



Quarterly SHAC Committee Meeting

Student Health Advisory Council (SHAC) Meeting Date: 11/06/2025, Time: 4:00 PM

Location: Eustace ISD Multipurpose Building

Attendees:

- Shirley Speelman, RN - SHAC Co-Chair/District Nurse
- Julie Kilcrease, NP - SHAC Co-Chair/Parent
- Amanda Perkins - HS Counselor
- Kelsey Haremza, LPN - Primary Clinic Aide
- Amy Thomas - EISD Police Officer
- Carolyn Davis - Food Service Director
- Kayce Wilson - Intermediate Counselor
- Sam Perry - Assistant Superintendent
- Tammy Gaddis - Primary Physical Education
- Jeremy Sanders - Parent

Absent from Meeting: Julie Gray - Federal Programs & Accountability Coordinator/SHAC Secretary

Call to Order: The meeting was called to order and recording began at 4:03 PM by Shirley Speelman.

New Business:

Welcome comments and Shirley Speelman shared that Julie Gray could not make this meeting due to a training at Region 7, but Sam Perry is present in her place.

- A. The committee discussed and reviewed SHAC Bylaws.
 - a. Mission
 - b. Membership - Julie Kilcrease introduced as SHAC Co-Chair
 - c. 4 meetings annually, special meetings/quorums as needed
- B. Speelman arranging for Dr. Baker at Children's Dental Depot in Gun Barrel, to come do dental screenings at the Primary and Intermediate campuses in February.
- C. Speelman revisited the state requirements for Concussion Non-athletic participation (Return-to-learn) in schools. TEA set to make recommendations for schools. Our Eustace Concussion Oversight Team: District Nurse, MS Nurse, Trainer and medical advisor will continue to develop this protocol as information comes from TEA. Julie Kilcrease mentioned that there are no specific guidelines to follow, but her office will send notes with students for example: reduced phones, screen time, lights as tolerated. If a student complains of headache after one hour, suspend activity at that time. Mr. Perry mentioned he will reach out



for more guidance to his contact with the International Athletic Association who helped develop the TEA concussion protocol.

Reports/Campus Updates:

A. Health Services

- a. Kelsey Haremza reported stomach virus and strep cases recently. Kilcrease reports her clinic has seen more cases of Flu H and Flu A/B. Kilcrease explained the Flu H is a viral strain that turns bacterial quickly and needs to be treated with antibiotics.
- b. Vision/Hearing/Scoliosis screenings are wrapping up on each campus and will be completed before Fall break. Speelman explained that Scoliosis letters were sent out to parents and Perry confirmed receiving that letter as a parent and stated it was informative.
- c. Staff vaccination clinic was a success and had 30+ staff members participate. Requested yearly for staff. Speelman is scheduling a student vaccination clinic in February for 6th and 12th graders. Kilcrease explained that students should be up to date with Meningitis vaccines for college if they come in for their 16 year old well check.

B. Counseling/Guidance

- a. Amanda Perkins discussed high school activities going on right now: TSI testing, FASFA parent meeting tonight, and dual credit registration for the spring semester.
- b. Food drives
- c. Christmas activities for families in need:
 - i. Kayce Wilson spoke about starting the “Angel Tree” on all campuses in conjunction with First Baptist Church and the Middle School completing their coat drive.
 - ii. Amy Hillhouse talked about working with Lisa Rhodes and Keller Williams to create “Thanksgiving Baskets” for families in need before the Fall break.
 - iii. Perkins mentioned Mr. Powers’ gifting program where older siblings have an opportunity to pick out gifts and wrap them for younger siblings in need. Extra toys are then donated to the Primary PE department and First Baptist Church.

C. Nutrition Services

- a. Carolyn Davis reports 80% students participating in lunch and 51% in breakfast. They are working on increasing breakfast numbers. Thanksgiving lunch will be provided 11/16 and no parent luncheons scheduled at this time.

D. Physical Education

- a. Tammy Gaddis discussed starting the American Red Cross jump rope program at the Primary school and possibly applying for health grants offered by the ARC. Shannon Milner emailed that she will be starting “Jump Rope Ninjas” at the Intermediate school soon.



- b. Perkins asked about the district offering a wellness screening for staff that was provided in the past. Jeremy Sanders stated that LifeLine offered this service at his church recently and will provide that contact information. Speelman will look into scheduling every other year for staff.

E. Safety

- a. Perry explained that about 30 staff recently participated in our EISD reunification training at Life Fellowship Church. Very successful day with lots of procedures put in place.
- b. Speelman and Officer Pitman recently attended a SALT Trauma training and will be developing a trauma response team for the district.
- c. Perkins and Hillhouse discussed a previously practiced district “gas drill” if the plant is still active. Perry stated that we can revisit this plan after testing.

F. Family/Community Involvement

- a. High school blood drive and Pumpkin Patch Festival at Primary and Intermediate campuses. The Pumpkin Patch had a great turn out this year and both campuses did a wonderful job!

Recommendations/Follow up:

None

Meeting called to adjourn at 4:30pm.

Minutes submitted by: Shirley Speelman, SHAC Co-Chair