The Great Outdoors
Mt Crawford Hike



STUDENT NAME: _____

MARRYATVILLE HIGH SCHOOL 2022

SECTION 1 BEFORE CAMP

WHY bushwalk? Describe some of the different reasons why people may choose to bushwalk and some of the positive benefits of bushwalking

What are your initial thoughts and feelings about bushwalking? Why do you feel this way?

Identify and describe 5 **RISKS** associated with this bushwalking camp and how to reduce these risks. Consider clothing, walking, cleaning etc

NAVIGATION:

Describe the 3 key steps when using a compass.

Why is it important we understand how to use a compass?

EQUIPMENT LIST:

Create your equipment list that you can check off

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How to pack your bag:

Draw a diagram of how to pack a rucksack. Label your items in your rucksack using your equipment list.

MENU PLAN:

You will need to ensure you have enough food and water. I have suggested bringing 2 bottles of water with you that can be refilled. You will be in a pair when cooking dinner and breakfast, lunches and snacks will be individual. **NO NUTS**

LUNCH:

DINNER:

BREAKFAST:

LUNCH:

SNACKS:

WEATHER:

In your last lesson before the camp, look up the weather for Mt Crawford / Adelaide for the days that we will be away.

Explain what the conditions are going to be:

Explain how this may impact on what you pack:

Explain how this may impact on our safety considerations:

FORESTRIES

Mt Crawford Reserve is part of Forestry SA.

What is a Forestry?

What is the purpose of a forestry?

What can we do to support Forestry SA?

SECTION 2 – DURING CAMP

SILENT WALKING:

Throughout the hike today you had a silent walking experience. What were some of the things that you noticed? Consider sounds, sights, smells, your drifting thoughts, wildlife, ecosystems (check out the board at the Ranger's station for some more info)

QUIET TIME:

During your evening quiet time, reflect on the day that you have had. Some things to cover; challenges, enjoyments, surprises, things you learnt (skills, environment, about yourself), not having a cellphone, peer interaction

SECTION 3 AFTER CAMP

For each of the following sections, reflect on 1) what you had prepared/expected, and 2) what you could adapt/change if you were to have this experience again (and why)

CLOTHING:

FOOD:

RISK MANAGEMENT:

FINAL THOUGHTS:

Look back at what your initial thoughts were about this experience. What are your thoughts now that you have had the experience? Have they changed, why/why not?

SECTION 4 – RAIN/NIGHT TIME ACTIVITIES

CROSSWORD:

Camping Trip

DIRECTIONS: Fill in the puzzle, using the pictures as clues.

WORD BANK

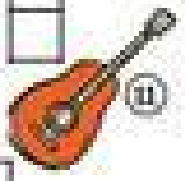
Ant
Backpack
Bear
Binoculars
Boots
Camera
Camper
Canteen
Compass
Fire
Flashlight
Guitar
Hat
Knife
Lantern
Map
Mosquito
Rope
Sleeping Bag
Tent



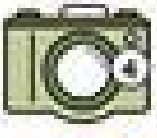










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SUDOKU:

5				8	6			1
		2	7		1	6		
	7	1				2	5	
9	1			2			7	
3			1	4	5			6
	6			9			2	4
	5	3				4	6	
		8	9		3	5		
2			5	1				7

		3			9		7	
					7	1		6
6	7	4	5	8				3
					4	3		
	3						1	
		9	2					
3				5	8	7	9	4
8		5	7					
	4		3			2		

RIDDLES:

I am an odd number. Take away a letter and I become even. What number am I?

What gets wet when drying?

The more you take away, the larger it becomes. What is it?

What has many keys, but can’t open any doors?

What can travel around the world, while staying in the corner?

The more there is, the less you see. What is it?

How can you go 8 days without sleep?