department of Electronics and Communications	— Kergeu
76	Mr James Sathya Kumar	Coordinator, Department of Mechanical Engineering	
77	Dr. Shareril Michael Almeida	Coordinator, Department of Commerce	
78	Dr Girish S	Coordinator, Department of B.Com Honours	
79	Dr. Nachimuthu N	Coordinator, B.Com SFH	
80	Dr. Anson K J	Academic Coordinator B.Com	
81	Dr. Kavitha JaiKumar Jayakumar	Academic Coordinator, B.Com Honour's	07/01/20
82	Dr. Greta D Souza	Coordinator, Department of School of Education	Greta D Souza.
83	Ms Gaana J	Coordinator, Department of School of Business and Social Sciences	✓
84	Dr Joby Thomas	Coordinator, Department of School of Business and Social Sciences	
85	Mr Rolla Das	Coordinator, Centre for Publications	
86	Dr. Pramod k.m	Coordinator UG – Chemistry	
87	Dr Prasad P Pujar	Coordinator, PG -Chemistry	
88	Mr Zubin Philip	Assistant Personnel Officer	7/1/2020
89	Mr Joseph Saibi	Chief Accounts Officer, Office of Accounts	
90	Mr Manoj T. Thomas	Manager Operations – IT services	
91	Ms Isabel Paul	COPE, Associate Director	
92	Ms Christina	Asst. Director, CEDBEC	
93	Dr V. R. Uma	Coordinator, PhD Commerce	
94	Fr Justin Varghese	Department of Computer Science	
95	Dr Fr Arun C Antony	Lavasa	✓

96	Dr Fr Jossy P George	Campus Director and Dean, Lavasa	
97	Fr Jiby Jose	Department of English	
98	Fr Sunny Joseph	Delhi NCR	
99	Dr Fr Viju P D	Campus Director and Dean, NCR	✓
100	Mr. Ajimon Chacko	Office of Information Processing and Management	
101	Fr Benny Mathew		
102	Shiju Sebastian	Assistant Registrar	
103	Rosh K Joy	Public Relations Officer	
104	Ashley George	Counselling and Health Services	
105	Ashok Immanuel V	Coordinator, Office of Admissions	
106	Dinesh Kumar	Commerce	
107	Louis George	Director, Staff Academic College	
108	Karthigai Prakasam	Commerce	
109	Lt. Sajjina	NCC	
110	Vagiswari S P	International Studies & History	
111	Muthu Ruben V	School of Law	
112	Sayantan D	Life Sciences	
113	Robert Linton Tavis Ashton-Bell	Performing Arts Theatres Studies and Music	
114	Benny Sabastian	Physics & Electronics	
115	Vinay M	Computer Science	
116	Ravindranath B K	Physical Education	
117	Dr Charles	IQSC	
118	Manoj	Office of International Relations	
119	BINNY VISWANATH V	Senior Technician, Centre for Concept Design (CCD)	
120	CIMIMOL V JACOB	Project Manager, Centre for Digital Innovation (CDI)	
121	SIBU CYRIAC	Senior Program Manager, Centre for Digital Innovation (CDI)	

122	JOBY JOHN	Administrative Officer, Centre for Educational Sustainability and Development	
123	KASHINATH K	Administrative Assistant, Centre for Publications	
124	JAMES KURIAN	Administrative Office, Centre for Research	
125	ROSALINE SUVARNA LATHA	Project Associate, Centre for Social Action (CSA)	
126	TONY THOMAS MATHEW	Assistant Manager, Facility Management	
127	SREE KUMAR NAIR	Senior Librarian, Library and Information Centre	Sree Nair
128	GRACE MARIA PAIS	Senior administrative Officer, Office of Admission	
129	ANIL P	Assistant Placement Officer, Office of Career Guidance and Placements	
130	SELWYN LAWRENCE J MASCARENHAS	Administrative Officer, Office of International Relations	
131	PURNANANDA BHASKAR G	Student Welfare Officer, Office of Student Welfare	
132	VENKATESULU T	Chief Security Officer, Security	

Aneesh Kumar. Coordinator, Dept of Psychology (UG)