

Bible verses about Fear and Worry

Mark 5 verse 34 - Woman with issue of blood.

Jesus said to her “daughter, your faith has made you whole. **Go into peace and be continually healed and freed** from your distressing bodily disease.” (Amplified version)

John 14 verse 27

Do not let your heart be troubled (afraid). Believe (confidently) in God and trust in Him, (have faith, hold on to it, rely on it, keep going and believe also in Me. (Amplified version)

Joshua 1 verses 6 - 9

No one will be able to stand against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you. Be strong and courageous, because you will lead these people to inherit the land I swore to their ancestors to give them. Be strong and very courageous. Be careful to obey all the law my servant Moses gave you; do not turn from it to the right or to the left, that you may be successful wherever you go. **Keep this book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it.** Then you will be prosperous and successful. Have I not commanded you be strong and courageous. Do not be afraid; do not be discouraged for the Lord your God will be with you wherever you go.” (NIV)

Psalm 23 verse 1

“The Lord is my shepherd, I shall not lack” (NIV)

Psalm 27:1 – 3

“The Lord is my light and my salvation, whom shall I fear? The Lord is the stronghold of my life, of whom shall I be afraid? When the enemy advances against me to devour me, it is my enemies and foes who will stumble and fall. Though an army besiege me, my heart will not fear; though war break out against me, even then I will be confident.” (NIV)

Psalm 34:4

“I sought the LORD, and he answered me and delivered me from all my fears.” (NIV)

Psalm 34 verse 17

The righteous cry out and the Lord hears them. He delivers them from all their troubles. The Lord is close to the brokenhearted and saves those who are crushed in spirit.”

Isaiah 41 verse 10

“Fear not for I am with you: Be not dismayed for I am your God: I will strengthen you, I will help you, I will uphold you with my righteous right hand.” (NIV)

Philippians 4: 6

“Do not be anxious (or worry) about anything, but in everything by prayer and supplication with thanksgiving, let your requests be made known to God. And the peace of God which transcends all understanding will guard your hearts and minds in Christ Jesus.” (NIV)

2 Timothy 1:7

“For God has not given us a spirit not of fear, but of power and of love and a sound mind.” (NIV)

Matthew 6:25 - 34

“Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life^{lel}?

“And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

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