

InterExchange Career Training USA Cooperator Resource Center

Program Eligibility

Participant Requirements

Host Employer Requirements

Hospitality Host Employer Requirements

Online Application Instructions

Online Application Instructions

Online Application Demo Videos

Inviting a Participant to the Online Application

Participant Application Demo Host Employer Application Demo

Checking an Application Checking a Training Plan

Application Resources for Hosts

Host Employer Resources

How to Create a Successful Training Program

Department of Labor Criteria for Unpaid Internships

Workers' Compensation Guidelines & Examples

Application Resources for Cooperators

Proof of Student Status Template Proof of Funds Template

Employment Verification Template Financial Support Template

Document Requirements Interview Report Form

2025 Fee Disclosure Template Make a Payment

Program Resources

Cooperator Resources Participant Resources Host Resources

Program Resources for Participants

Housing Resources

Health Insurance

InterExchange Cultural Compass Culture Shock

Advice from Career Training USA Alumni

Cooperator Training Archives

2025 Cooperator Refresher Training - Slides

2025 Cooperator Refresher Training - Recording

New Cooperator Training - Slides

Miscellaneous Resources

Federal Regulations for Exchange Visitor Programs

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