Instructions

- 1. Read from *right-to-left* and *out-loud* the letter of the Urdu alphabet written.
- 2. If you get stuck, try *really hard* to recall for 20-30 seconds and if you still can't get it, go back and <u>check the mnemonic</u>.
- 3. But remember, the harder the recall is, the more successful the reinforcement will be when you finally get it. So don't give up on a letter if you don't get it straight away!
- 4. At the end of each block, wait for the time written. This is because recall is best practiced over long periods of time to deepen your memory.

Ready? Good luck!

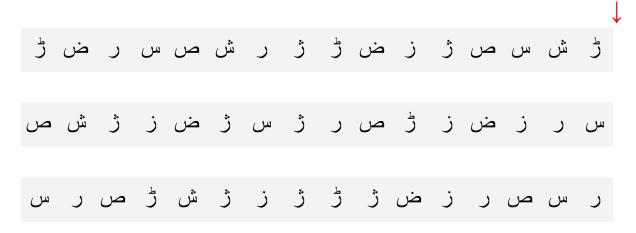
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Before continuing, take a 5 minute break.

(Seems like it takes 5 minutes to figure out what to do for 5 minutes...)

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Now, take a further 10 minute break.... (Crazy how long 10 minutes feels when you have to wait it out...)

That's it. Well done! Give yourself a high-five.

Half done and in such little time! Remember how not so long ago you didn't know a single letter? They grow up so fast :')

Once you've finished a well deserved break, let's return to the main website.