February Newsletter
Barton Elementary
2019

Box Tops for Education:

Barton Elementary School will be participating in the General Mills Box Tops for Education program again this year. The Box Tops Labels can be turned into the homeroom teachers throughout the year.
The homeroom that collects the most throughout the year will receive an ice cream party at the end of the school year.

Physical Health

Keep your home smoke-free. If you or other adults in your household smoke, do your children a lifelong favor----never smoke in the house or in the car with them. Second-hand smoke can lead to a number of serious health problems, from breathing difficulties to cancer. Quit if you can. Cut back as much as you can. And do everything you can to keep your children from ever taking up the habit.

Look at me!

Help your youngster learn about the science of optics with this mealtime activity. Have him look at himself in a clean spoon. What happens if he looks in the bowl of the spoon? (He's upside down.) Next, have him bring his finger toward the spoon and watch what happens on each side. The bowl (the concave side) will magnify his finger, or make it look larger. The back (the convex side) will make his finger look smaller. Ask your child how scientists might use this information to make eyeglasses, cameras, or telescopes. Tip: He can remember which side is which by thinking of concave as "caves in."

February Calendar:

February 13 Progress Reports go home
February 14 Classroom group pictures
February 15 Bus Evacuation Drill
February 16 President's Day (Holiday)
February 19 Field trip for students 3rd -6th who scored ready in all 4 areas of ACT aspire
February 20 Rotarians will distribute dictionaries to 3rd and 4th grade students
February 26 and 27 ACT aspire interim III test

Student of the Month

January 2018

Pre K - Camp	**1st Grade - House**	**3rd Grade – Dunigan**	**5th Grade - Davis**
Harper Fletcher	Zachariah Shears	Marisa Cook	Yahiakeem Jones
K - Fennell	**1st Grade - Kitchens**	**3rd Grade - Harman**	**5th Grade - King**
Maddox Wiggins	Diana Haskins	Isabella Peters	Cadence Newsom
K - Jaco	**1st Grade – Smith**	**3rd Grade - Nichols**	**5th Grade - Nichols**
Mason Wiggins	Hailey Roach	Collin Adams	Estella Tye
K - Lederman	**2nd Grade - Files**	**4th Grade - Palmer**	**6th Grade - Gibbs**
Amarion Truitt	Caylee Fletcher	Austin Camp	Blaise Finley
K - Russell	**2nd Grade – Jacobs**	**4th Grade -Sanders**	**6th Grade - Green**
Devyn Magsby	Kori Jackson	Will Stagg	Takya Collins
1st Grade - Hogan	**2nd Grade -Rutland**	**4th Grade- Williams**	**6th Grade - Kern**
Nevaeh Hercek	Pablo Carmona	Michael Creasey	Emmanuel Egar

Ask Math Questions

Q: I've never felt comfortable with math. How should I talk to my children about what they are learning in math class? A: Try to show enthusiasm for what your youngsters are doing in math. You might ask them each day at dinner or homework time what they studied in math that day. Let them explain the concepts they're working on, and follow up with questions. For instance, if they're learning about decimals, you could ask how decimal points are used in money (they separate the parts of a dollar from the whole dollar).
Then, when your children finish their homework, have them show you how they solved a few problems. As they explain their methods to you, they'll be reinforcing their own skills. And they'll be proud to be teaching you something!

Making Heart Healthy Choices



When it comes to a heart healthy lifestyle, almost everyone has room for improvement. Some people could lower their blood pressure; others could quit smoking, take off a few pounds or get some exercise. What's your plan for a healthy heart?

To keep your heart strong with exercise: Begin an exercise program that's at least 20 minutes long, three or more times a week. Include aerobic exercise such as running, swimming, bicycling and walking.

To reduce your blood pressure: Maintain a healthy weight, exercise regularly, cut back on salt, check your blood pressure regularly, take blood pressure medication if necessary, and know your target blood pressure.

To reduce the heart disease risks of smoking: Join a stop-smoking class, join a support group for "quitters", get help from your doctor to quit.

**Keep your heart healthy by exercising and avoiding stressful situations!

Thank you for sharing your children with us. Barton Elementary is a special place and it is truly "the place to be".

Your Principal,

Bernie Winkel